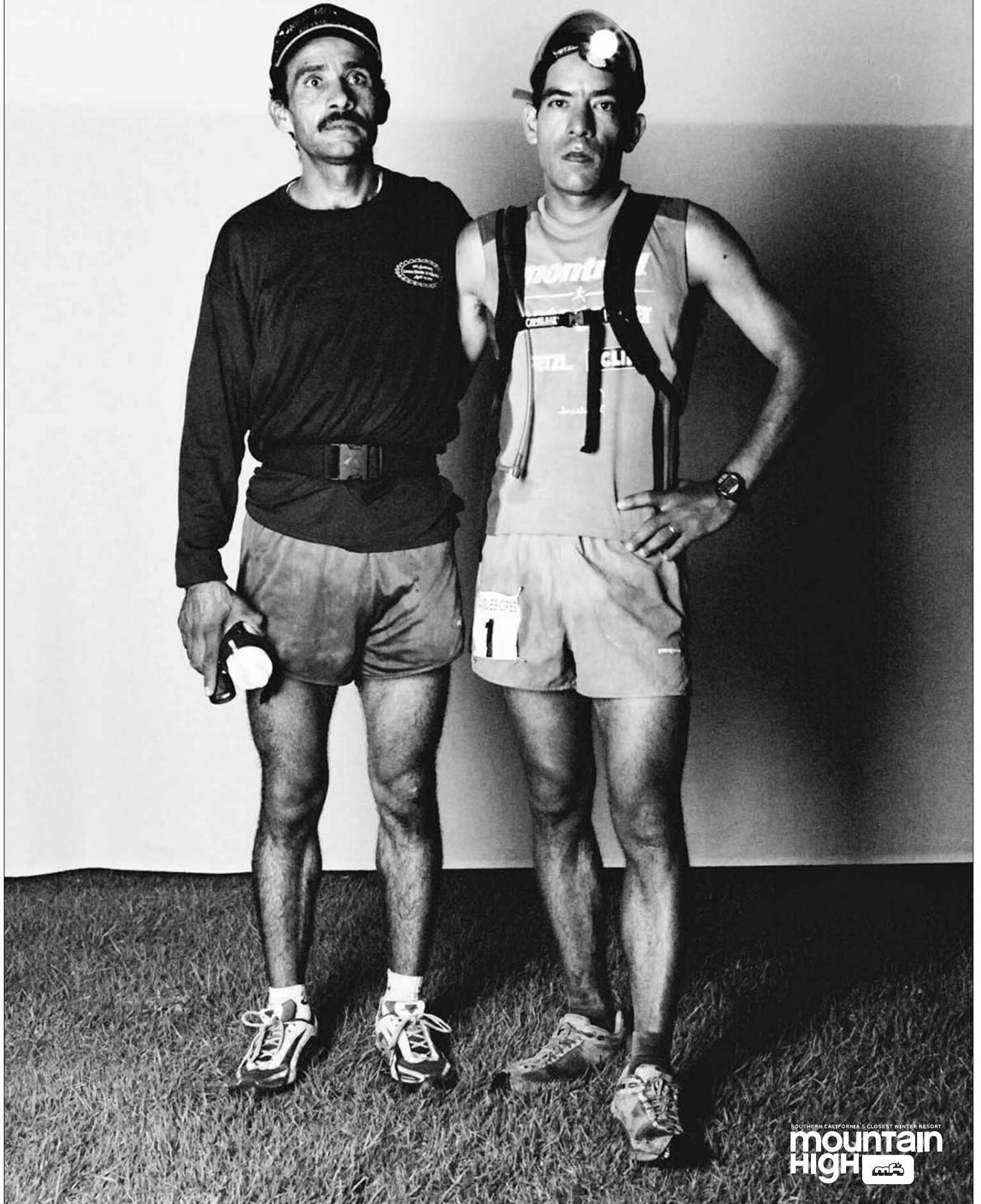
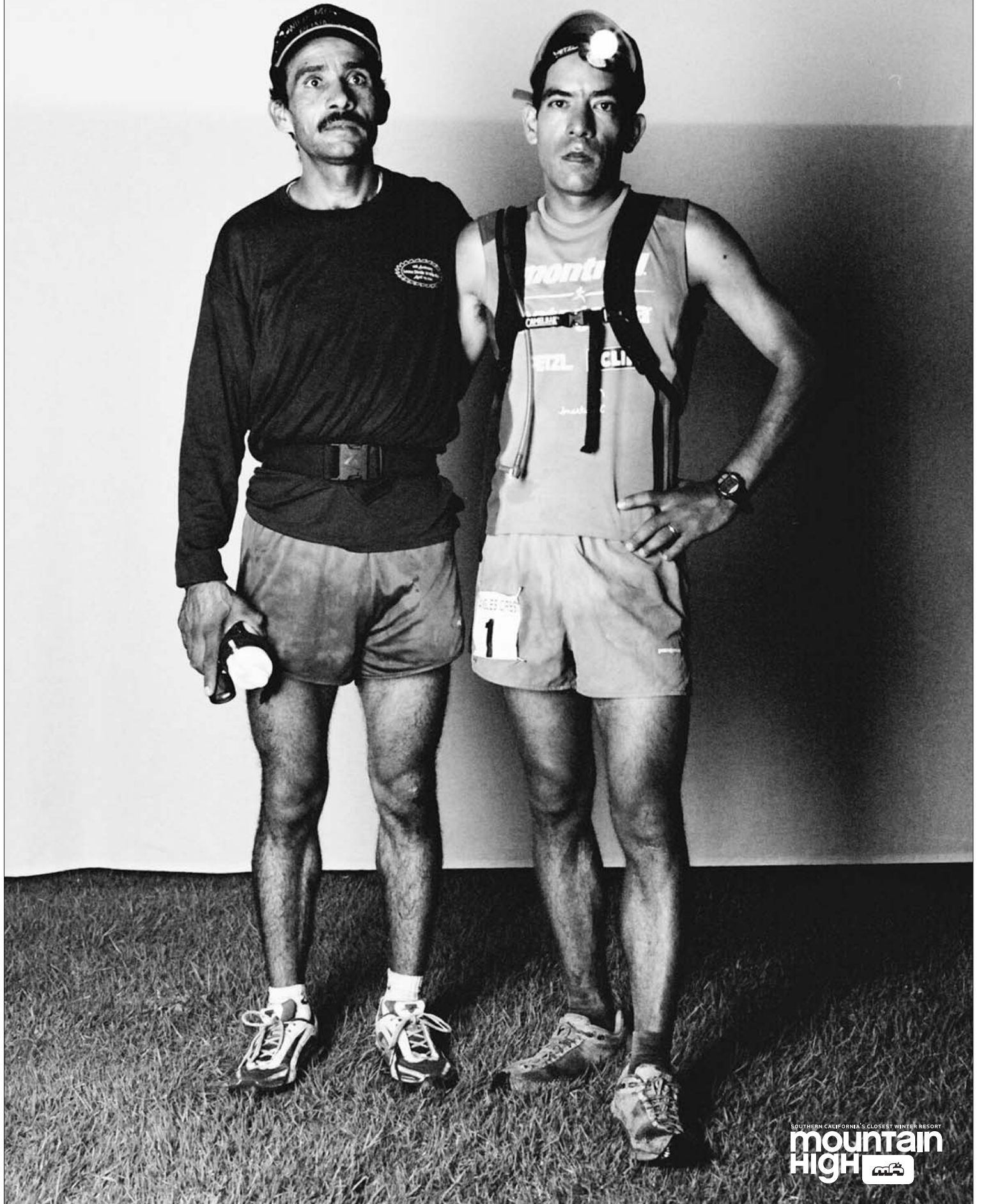
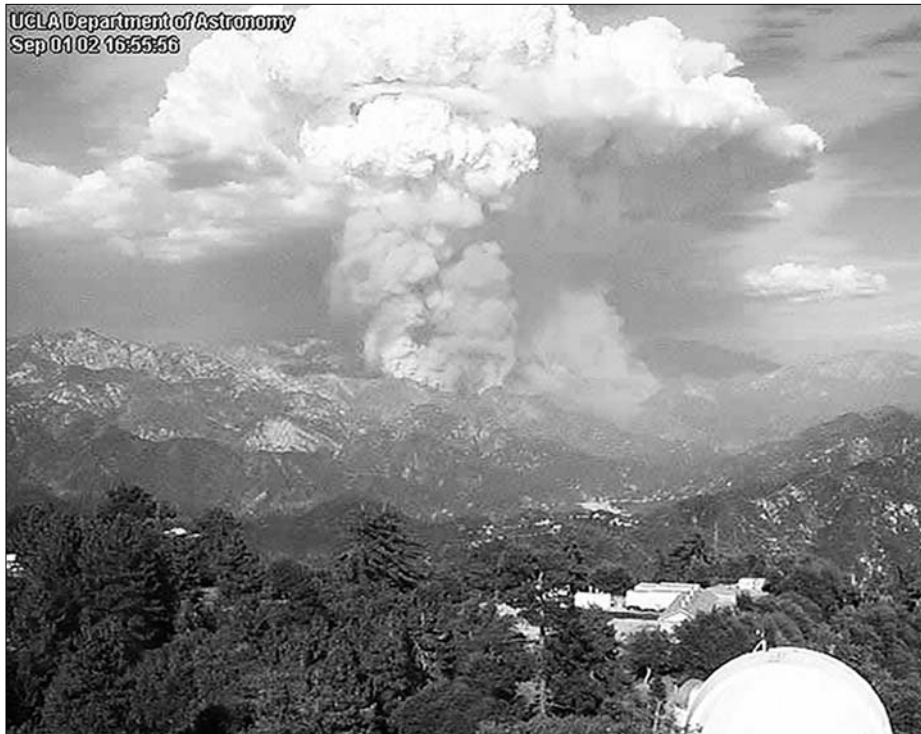


the 19th Annual Angeles Crest 100-Mile Endurance Run, Inc.  
Sept 17-18 2005



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2002: The Curve Fire as seen from Mt Wilson, 16 miles west of the blaze.

### Invitation

The San Gabriel back country retains much of the natural beauty, if not the primitive wilderness of yesteryear, thanks largely to the foresight and capable supervision of the U. S. Forest Service and hundreds of volunteers. Picnic areas and campgrounds have been constructed with a minimum displacement of the natural setting.

The 490 miles of trails throughout the forest are well marked. Time, increasing use, epic weather, and funding cutbacks have taken their toll.

The Angeles Crest 100 Trail Volunteers have joined in efforts to restore and renew trails in the Angeles National Forest. Without the efforts of these volunteers and hundreds others like them, the trails that make this race would cease to exist.

Those desiring to see much of this primitive wilderness in a single day are invited to participate in the Angeles Crest 100 Mile Endurance Run.

We are proud to host the 19th Annual Angeles Crest 100 for the fine men and women who have decided to compete in this year's event.

In coordinating an event of this size, problems or unanticipated situations may arise. We ask your indulgence as we work towards improving our race every year.

Thank you for your support,

Ken Hamada, Race Director

Hal Winton, Co-Race Director

George Evans, Assistant Race Director

### Editor's Notes

Southern California is a dynamic geologic environment. The winter of 2004-2005 brought epic rainfall. Winter storms dumped over 33" of rain in the basin, with some mountain locations getting over 70". Last year we burned, this year we slid.

This what a fire looks like here in Southern California. In September 2002, two major fires ignited within eighteen days of each other. The first fire started fifteen miles south and east of the race start. The second fire, (shown to the right) started approximately twenty five miles west by southwest of Wrightwood, almost due south of the Islip Checkpoint. The combined destruction was over 160,000 acres, with numerous historic private and public structures lost forever.

Mudslides exacerbated by earlier fire-burns buried the Chantry Flats Rd in two places, broke through guardrails, and washed out sections of roadbed. Access is currently limited to authorized vehicles, hikers and cyclists.

On a happier note; the 2005 AC100 Race Book was created with the runner, pacer and crew in mind. The split charts are drawn from the '01 race. The record times of Jim O'Brien and Evelyn Marshall are reminders of what was accomplished on the older, longer course.

Maps were drawn from the Tom Harrison map series: *The Angeles Crest Front Range*, and *The Angeles Crest High Country*. They are the best reference sources available.

Every AC100 finisher is indexed by time and name, and are updated annually. Many of you will see yourselves in these lists. Some of you remember the years when you didn't finish. But you came back the next year and made it right.

This book is dedicated to you.

Yrs truly,

Larry Gassan  
AC100 RaceBook Editor



*Above: On Mt Baden-Powell at dawn.*

*Below: Jay Anderson (r) with pacer and prior top-10 finisher Adaberto Mendoza.*

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# 1. Race Day Schedule



*Off and running, 1993. Fred Shufflebarger (bib #1) sizes up the competition.*

## Race Weekend Weather

General weather conditions on Race Day have tended towards clear, breezy days in the 70's marked by cool nights in the low 50's. The '01 Race Day had higher than normal temperatures in the high 70's and the nights didn't drop below 65, with Sunday spiking up into the low 90's in Pasadena. Rain and drizzle are not unknown, as seen in 1999 from Shortcut to the finish.

## Sunrise/Sunset

Sunrise/sunset—6:36 AM 6:52 PM

Moon: New Moon Sept. 13 1429

There will be no moon this year.

## General Temperature Ranges

Wrightwood high & low: 40/75

Mt Wilson: 76°F, 58°F

Records: 92°F (2000), 36°F (1965)

Pasadena high & low: 50/85

Records: 105°F (1939), 49°F (1941)

## Weather Websites

Mt Wilson, CA:

[www.weather.com/weather/local/USCA0742](http://www.weather.com/weather/local/USCA0742)

USCA0742

Pasadena CA:

[www.weather.com/weather/local/USCA0840](http://www.weather.com/weather/local/USCA0840)

USCA0840

## Race Weekend: Schedule of Events

Friday, Sept 17 in Wrightwood

**9:00am - 12:00pm**

**Wrightwood Community Building**

- Medical checkup.
- Drop bag collection

**2:00PM - 4:30PM**

**Wrightwood Community Building**

- Welcome
- Medical Concerns
- USFS Concerns
- Search & Rescue Concerns
- Trail Briefing/Slide Presentation

**5:30PM**

Spaghetti dinner (\$7.00 donation)

The Wrightwood Firefighters

Association provides a pre-race spaghetti dinner for both runners and their guests for \$7.00 per person at the door.

The dinner will be served by Wrightwood firefighters and volunteers in the Wrightwood Community Building at 5:30 pm; after the conclusion of the Trail Briefing.

All proceeds benefit the Volunteer Fire Department.

**Saturday, Sept 18 in Wrightwood:**

**4:00 am**

Runner Check-in at the Wrightwood Community Building

**5:00 am**

Hal Winton presents the Invocation. Andy Morehead and the Wrightwood firefighters help start the race. Go!

**Sunday, Sept 19 at Johnson's Field:**

2:00 pm (sharp) Finish of race

2:30 pm - 5:00 pm

Picnic and Award Ceremony

The AC100 Race Rules And Procedures are designed for the safety and well-being of everyone involved in the race; including runners, pacers, crews, volunteers and spectators.

Failure to comply with these rules may result in disqualification of the runner.

## ***On Persistence and Determination***

“Press On — Nothing in the world can take the place of Persistence.

Talent will not; Nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education alone will not; The world is full of educated derelicts. Persistence and Determination alone has unlimited potential.”

— Calvin Coolidge



1991: Baden-Powell Summit, with Jack Slater.

**T**he Race is remarkably true to the original course laid out by Del Beaudoin in 1986.

Minor revisions have been made. In 1992 the Rose Bowl finish was permanently pre-empted by a Guns-N-Roses concert (remember them?) to its current Johnson Field location.

In '96, a section of Cooper Canyon lost the "death-march" road section, and was replaced by a scenic trail section. A new .85 mile trail section overlooking Sulfur Springs replaced an asphalt grade. And in '99 the AC100 Trail Volunteers built the "Winton Bypass" below Manzanita Ridge on Mt. Wilson, replacing a 16% ridge-run.

Everything else is the same as it was for the first 37 finishers in 1986. Go for it.



Stu Sherman, finish line 2004



Andy Jones-Wilkins at Three Points, 2004

## 2. Rules And Procedures



Tom Nielsen, Cloudburst Summit, 1999

### 1) Runner Responsibilities

The runner is responsible for knowing all the rules.

### 2) Race Packet Pick-up

Only runners entered in the Race will be allowed to pick up their race packet. ID (i.e., drivers license) will be required. If you do not plan to run the race and want to have a friend pick up your race packet on Friday, please inform Race Management.

### 3) No "muling"

Runners must carry all of their own fluids, food, clothing and other supplies needed for use between checkpoints.

### 4) No unauthorized aid, caches or drops.

No one is allowed to cache, drop, or store supplies on the AC100 course before or during the Run. Runners are not allowed aid between checkpoints. Crews are forbidden to leave aid along the trail during the run.

Runners whose crews and friends using the AC100 course and aid stations on race weekend for training runs will be disqualified.

### 5) No Course-Cutting

Runners must follow the marked course at all times. If the Runner departs from the marked course, the runner must return to the point of departure on foot before continuing. Cutting the course is grounds for immediate disqualification.

### 6) Checking In/ Checking Out

It is the Runner's responsibility to properly check in and check out of each checkpoint. Bib numbers must be clearly visible.

### 7) Pacers

Runners may be aided by a Pacer starting at the Chilao Checkpoint (mile 52). Only one Pacer will be allowed to accompany each Runner between each checkpoint.

Runners 60 and over will be allowed a pacer from the start in Wrightwood.

Aid will be available for both the Runner and the Pacer. Both runner and pacer must receive their aid at the designated checkpoints. However, if a shortage occurs, Runners have priority.

### 7a) If you want to pace

If you or your friends are available to pace a runner, please let the Chilao (52 miles), Short Cut (59.3 miles), or Chantry Flats (75 miles) Checkpoint Coordinator know. They will keep a list of available Pacers. Out-of-state Runners who have come the greatest distance have priority

### 8) Cutoff times

Cutoff times will be enforced at each Checkpoint by the Checkpoint Leaders. Their decisions are final, no exceptions. Cutoffs are listed at the back of this brochure. **If you are not clear about cut-offs, ASK!**

### 9) Highway Crossings

The main concern is safe movement of pedestrian and vehicle traffic. Vehicles have right of way at all times.

There will be a Run Official (flagman) at each highway-crossing checkpoint. The Runner is a pedestrian and must obey all Run Official directions; and all laws pertaining to highway pedestrian crossings.

### 10) If you decide to drop

If any Runner is unable to complete the Run, the Runner must notify a run official. The medical wristband (provided at the pre-race medical check in Wrightwood) must be surrendered. Upon surrendering the medical wristband, the runner is officially out of the race.

If Run Officials do not get the runner's medical wristband and the runner does not show up at the next checkpoint within a reasonable time, Run Officials will assume that the runner is lost and notify Search and Rescue. Leaving the race without informing a Run Official is grounds for disqualification.

### 11) If you get lost

If you get lost or injured, do not attempt to find your way cross country. **STAY ON THE TRAIL AND WAIT.** Wandering aimlessly, especially at night, will reduce your chances of being found.

### 12) Do Not Litter

Either carry your trash or leave it at checkpoints.

**Support Crews and Other Issues**

Support crews are not essential. There is adequate aid station support along the course with water, electrolyte replacement fluids, food and medical aid. In addition, drop bags are allowed at all major checkpoints (see Checkpoint Table, Inside Back Cover).

If you do have a crew, please note:

- Many checkpoints are close to the Angeles Crest Highway (Hwy 2). Whether on foot or in vehicles, crews must not impede highway traffic.
- Crews should carpool when possible to prevent traffic problems.
- Crews must comply with Run Officials directing traffic. Those who don't could get their runner disqualified.
- Only support crew vehicles are allowed in congested parking areas.
- Crews are NOT allowed at checkpoints marked "NO" in the crew column of the AC100 Checkpoint Table.
- No dogs allowed at any checkpoints or on the course.

**Checkpoints Closed to Crews**

**Mt. Hillyer will be closed to support crews.** Absolutely no support vehicles allowed on the road to Hillyer!

Chantry Flats is the last crew access point over the final 25 miles of the course

**Newcomb's Saddle, Idlehour Trail, Sam Merrill Trail, and Millard Campground** are closed to crew access. Use drop bags for flashlights, batteries and warm clothing.

**Drop Bags**

We urge runners to take advantage of this service. Besides ensuring you get what you need when you need it, using

drop bags instead of crews helps minimize highway traffic.

Drop bags will be collected on Friday morning in front of the Wrightwood Community Building. Indicate your name, run number, and checkpoint on each Drop Bag. Be sure that all bags are securely tied and labeled.

Mt. Hillyer Trail, Newcomb's Pass, Idlehour Trail, Sam Merrill Trail, and Millard Campground Checkpoints are closed to crews but do have drop bag service. Newcomb's Pass, Idlehour and Sam Merrill get cool at night. Warm clothing may be needed for these sections.

All drop bags will be returned to the Finish area. Don't bring your favorite t-shirt or expensive clothing. Drop bags can get lost.

**No Shuttle Service**

There is no shuttle service to bring runners back to Wrightwood. Runners are responsible for making their own arrangements.

**Trail Marking**

Trails are marked with yellow surveyor ribbon and biodegradable powder. Night sections are marked by fluorescent surveyor ribbon and glow-sticks. Biodegradable powder will be used to mark the trail near campgrounds, since campers have been known to remove ribbons and glowsticks. Checkpoint Coordinators know about problem areas and will re-mark the trail as necessary.

**EMTs and the Volunteer Medical Team**

The race is staffed by an all-volunteer medical team, led by the Medical Director H. E. West.

**HAM Radio Communication**

"HAM" radio operators will be tracking runners' progress at each checkpoint. Arrival, departure, and drop information will be distributed among checkpoints and to a database at the finish area using integrated radio communications and computers. This system not only makes it possible to locate runners' positions throughout the race, it also facilitates emergency response.

**Medical Concerns: Dehydration**

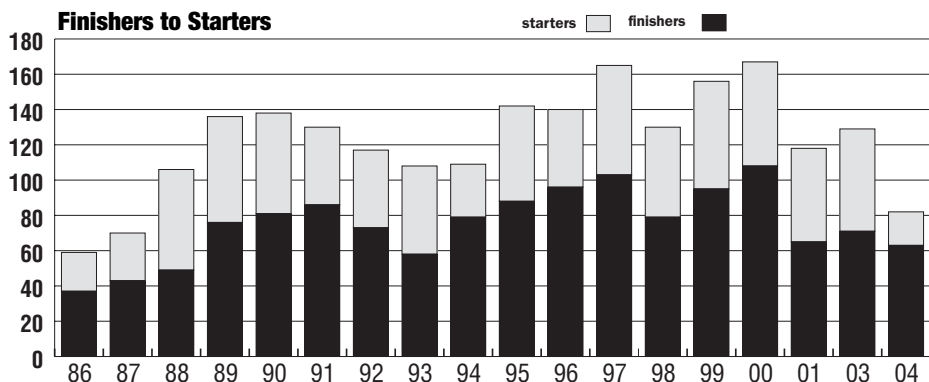
Dehydration is the most common medical problem for endurance runners. To monitor dehydration, runners will be weighed at major medical checkpoints. Weights will be compared to the baseline weight on the runner's medical band.

**Weight Loss**

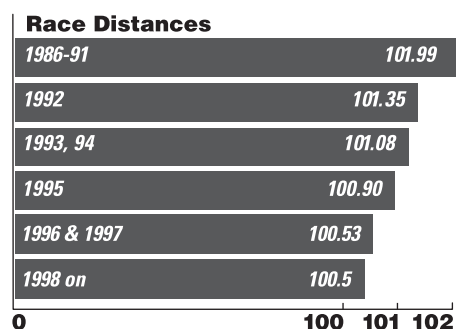
- If the weight is 3% below baseline, the runner will be asked to drink more.
- If the weight is more than 5% below baseline, increased fluid intake will be strongly advised. The runner will be reweighed before leaving the checkpoint. It is the runner's decision to continue the race as long as they are within the cutoff.

**Hypothermia**

Hypothermia could be a problem near Mt. Baden-Powell. Wear adequate clothing for the climb. Checkpoints before and after Mt. Baden-Powell (Vincent Gap and Islip Saddle) have crew access and drop bag service. Leave excess clothing with your crew, or in your drop bag that will be returned to the Finish Area.

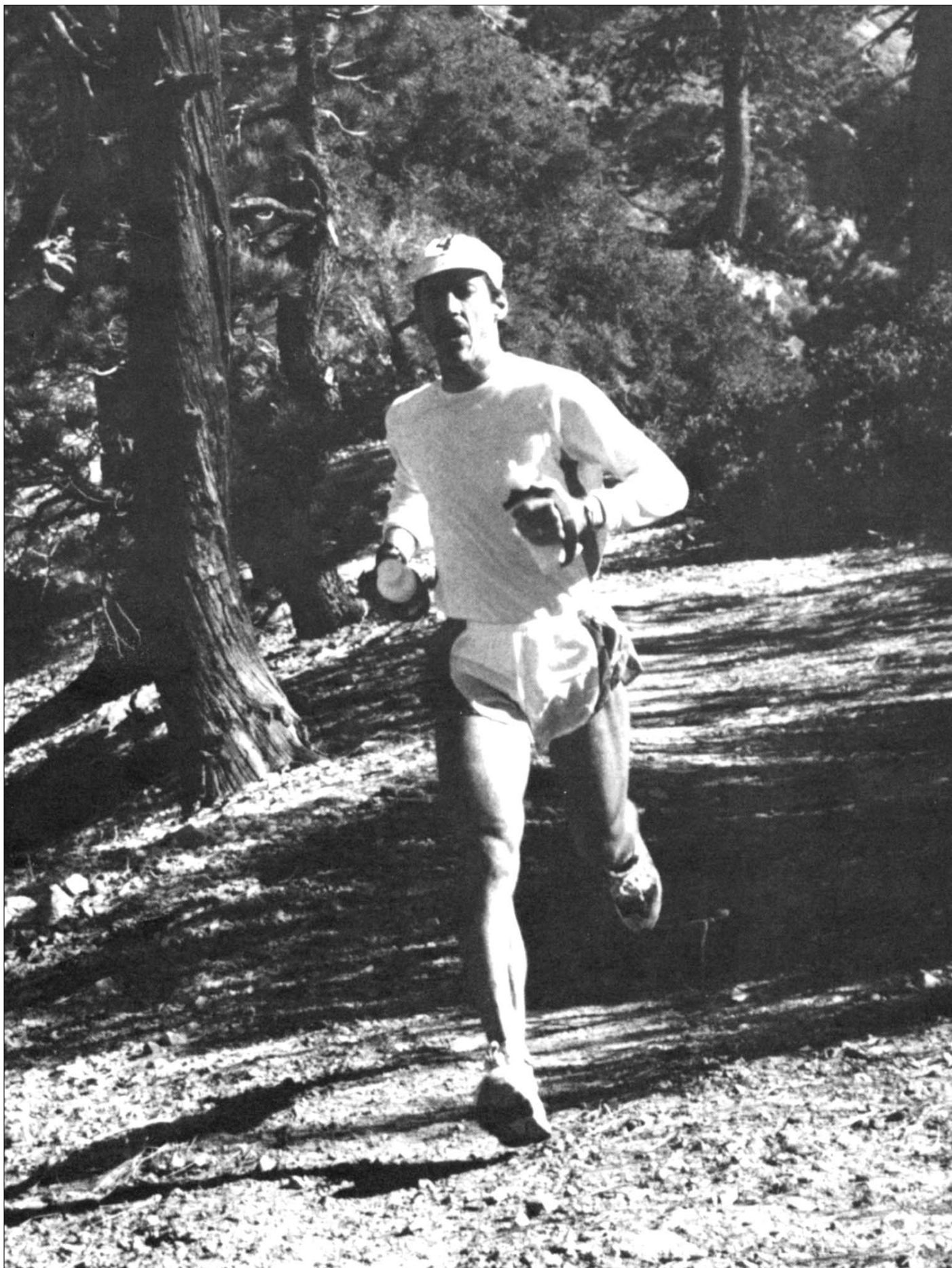


Profile of Finishers to Starters: 1986-2003

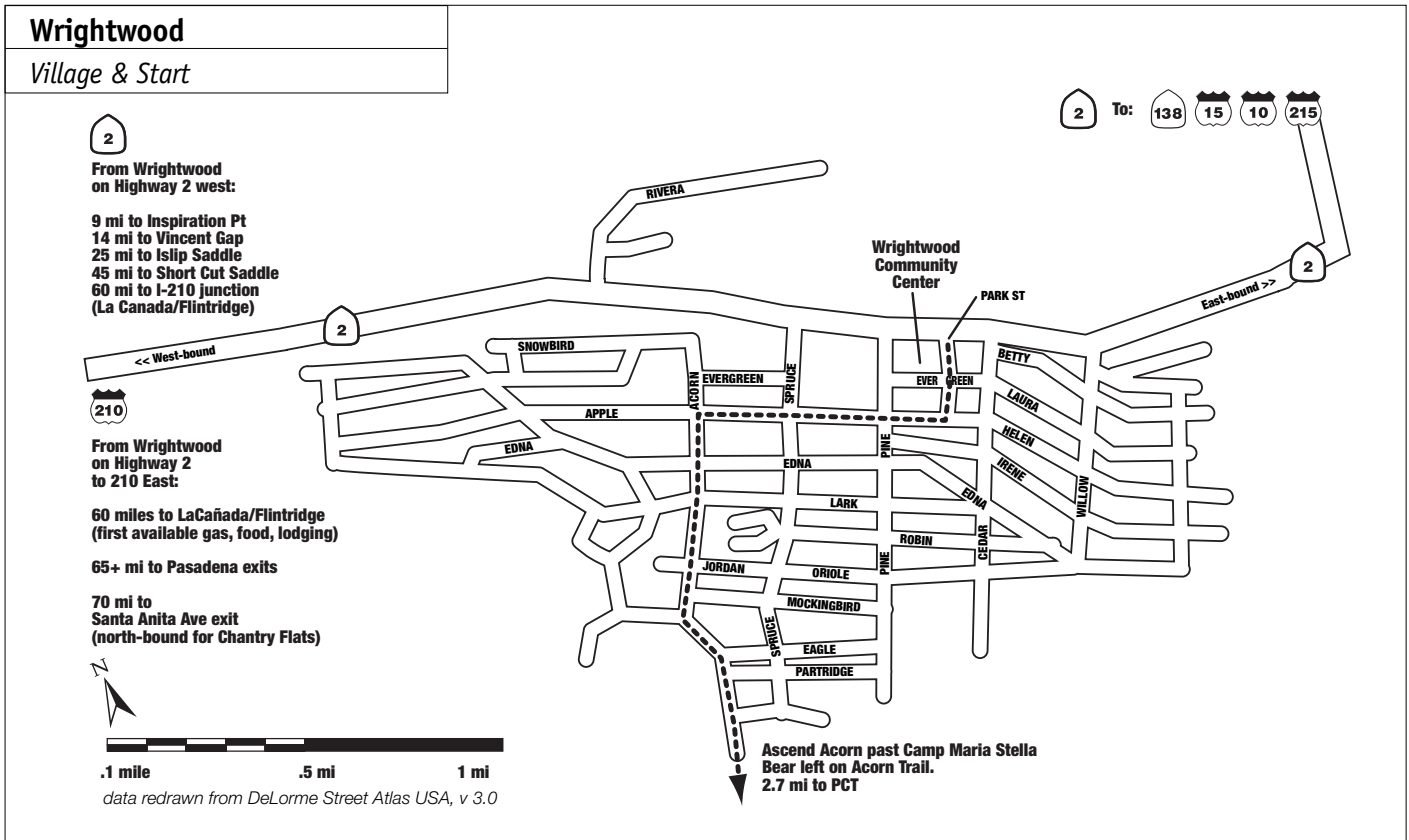


Distances over the history of the race.





*Jim O'Brien on his way to a course record of 17:35:48 in 1989. Photo by Stan Wagon*



Wrightwood Detail Map

### Trail Descriptions

The following trail descriptions are designed to acquaint the racer and their crew with the AC100 Race Course. Certain areas that are accessible on training runs will not be available to crews on Race Day. Please make note of this.

### Map Sources

The maps used in this book are simplified schematics from The Harrison Maps; *Angeles Crest: The High Country* and *Angeles Crest: The Front Range*.

Street and arterial maps are drawn from the *Thomas Guide/LA County*, which is indispensable for navigation in the Los Angeles Basin.

Harrison Maps are available at local outdoor outfitters, and direct. The Thomas Guides are widely available in bookstores and supermarkets.

### Wrightwood

The mountain resort community of Wrightwood serves as the starting line and home base for pre-race activities for the Angeles Crest 100. Located in picturesque

Swartout Canyon at 6,000 ft. on the north slope of the rugged San Gabriel Mountains, Wrightwood contains many interesting shops and excellent restaurants. The town has also always been a friendly rest stop for weary Pacific Crest Trail hikers.

The Pacific Crest Trail (PCT) is a National Scenic Trail extending 2,568 miles from Mexico to Canada. The Angeles Forest segment of the PCT extends 170 miles northwest from Wright Mountain above Wrightwood to a point south of Highway 58.

### Acorn Trail to the Pacific Crest Trail

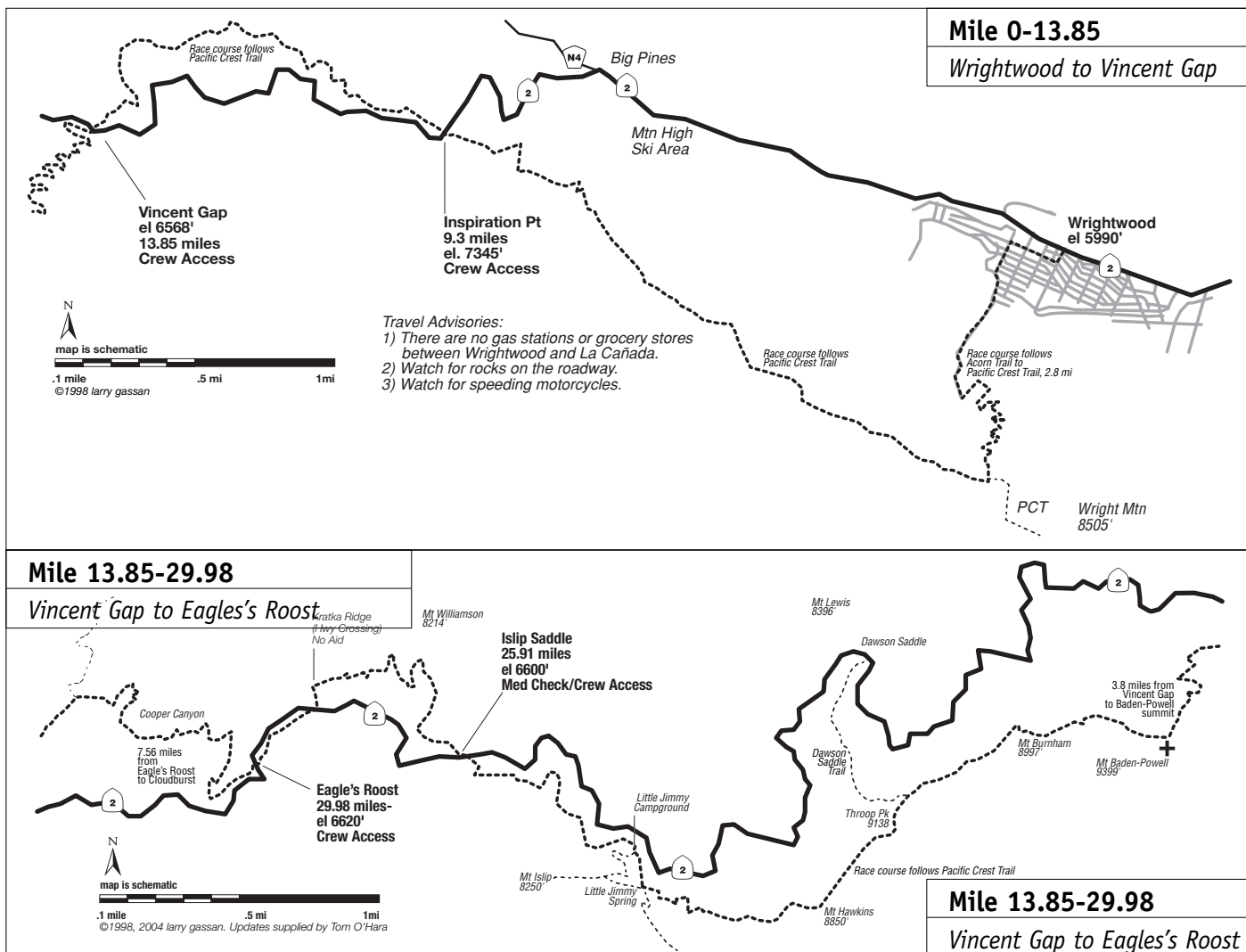
The AC100 Trail leaves Wrightwood via Acorn Street, ascending a steep grade, past the MariaStella camp to the left. At road's end, the Acorn Trail is a left turn, where it begins its switchback ascent 2.8 miles up to the Pacific Crest Trail.

At the PCT junction, the Race-course turns right on the PCT. From here the runner is treated to a panorama of Mt Baldy (10,760') on the left to Mt Baden-Powell

(9,400') to the right. The trail stays mainly on the Blue Ridge, skirting the Mountain High Ski Areas, until it descends to the notch at Lightning Ridge's Inspiration Point. The first aid-station of the race is set up in the large parking lot.

The runner leaves the parking lot on the PCT trail, and soon passes the Grassy Hollow NFS Visitor Center. Water can usually be found there. Keeping to the trails marked with the white steel posts and the PCT badge, Vincent Gap is 4.5 miles west after Lightning Ridge. Vincent Gap is a PCT Trail head, with a large parking lot and adjacent toilet.

A special feature of the AC100 segment of the PCT is the trail that climbs from Vincent Gap (mile 13) to Mt. Baden-Powell (9,399 feet), the second-highest peak in the San Gabriel Mountains. The trail up Mt. Baden-Powell climbs 2,800 feet in 3.6 miles over 41 switchbacks to a saddle 100 feet below the peak.



Upper map: Wrightwood to Vincent Gap. Lower map: Vincent Gap to Eagle's Roost

One half mile from the 9,000' summit are the first scattering of ancient Limber Pines. Up to 2,000 years old, these trees were identified in 1962 by Angeles National Forest Supervisor Sim Jarvi. Only the great Sequoias and Bristlecone pines are known to be older.

The bottom of the East Fork of the San Gabriel River may be seen more than a mile below the summit of Mt. Baden-Powell. Across this rugged chasm looms the massive peak of Mt. San Antonio (Old Baldy 10,064 feet), the highest peak in the San Gabriels. On a clear day, the San Gabriel Valley and other distant mountains are visible, as well as a great expanse of the Mojave Desert to the north.

From the metal signpost at the saddle near Mt. Baden Powell, the PCT section of the AC100 course then descends to Mt. Burnham (8,997'), Throop Peak (8,789'), and Mt. Hawkins (8,850') through Windy

Gap and passes Little Jimmy Spring. This perennial spring is not to be missed. Then past Little Jimmy Campground to Islip Saddle (6,640', mile 26), at the base of Mt. Williamson. There is a toilet at Islip Saddle.

#### Mile 26: Islip Saddle

The course then heads up the trail toward Mt. Williamson (8,214') to a saddle that is within 300 feet of the peak. From the saddle, you can get a nice view of Eagle's Roost and Twin Peak. The trail then heads down Williamson to Eagle's Roost and Cooper Canyon passing by Cooper Campground. Within the Canyon the AC100 course runs along the Little Rock Creek stream bed, finally leaving Cooper Canyon on a dirt road that connects with a 1.1 mile section of the PCT to Cloudburst Summit (7,018', mile 35).

From Cloudburst Summit the course follows a gentle downhill grade and runs par-

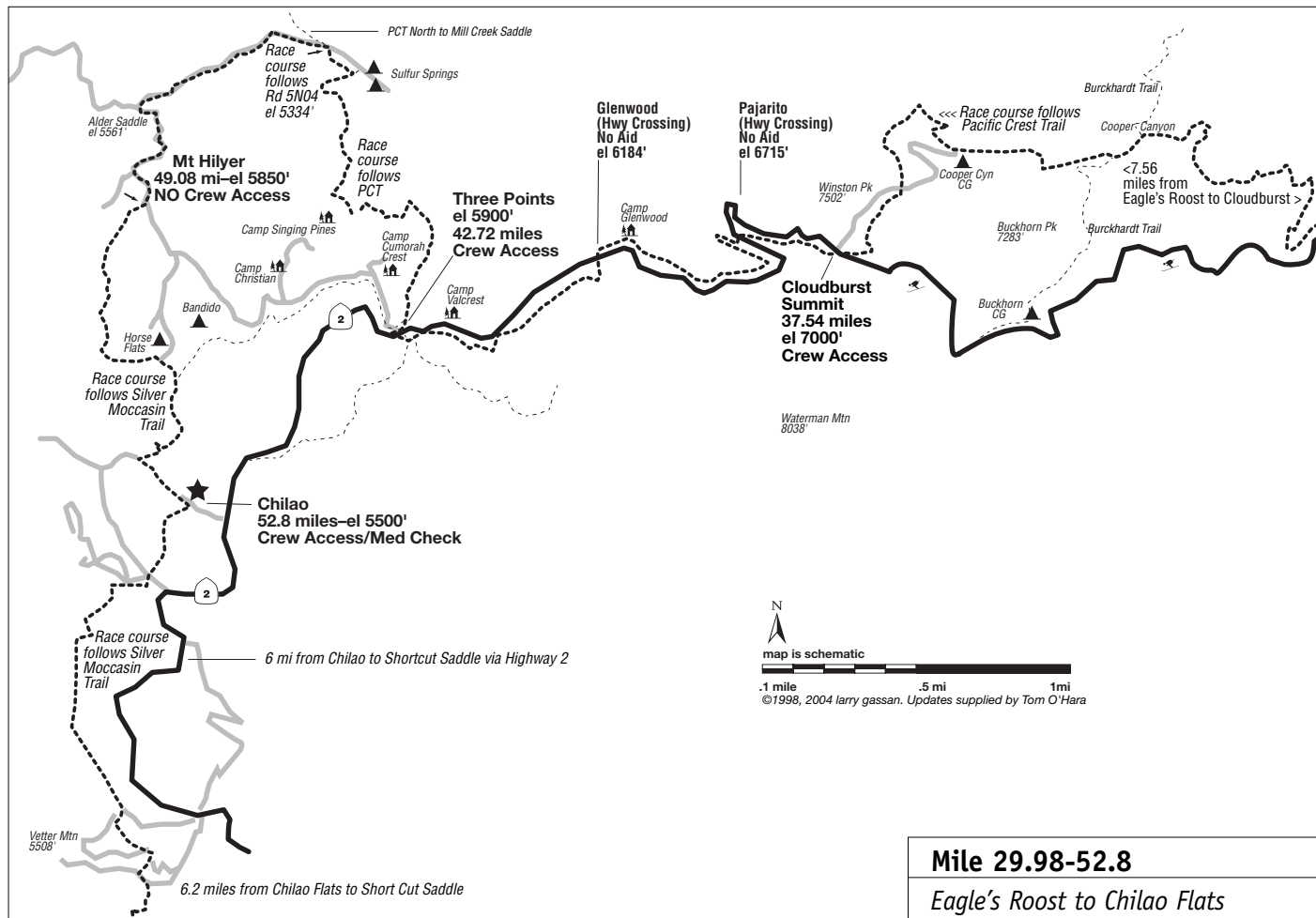
allel to the Angeles Crest Highway by several springs and past Camp Glenwood (mile 41.25) until Three Points (mile 42.72). From Three Points, the AC100 course leads to a cut-off trail just before Sulfur Springs Campground. Turning leftwards over the ridge, trail contours around the ridge, dropping down to cross the drainage.

The Race-course turns left on the black-top road (5N04) northbound. Follow the road as it winds gently up to Alder Saddle, the intersection of road 3N17. Continue climbing leftwards up the exposed black-top on Road 3N17.

#### 49.08: Mt Hillyer

The Mt Hillyer Aid-Station is located at the top of the climb. Bear right between a set of sawed-off telephone poles set into the ground. The trail travels through trees and shrub over dirt and then open sandy terrain.

The unsigned Mt Hillyer trail ascends a



Cooper Canyon to Chilao, with approach to Shortcut Saddle

slight grade, then makes a switchback up and over the knoll-like summit. The trail contours through and then descends through large sandstone boulder formations.

This portion of the Race-Course is well marked on race day, but can be tricky for the newcomer on training runs. The trail winds and then descends through large sandstone boulder formations to the Horse Flats Campground on the left side of a ridge. The Silver Moccasin

rail is rejoined at the Horse Flats Campgrounds. From there it is about 1.5 miles to the Chilao Visitor Center area.

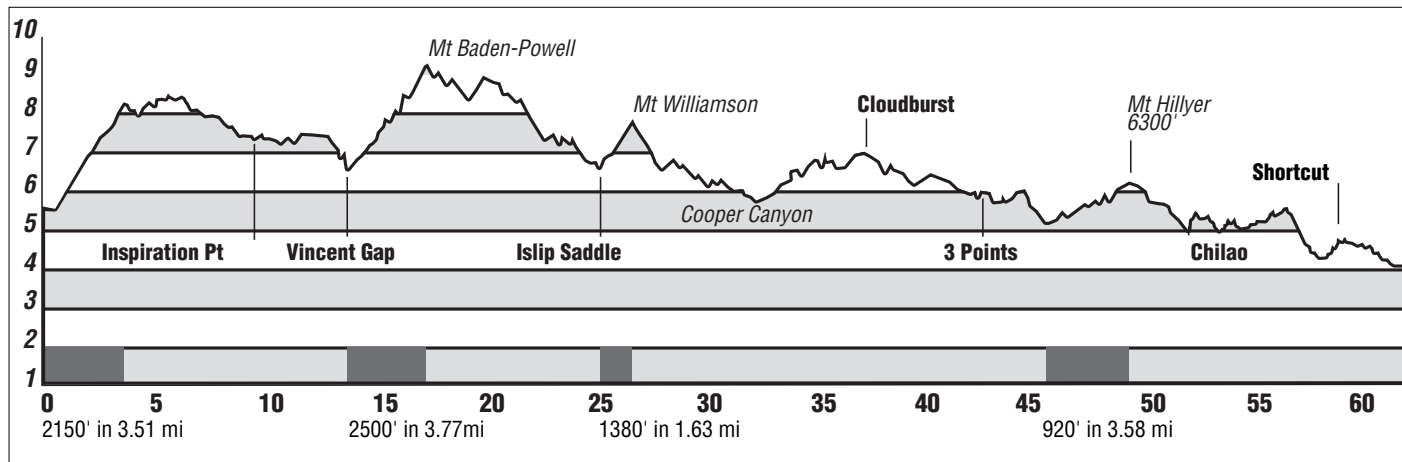
Turn left when the trail intersects with the single-lane black-top road. Continue .5 mile past the large, tall conifer in the middle of the road. The Chilao Checkpoint will be located at the first "T" intersection to your right. Water is usually available via tap at the picnic area.

Turn right, staying on the blacktop, and

pick up the trail to the right of the rest rooms.

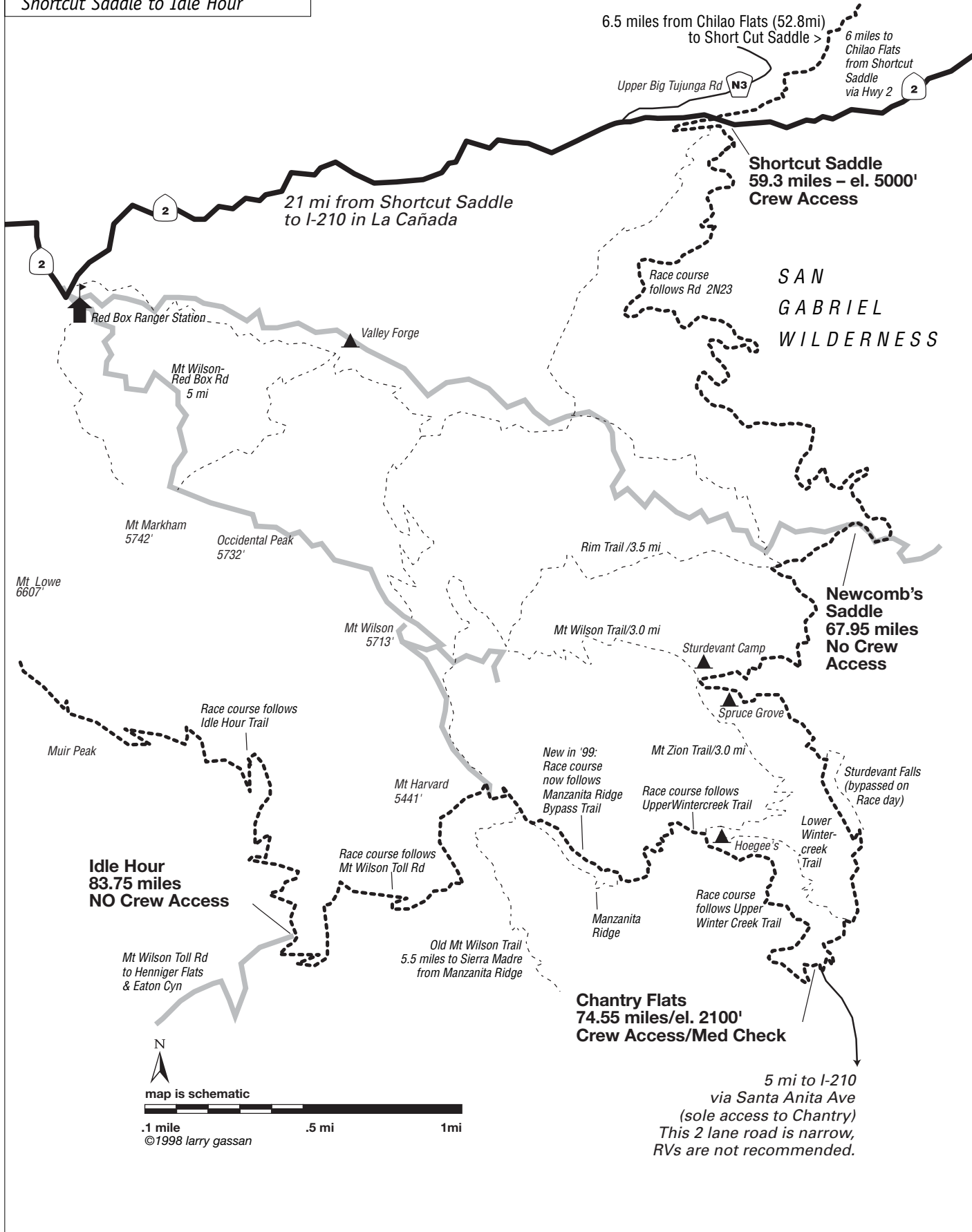
**52.8: Chilao Visitor Center**

The Chilao Visitor Center is located within the Charlton-Chilao Recreation Area of the Angeles National Forest on the Angeles Crest Highway. It is also adjacent (1/8 mile) to Chilao Checkpoint (mile 52) at the Chilao Picnic Area. The Center offers an introduction to the forest through a variety of exhibits, trails and activities.



Elevation profile detail: Start through Mile 58

**Mile 59.3-83.75**  
*Shortcut Saddle to Idle Hour*



Chilao to Chantry, with approaches to Idle Hour and Sam Merrill

### Chilao to Shortcut Saddle

The Race-course continues up over a ridge towards Chilao Campground on the Silver Moccasin Trail. Crossing the blacktop, it skirts the campgrounds to the right.

Continue down about 1/2 mile where the trail connects to a dirt road. Bear left. This dirt road is a rolling climb up to the Charlton Flats blacktop access road. Bear left. You will pass through an open wooded area, with a vintage wooden building on the left. At a picnic clearing right after a USFS pipe-gate, the trail is visible—but not obvious—off to the right.

Contour up the slope. At the Vetter Mtn/Silver Moccasin trail junction, bear left. The Silver Moccasin trail contours along a wooded slope with picnic tables scattered under the trees. You will pass a non-functioning faucet.

Following the NFS trail-markings, you will be contouring across a blacktop road up to the ridge. From here you can see Shortcut Saddle and Mt Wilson in the distance. Follow the trail down the SW facing slope, across the dry creek bed and up the other side. This part of the trail is obvious and there are no turnoffs. You will switchback up through manzanita and live oak. Poison oak makes its first appearance on this slope, take care. Shortcut Saddle is about a mile up from the bottom.

### 59.3 to 67.95

#### Shortcut to Newcomb's Saddle.

The Shortcut Checkpoint will be set up in the road-side pull-out area. The trail resumes on the other side of Highway 2. Follow the NFS trail-wands for a short distance, then bear left on the dirt road 2N23. Follow this road down into West Fork. Cross the "concrete bridge", and

start the long climb up to Newcomb's Saddle. It is a long 2.5 miles to the top. At the pipe-gate, turn right on Road 2N24. Run for .4 miles, bear left at the next "Y". The aid-station is on the south-facing side of the ridge, and you won't see it until you are right on top of it.

About 100' past the Checkpoint, the trail to Newcomb's Pass is on your left. The Pass is .7 miles further. At the Junction, turn left towards Spruce Grove Campground and the Sturtevant Church Camp in Santa Anita Canyon.

#### From Newcomb's To Chantry Flats via Big Santa Anita Cyn.

The AC100 runner enters Big Santa Anita Canyon at Newcomb's Saddle, the 68 mile point on the course. Sturtevant Camp, one of the more popular San Gabriel Mountain resorts during the Great Hiking Era (1895-1938), is 2.5 miles from Newcomb's Saddle. During training runs, water is available from a faucet at the camp, about 100 feet off the course. Three trails cross near the camp: the Gabrielino National Recreation Trail (the AC100 course), the Sturtevant Trail to Mt. Wilson, and the Mt. Zion Trail.

One of the big attractions of the Canyon are the 75' high Sturtevant Falls, a two mile hike from Chantry Flats. Although the falls are bypassed during the Run for safety reasons, the runner will be able to hear them.

Emerging from the Canyon the AC runner passes by the Lower Winter Creek trail head, crosses the steel-beamed bridge, then heads .75 mile up the paved road to Chantry Flat (mile 75). Chantry Flat is a popular entry point for San Gabriel Mountain hikers and trail run-

ners. As you cross the bridge looking to your right, you will see a check dam constructed of giant cement "Lincoln logs" built by the Los Angeles County Flood Control District and the Forest Service in the early 1960s. To your left you will see stands of oak, alder, willow and bay.

#### 74.55: Leaving Chantry Flats via the Upper Winter Creek Trail

After leaving Chantry Flats, the AC100 runner travels uphill .5 mile on a paved road until it meets the Upper Winter Creek Trail head. The Upper Winter Creek Trail rolls uphill for 3 miles to the signed 3-way Hoegee's Junction.

The AC100 course bears left up the Winter Creek Trail towards Manzanita Ridge and the Mt. Wilson Trail for 2 miles. The trail to the right leaves the Race-course and heads down towards Hoegee's Camp.

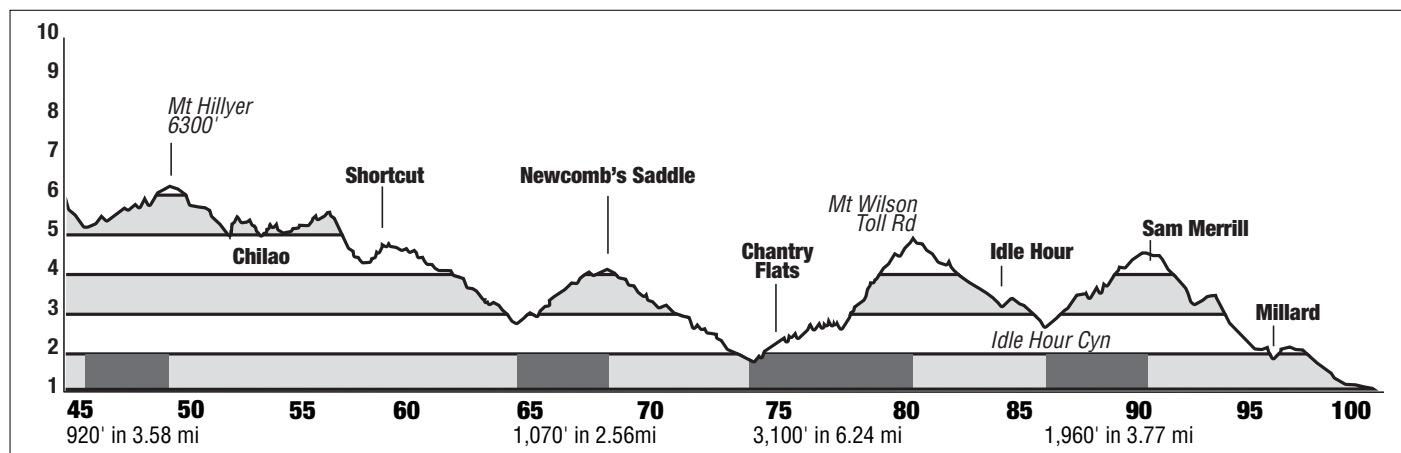
#### Manzanita Ridge Bypass Trail to Mt Wilson (79 miles)

The AC100 course bears right on the signed Manzanita Ridge bypass trail for .85 miles until it reaches the original Manzanita Ridge/Sierra Madre Trail Jct. The Mt. Wilson Toll Road is another .5 miles beyond.

#### Mt Wilson Toll Road to Idle Hour: (83.5 miles)

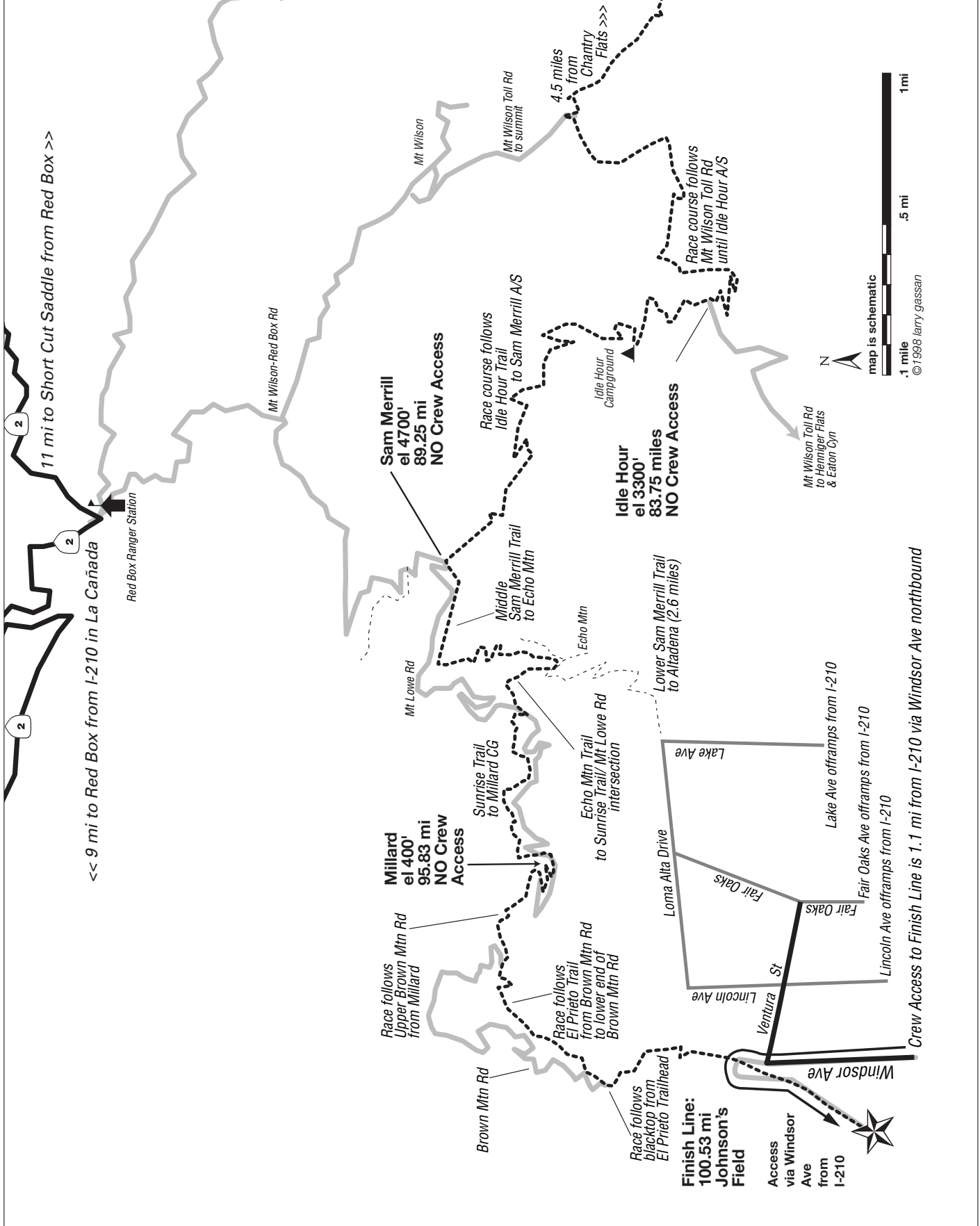
The Manzanita Ridge trail section ends at the Mt Wilson Toll Road. Turn left. The Toll Road contours down on the "city" side of Mt Wilson for about 1.5 miles, when it begins its descent on the opposite side of the ridge into Idle Hour Canyon.

The Idle Hour Checkpoint is located at a switchback where the Idle Hour Trail branches right from the Toll Road, across



Elevation profile detail: Mile 45 thru 100

**Mile 83.75-100.2**  
*Idle Hour to the Finish*



83.75 - 100: Idle Hour to the Finish

a new wooden bridge built by AC100 Volunteers in 2001. The trail contours to your right up the slope.

Within a half-mile it summits a small saddle and begins to descend on the Idle Hour Canyon Trail. The runner will pass through the Campground and then cross two small creek drainages. The trail then parallels the drainage for a short time before beginning its long rolling climb up and over several ridges and drainages to the Sam Merrill Checkpoint.

### **89.25: Sam Merrill Checkpoint**

The Sam Merrill Checkpoint is located at the junction of the Mt Lowe Road, Idle-Hour Trail, Inspiration Point Road and the Middle Sam Merrill Trail.

The Middle Sam Merrill Trail bears left from the Idle-Hour Trail. It contours through manzanita, live oaks in decomposing granite formations. Shortly, Pasadena and the San Gabriel Valley vistas are visible again.

The trail descends in switchbacks through exposed red sandstone to the remains of the White City and Mt Lowe Railway. The Middle Sam Merrill trail ends in a 3-way junction with the abandoned Mt Lowe Railway bed (AC100 Race-course) and the Lower Sam Merrill Trail. Turn right, bearing right! (The Lower Sam Merrill Trail drops straight to Lake St. in Altadena.)

### **The Mt. Lowe Railway Bed (Echo Mtn) to Sunset Trail Head**

Runners follow the old railroad bed at a gentle uphill 5% grade along the Echo Mountain Trail from Echo Mountain to the Sunset Trail head (mile 91) for .8 miles.

### **Mt Wilson memories...**

*The Mt. Wilson Trail in Little Santa Anita Canyon is the oldest trail in the San Gabriel Mountains. During the Great Hiking Era, thousands of Southern Californians rode the Pacific Electric Red Cars to Sierra Madre, disembarked and hiked up this path to the popular trail resort at Orchard Camp.*

*Prof. Thaddeus Lowe, Civil War balloonist, man of fame and fortune, was the quintessential California dreamer. His dream was to build a railway and resort complex high above Pasadena in the San Gabriel Mountains. In the 1890s, his dream became a reality. During the height of its popularity, millions took Lowe's "Railroad to the Clouds" to fine hotels and spectacular views of Southern California.*

*Atop Echo Mountain was the White City with a hotel, observatory and a then the world's largest searchlight purchased from the 1893 Chicago World's Fair. From Echo Mountain tourists could*

### **Sunset Trail Head to Millard (95.5)**

The Sunset Trailhead is less than 100 yards downhill from The Echo Mtn Trail/Mt Lowe Rd junction. The 2.5 mile trail contours and joins the paved Mt Lowe Road to just above Millard Campground. Continue rightward on the blacktop for about 1/8 mile. Pick up the Millard Trail on your right for the next 1/2 mile down into the Millard Campground. At the bottom turn right and proceed up a shallow grade through the campground and to the Checkpoint.

### **95.5 – 100: Millard to the Finish**

The runner leaves Millard Campground, crossing the shallow stream and continuing leftward on the main dirt road (Brown Mtn Rd.). This will be your last significant climb of the race. Continue on the road for a little over a mile, where you will pick up the El Prieto Trail on your left.

The El Prieto Trail descends through a cactus grove and then into the trees in the El Prieto drainage. It follows a rolling downhill course up and around concrete debris dams. It will cross the creek bottom several times. At its finish the trail meets Lower Brown Mountain Rd.

Proceed down the road for 150 yds, then turn left on the blacktop. From here you will stay on the pavement, crossing several bridges in the process.

About a mile from the finish, there is the last trail section on the right. Its a short, rocky stretch down to the JPL parking lot. Proceed between the two fenced parking lots, turning left at the access road. You are now in the drainage basin with the JPL labs on your distant right,

and the low bluffs on your left. There is a long asphalt grade to your far left, bear right. The grade is the descent from Windsor Ave, which will be open on Race Day. It is closed most of the time.

Stay on the blacktop and Johnson's Field is less than 1/2 mile away.

### **The Finish: Johnson's Field (100.2)**

#### ***RVs Not Recommended***

Johnson Field has limited maneuverability and parking. Accessible only by a 1-1/2 lane gravel road, there is little room to turn around. A better place to park large RVs is in the Windsor Ave. parking lot at the top of the grade.

#### **Finish Line Facilities**

Johnson's Field is the finish area for the Race. Once the race begins, HAM radio, EMTs, Search & Rescue will be based here. Johnson's Field has running water, electricity, clean bathrooms, and a very peaceful and shady grass field with picnic tables. You can pitch a tent on the grass and take a short nap without the expense of motels. Hot field-showers will be available race day. Hot foods and cold drinks will be available day and night for runners, crew and volunteers at the finish line.

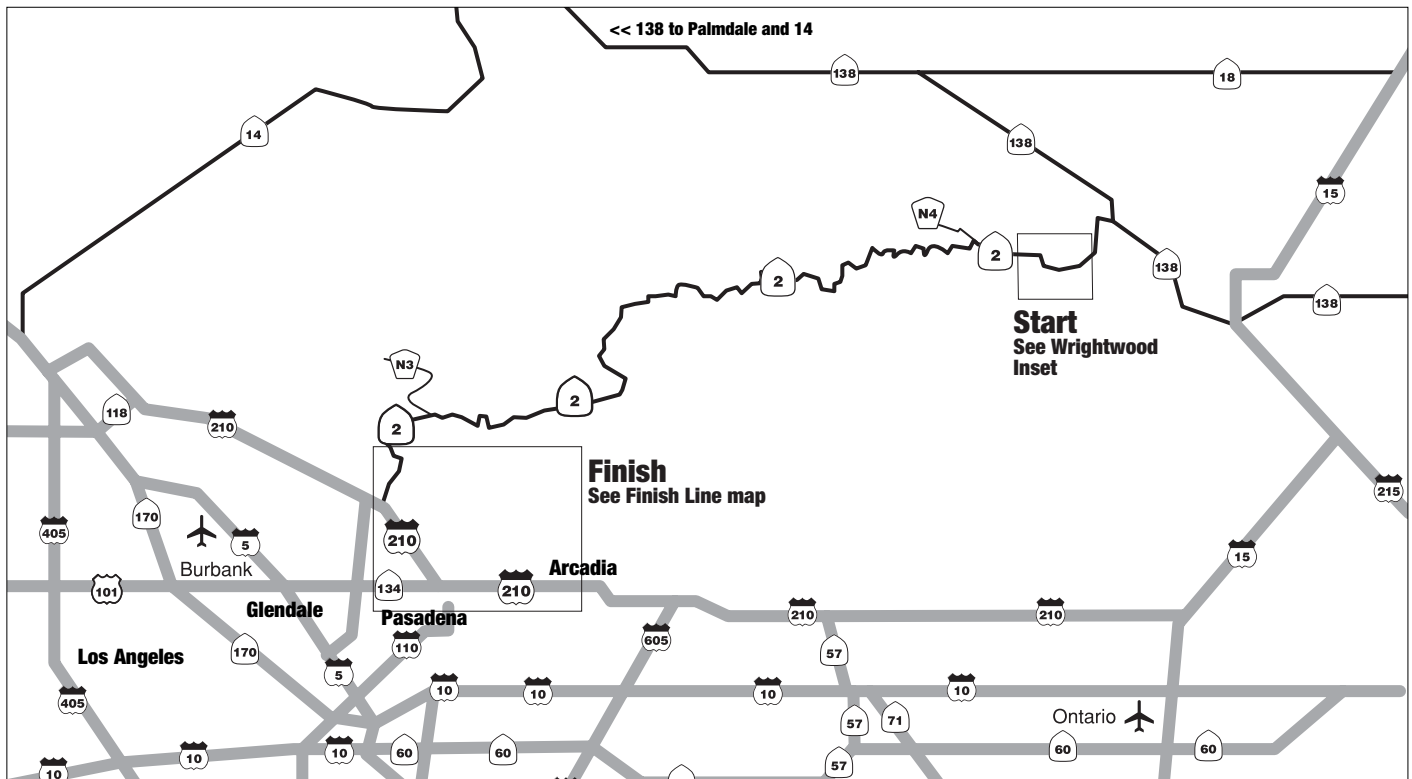
Dedicated effort by Pasadena Water and Power volunteers have maintained the field as part of their recreational facility. Completed in 1920 as part of a network of flood control dams, the Devil's Gate Dam (south of Johnson Field) was designed to impede the flow of water during the rainy season and add to the ground-water level by allowing trapped water to seep into the soil.

*board a trolley and ride another few miles to Mount Lowe Tavern at the end of the line. If you are running this section in the daylight, you will be able to see the old railroad ties and some of the concrete structures along the Echo Mountain Trail. One hundred feet to your left at the Castle Canyon Trail Junction on the Echo Mountain Trail, you will be able to see the large iron bull wheel that pulled the cars up the steep incline from Rubio Canyon. A fire swept through Echo Mountain in the early 1900's leveling all of the White City except the observatory. The foundation of Echo Mountain House and the original chalet are all that remains. The Mount Lowe Tavern burned in 1936. The railway was finally decommissioned in 1937.*

*All that remains of the fabled Mt Lowe tavern is a peaceful spot under old oaks and a big cone spruce next to a picnic table at the Mt Lowe Campground, just below the Mt Lowe-Idle Hour Junction.*



## 4. Race Day: Driving The Course



Enlargement of Area overview, see page 56.

### Gas Up Before You Go!

There are no gas stations or groceries between Wrightwood and La Cañada. Newcomb's Ranch serves the only hot meals on this part of Highway 2, and is located between the Three Points and Chilao Checkpoints.

### RVs and Mountain Roads

RVs are strongly advised not to drive them up to Chantry Flats (75mi). Parking is at a premium, and the access road is steep and narrow. An alternative would be to park the RV near the finish, and use a smaller vehicle to shuttle from there.

### Mile 0 through 56

The first portion of the Race is very straightforward. Every crew-accessible Checkpoint is located either on Highway 2 or very near to it (Chilao). The Mt Hillyer Checkpoint is not accessible.

The main concerns in the first part are watching for falling rocks and suddenly-appearing racing motorcycles. They're not legal, but ever-present in good weather.

### Short Cut Saddle to Chantry:

#### Highway 2 to I-210

*Please note: Due to storm damage of 2004-5, the Chantry Road has been closed due to slide and washout. Access will most likely be severely limited to authorized Race and emergency personnel only.*

Proceed west on Highway 2, following the signs to La Cañada/Flintridge. Highway 2 intersects at the 210. If you need gas, groceries, or a meal, this is a good time to refuel.

Get on the 210 Fwy eastbound (towards San Bernardino). You will be driving in south-easterly direction. You will pass the Windsor/Arroyo and Lincoln exits. Follow the signs for the 210 through the 210/134 interchange. Do not exit at 134.

You are now driving east through Pasadena. You will pass the Lake, Hill, and Altadena for 7.125 miles. Exit at Santa Anita Ave for Chantry Flats.

Exit the 210 at Santa Anita Ave. Turn left, under the freeway. You are now driving north. After several lights, you will pass out of strip malls and commercial zoning into residential neighborhoods. You will start to climb up the hill. It becomes a narrow, winding 2-lane black-

top road, with no streetlights. Five miles later, it dead-ends at Chantry Flats.

### To The Finish Line

#### From Short-Cut Saddle

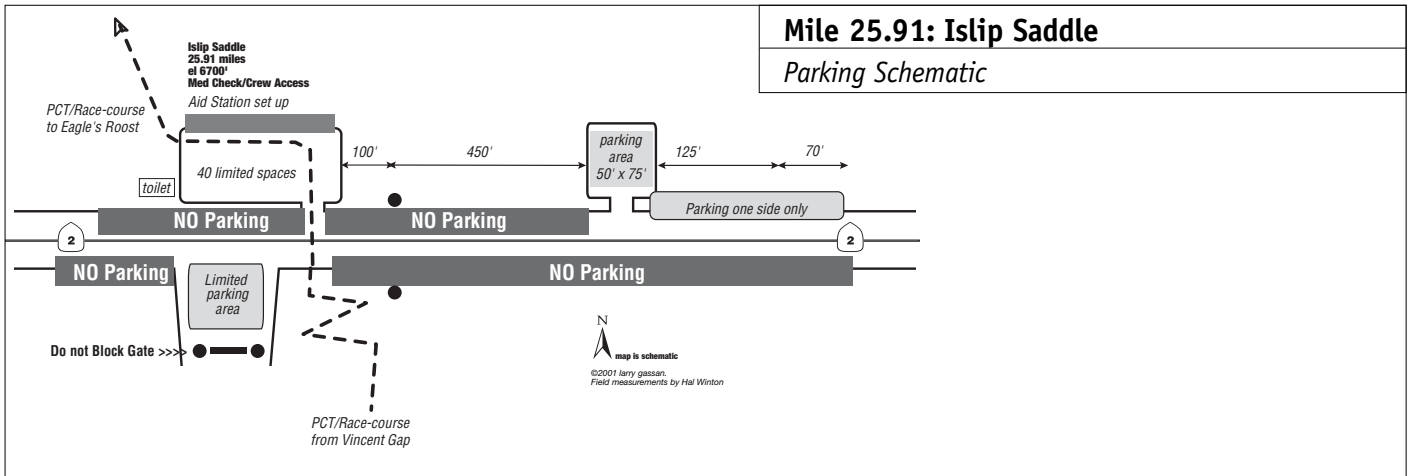
Exit the 210 Freeway at the Arroyo/Windsor exit. Drive north on Windsor about 1 mile, past the Jack-In-The-Box on Woodbury.

Windsor makes a sharp bend to the right, turning into Ventura. Do not turn right. Turn left, driving down the hill through the large yellow pipe-gate. At the bottom of the hill, turn left and continue on the 2-lane black-top until it dead ends. This is Johnson's Field.

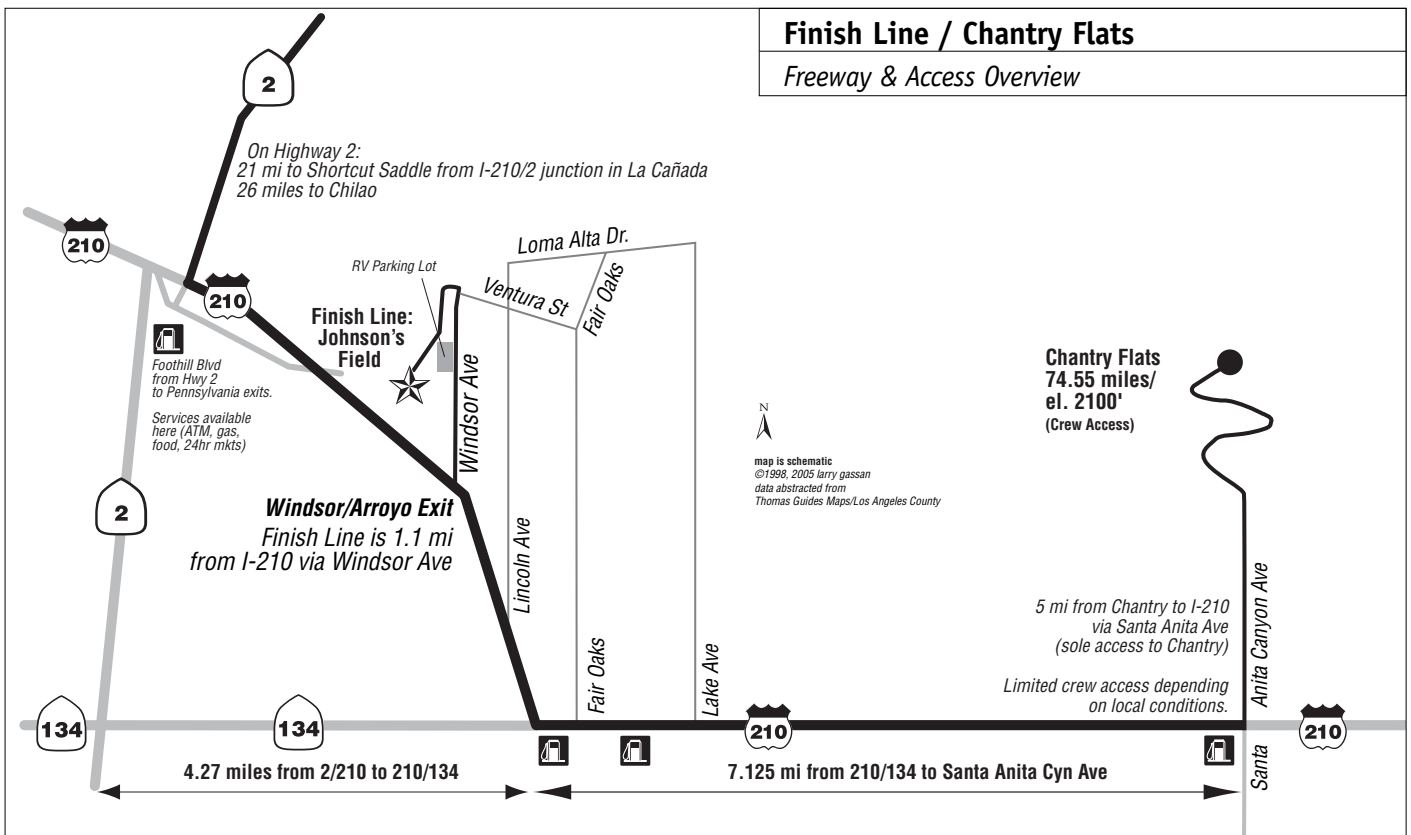
#### To The Finish Line From Chantry

Drive down from Chantry on Santa Anita Cyn Rd. You'll drive down the winding road you climbed up. At about 5 miles, you will see signs for the 210 Fwy. Get on the west-bound lane going back to Pasadena. Follow the 210 towards San Fernando. Exit to the right at the Arroyo/Windsor exit, approximately 2.5 miles N of the 210/134 interchange. You will see the Jack-in-The-Box.

Turn right at the top of the ramp. Drive north 1 mile on Windsor Blvd to the yellow pipe gate described earlier.



Islip Saddle Parking detail.



Shortcut/Finish Line/Chantry Flat transitions

**Race Day Parking At Islip Saddle**

Parking vehicles on narrow shoulders with vehicles on or over fog lines is against traffic laws and presents a safety hazard. Our agreement with the CHP is that we not interfere with traffic in any way. The possibility of traffic accidents due to improper parking along Highway 2 must be avoided.

Therefore, the following measures are in effect:

- We will place temporary NO PARKING signs along the narrow shoulders.
- Encourage parking at pullouts a few hundred feet BEFORE Islip Saddle and along the extra-wide shoulders, whose average width is 9 to 17ft.

- Temporary overflow parking may be available behind the locked gate of the old Highway 39 between 9:30AM to 1PM (gate closure). This will be for AC100 crews and spectators. Posted signs will require all vehicles to be removed from behind the gate by 1PM.

## 5. Awards



*Getting by with a little help from your friends—Andy Jones-Wilkins with pacers Bruce Hoff and Andy Roth.*



*Left to right: Sub 24-hr Sterling Silver Buckle; Second Sunrise Buckle, Sub 33-hr Finisher's Buckle, Finisher's Plaque*



*Jennifer Johnston after her fourth win.*

### The Awards

The awards are presented at Johnson's Field on Sunday during the picnic at the conclusion of the Run. The Awards for the Runners are as follows:

- Bronze Ram Award for first male and female finisher, 18 to 75 years.
- Bronze Ten Point Buck Award for the 2nd overall finisher.
- Bronze Cougar Award for first male and female finisher, 30 to 75 years.
- Bronze Arabian Stallion Award for the

first male finisher, 35 to 75 years.

- Bronze Rhino Award for first male and female finisher, 40 to 75 years.
- Bronze Eight Point Buck Award for the first male, 45 to 75 years.

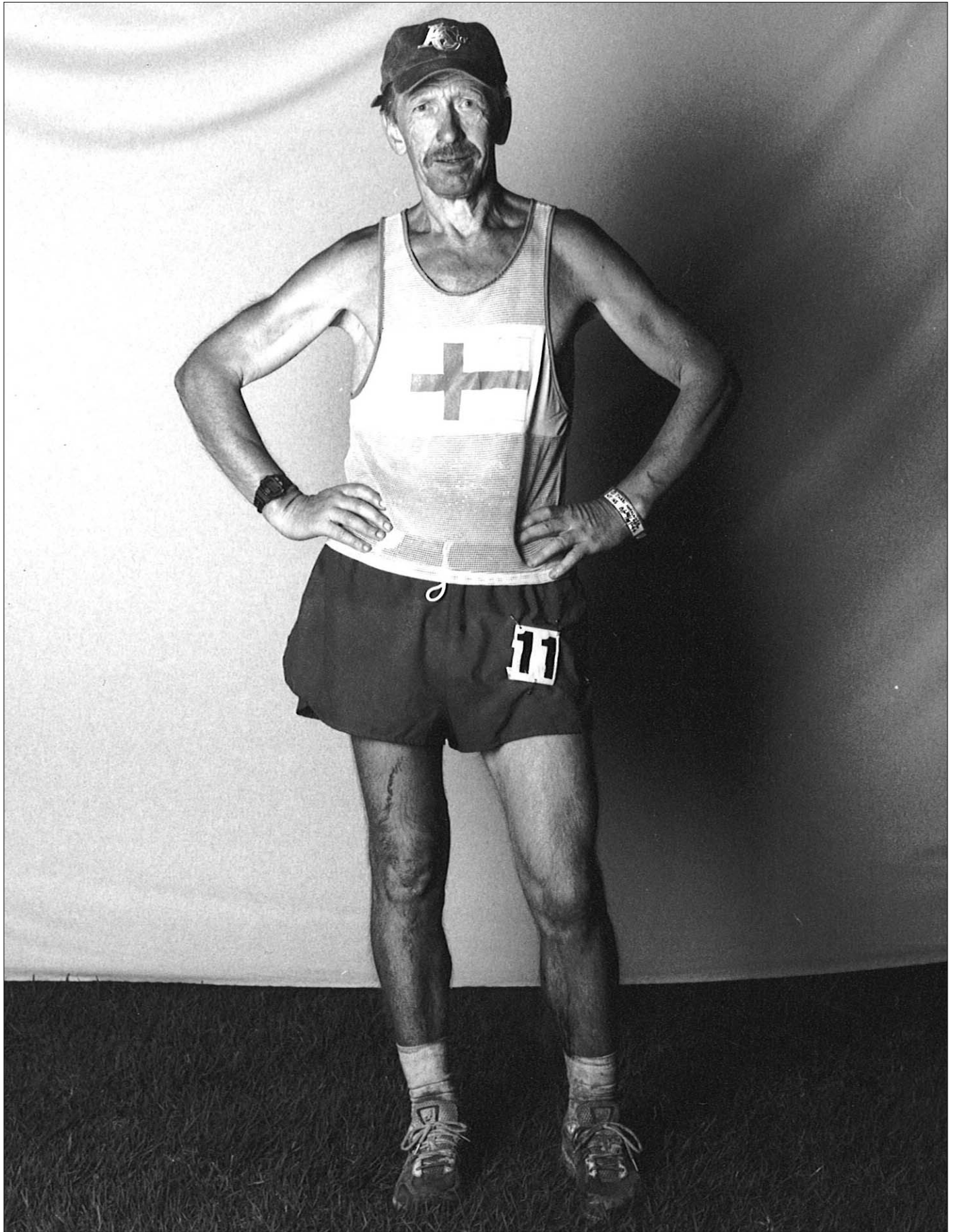
### 9 Races within the Overall Race: The Categories

The Ram, 10 Pt Buck, Cougar, Horse, Rhino, and 8 Pt Buck Awards are not traditional Age-Group Awards. Each award represents a different "Race within the Overall Race." If these were Age-Group

Awards the Cougar Award would be available for the first runner who is 35 through 39, not 35 through 75. This unique awards system creates "Nine races within the overall race."

There are two Ram Races, one 10 Pt Buck Race, two Cougar Races, one Horse Race, two Rhino Races, and one 8 Pt Buck Race.

Example: If a 51 year old runner beats all the 35 year old runners, that runner automatically wins the Cougar



*Jussi Hamalainen. Eighteen starts, 18 finishes, 16 sub-24hr finishes.*



*Rhino Award: Male and Female 40 – 75.  
Adaberto Mendoza and Catherine Mather were the 200 Winners.*



*8 Pt Buck Award: Male 45 – 75*



*Cougar Award: Male and Female, 30 – 75.*



*The Bronze Grizzly Award.*

Award (which is for 35 to 75) and the fastest 40 year old wins the Rhino Award.

#### **Buckles and Plaques**

- Solid Sterling Silver/Solid 14k Gold Buckle for any runner that breaks the course record. Only one buckle per finisher.
- Solid 14k gold buckle for anyone that breaks the overall course record of 17:35:48.
- Silver Belt Buckle: Solid Sterling Silver for all sub-24 hours finishers
- Second Sunrise Ram Buckle: Solid bronze. For all runners crossing the finish line by the Second Sunrise

(24:00 to 25:47 hours).

- 33 Hour Ram Buckle: Solid bronze, all Finishers between 25:47 and 33 hours.
- Baseball Hats for all winners.
- Distinctive engraved acid-etched metal plate mounted on a solid walnut plaque for all finishers.
- Dated 5-color Finisher t-shirt for all finishers.
- Multi-color t-shirt for all participants.

#### **Eagle Award**

For any runner who completes 10 consecutive Angeles Crest 100 Endurance Runs.

#### **Elk Award**

For any runner who completes 1,000 miles (with no time limit). You will receive credit for either the Eagle or the Elk Award but not both.

#### **California Grizzly Award**

For any runner completing 20 straight finishes, we will provide a Bronze Grizzly Award.

#### **Related Races and Awards:**

##### **Western United States**

Any runner completing the four one hundred mile endurance runs in the Western United States in the same year



*Ram's Head Trophy awarded to the Sportsmen of the Year.*



*Arabian Stallion Award: First male finisher, 35 – 75*



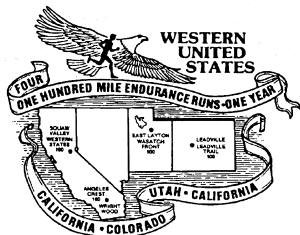
*Elk Award: For 1000 miles finished, no time limit.*

*The*  
**JOHN MUIR TRAIL  
ENDURANCE RUN  
YOSEMITE TO MT. WHITNEY**

*John Muir Trail*



*Plaque for completion of the Last Great Race (6 x 100)*



*Western United States (4 x 100)*



*Last Great Race (6 x 100)*



*Plaque for completion of the John Muir Trail*



*Plaque for completion of the Western United States (4 x 100)*

will be eligible for a distinctive plaque commemorating the accomplishment.

To be eligible, the runner must finish: the Western States 100, the Leadville 100, the Wasatch 100 and the Angeles Crest 100 Mile Endurance Runs.

**Last Great Race on Earth**

Any runner completing the six designated one hundred mile endurance runs in the United States in the same year will be eligible for a distinctive plaque commemorating the accomplishment.

To be eligible, the runner must finish:

- Two races in the Eastern US: the Old

Dominion and Vermont Endurance Runs.

- Two races in the Central West: the Wasatch Front 100 and Leadville 100 Endurance Runs.
- Two races in the Western US: the Western States 100 and Angeles Crest 100 Endurance Runs.

**John Muir Trail®**

This is not an organized event as the JMT is in a wilderness area where no organized event can be held. Runners completing the trail from Yosemite Valley to Mt. Whitney in ten days will receive a JMT

t-shirt. They also may be eligible for a distinctive solid walnut plaque commemorating the accomplishment. We will maintain information for others who may attempt the run and keep track of finishers.

If you are serious about running the JMT, start planning early. Topographic maps and books are available at backpacking stores.

Send specific questions and concerns regarding the JMT with a SASE to the AC100 Race Management.

**How the Awards Work...**

This is the official explanation of the AC100 awards structure.

First, discard traditional assumptions about “traditional” age groups.

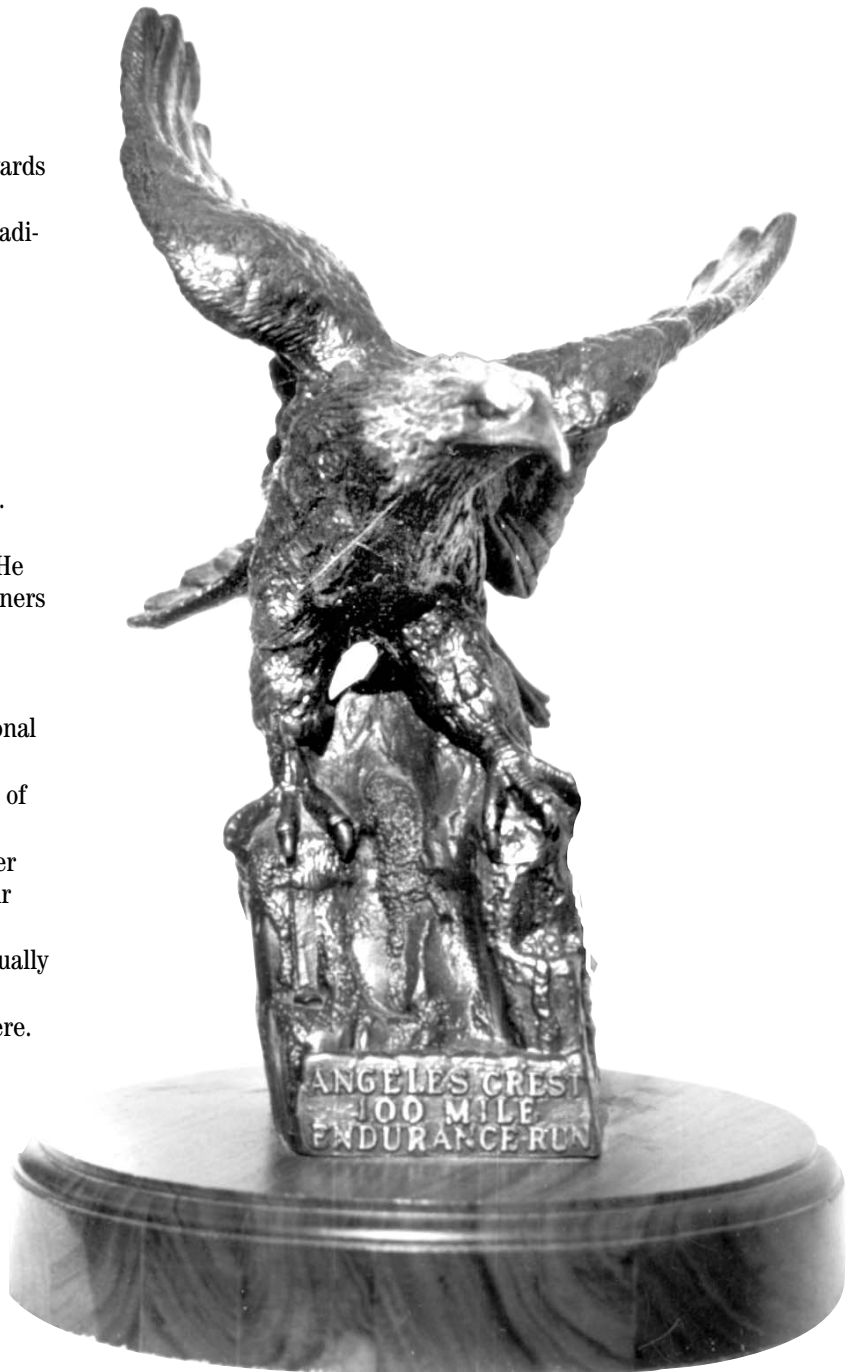
The point of the AC100 award structure is to encourage competition by continually leveling the playing field.

- 1) All runners (18-75) can run the Ram Race.
- 2) The runner must be at least 30 to enter the Cougar Race
- 3) A 51 year old runner can run all of the races.
- 4) If a fast 51 year-old runner beat all of the 40 year-old runners, he wins the Rhino Award. He also vacates the Buck Race, giving other runners an opportunity. Jussi Hamalainen did this in 1997.

Only the “overall winner” in a “traditional age group” is allowed to “race” out of their “traditional age group”.

At AC100, everyone is encouraged to “race” out of their age group.

- 5) In the AC100 structure, if a fast senior runner beats the younger runner, then he takes their awards.
- 6) At AC100, we reward performance by continually leveling the playing field.
- 7) If you are are 50 and fast, you will do well here.



*Angeles Crest 100 Awards Structure*

Age Group	Ram 18 – 75 m & f	Buck-10pt 18-75 2nd	Cougar 30 – 75 m & f	Arabian Stallion 35 – 75 male only	Rhino 40 – 75 m & f	Buck-8pt 45 – 75 male only
18 – 75						
30 – 75						
35 – 75						
40 – 75						
45 – 75						

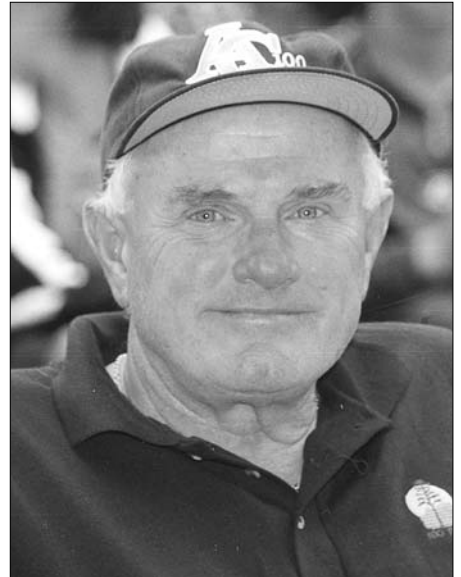
“Nine Overall Races in the Race”



## 6. 2003 Race Team and Volunteers



*Montrose Search and Rescue, led by John McKently.*



*Andy Morehead*

**Race Director:** Ken Hamada

**Co-Race Director:** Hal Winton

**Consultant:** HE West

**Assistant Race Director:**

**Start & Finish Line Coordinator**

Andy Morehead

**Assistant Race Director:**

**Wrightwood Coordinator:** George Evans

**Assistant Race Director**

**& Amateur Radio Communication**

Dino Darling

**Search and Rescue:** Wally Stephen & Dick Sale

**Medical Director:** Mark Giebel

**Forestry Service Liaison**

Bruce Quintelier

**USFS Trail-Building Program**

Hal Winton

**Training Runs:** Hal Winton

**Photos:** Larry Gassan.

**Race Book**

**Design and Art Direction**

Larry Gassan

**Database Sources and References:**

John Davis, Andy Morehead, Fred Pilon & Don Allison of *UltraRunner*, Jeff Robbins, and Dick Sale.

**Editors:**

Rennie Gardner, Kathy Hamilton, Geri Kilgariff, Leslie Sowle

**Copy-typists:**

1998 ed: Sinead Harte, Denise Anzalone

**Maps and Graphs:**

Larry Gassan. Original 1991 course data: Lee Freeman and Larry Blanchard. Revised 1998 profile data: Jeff Robbins. Arterial maps based on Thomas Bros & DeLorme Street Atlas USA 3.0. Course maps based on *Harrison Maps; Angeles Crest Front Range, and Angeles Crest High Country.*

**Spot Illustrations**

Grolier Encyclopedia, ©1997

**Checkpoint Coordinators**

**Wrightwood:** George Evans

**Inspiration:** Denise Collins

**Vincent Gap:** Don & Robin Crowell

**Islip Saddle:** Greg Minter

**Kratka Ridge:**

**Eagle's Roost:** Alicia Gross

**Cloudburst:** Darren Cartagena

**Pajarito:** Barry Glennan

**Glenwood:** Andre Slezak

**Three Points:** Marty Minnich

**Mt Hillyer:** Brian Provost

**Chilao:** Scott Butler

**Shortcut Saddle:** Vicki & Randy Davis

**Newcomb's Saddle:** Mike Peralez

**Chantry Flats:** Sharon Cooper

**Idlehour Trail:** Kathy Brown

**Sam Merrill Trail:** John Davis

**Millard Campground:** Eileen Clark

**Johnson Field:** Phil Auzenne

**Post-Race Picnic Canteen:**

Leonard & Donna Klenk. Leonard is responsible for the "all-night/all-day" hospitality kitchen.

**Award Ceremony:**

Hal Winton, Lee Freeman, Andy Morehead and Ken Hamada

**Thanks also to...**

Special thanks to Don Matthias. Don donated the Finisher License Plate frames for all race finishers, and Volunteer License Plate frames for race volunteers. Also—in the early years as the race was developing, Don donated all the five color Finisher t-shirts.

**Wrightwood Volunteers:**

The Wrightwood Fire Dept:

- manned the medical check Friday before the race and at Islip Saddle on race day
- provided the manpower for the Friday night pre-race dinner
- provided the lights and public address system at the race start on Saturday morning
- transported the drop bags to Islip Saddle.

**Search and Rescue Coordination**

**Sierra Madre Search and Rescue**

Dick Sale, Steve Millenbach, Arnold Gaffrey, Lin Kroll and the Team.

**Altadena Search and Rescue**

**Montrose Search and Rescue**

John McKently and the Team.



*IdleHour 2003, Kathy Brown, captain (center, above sign).*

**US Forestry Service Coordination**

Bruce Quintelier

**Trail Boss Program Coordination**

Hal Winton (AC100 Trail Volunteers)

**Ham Radio and Packet Coordinator**

John Minger

**Medical Team Director**

Mark Giebel

**Training Runs**

Hal Winton

**Drop Bag transportation**

Mountain High Ski Resort

**Photography**

Larry Gassan

**Runners and Volunteers Database**

Andy Morehead.

**Johnson's Field Coordinator:**

Phil Auzenne & friends, who built the hot field showers at Johnson's Field.

**Trail Marking for last year's race:**

• **Wrightwood to Acorn Trail:**

George Evans

• **Acorn Trail to Inspiration Point:**

George Evans

• **Inspiration Point to Islip Saddle:**

Karen Hamilton

• **Islip Saddle to Eagle's Roost:**

Mike Murphy

• **Eagle's Roost to Clodburst Summit:**

Mike Murphy



*Three Points Aid Station, headed by Mike Minnich.*

• **Clodburst Summit**

**to Three Points:** Garry Curry

• **Three Points to Mt. Hillyer:**

Brian Provost

• **Hillyer to Chilao:** Liz Hodges

• **Chilao to Shortcut Saddle:**

Hal Winton

• **Shortcut to Newcomb's Saddle:**

Mike Peralez

• **Newcomb's Saddle**

**to Chantry Flats:** Bill Dickey

• **Mt. Wilson Toll Road to**

**Idlehour Campground:** Kathy Brown

• **Idlehour to Idlehour Campground:**

Kathy Brown

• **Idlehour Campground**

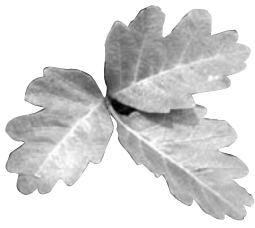
**to Sam Merrill Trail:** John Davis

• **Sunset Trailhead to Millard**

**Campground:** Chuck Simpson

• **Millard Campground to Finish:**

Brian Provost



### Poison Oak

Poison oak is distinctive by its triple leaf pattern with prominent veins and shiny surface. In the summer, leaves are yellowish-green, pink, or reddish, with small white or tan berries. In the fall, the leaves turn bright red or russet brown.

Poison oak is prevalent on the Upper Winter Creek Trail between Chantry Flats and Manzanita Ridge before the Wilson Toll Road. It reappears in Idle Hour Canyon, especially at the bottom. The next occurrences are on the Sunset Trail going into Millard Campground.

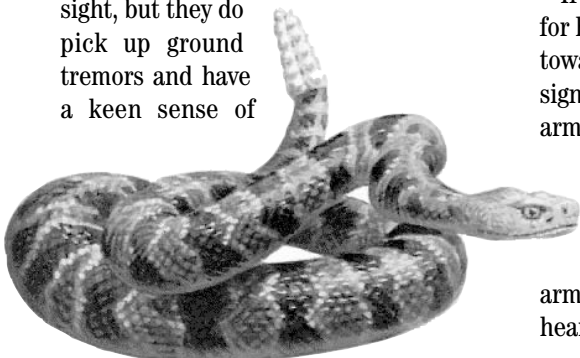
**If you contact poison oak:** wash with Fels-Naptha soap and cold water immediately, or Tecnu solvent, or generous floods of rubbing alcohol in a pinch. These may remove enough of the oil and save you from a major outbreak. Avoiding hot showers for 24 hours after exposure may reduce the degree of irritation.

### Rattlesnakes

The Southern Pacific Rattlesnake is the most common rattlesnake inhabiting the San Gabriel Mountains. Average adult size is from 3 to 4 feet, but they may reach 5 feet. The rattlesnake usually announces itself by its distinctive rattle.

Snakes lack means of regulating body temperature, so daily and seasonal temperatures affect their degree of activity. In late fall, the snakes seek shelter in animal burrows or rock crevices. Here they spend the winter until the temperature rises in the spring. In the summer, the snakes are more active in the evening and morning, avoiding the mid-day heat.

Rattlesnakes have no external ears and have poor eyesight, but they do pick up ground tremors and have a keen sense of



## 7. Course Wildlife

smell. This is how they can detect your presence from a distance.

The reaction of a rattlesnake when disturbed depends on the conditions at the moment. Sex, age, species, weather and environmental conditions are important factors in rattlesnake behavior. A rattlesnake will generally withdraw or try to escape when encountered. But if it is cornered, teased or stepped on, it will put up a good fight.

Rattlesnakes are occasionally sighted during the Run. To reduce risk: **STAY ON THE MAINTAINED TRAILS.**

Once you're bitten, rattlesnake venom's primary course is through tissue, not the bloodstream. The venom is quite viscous and elements in the toxin break down tissue as it proceeds. The more venom in the bite, the more the progress. Unless one has been medically trained and knows how to use tourniquets, don't use the suction cup, the tourniquet or the blades to cut the area of the bite.

Fangs are about 3/4" long so the venom is injected quite deeply. Therefore one would need to cut quite deeply to get at the site and in doing so could sever an artery or a vein, ligaments or muscles, and as well introduce harmful bacteria (sucking on a bite, for example, introduces quite a bit of bacteria).

Tourniquets restrict blood flow and can further damage the area already being damaged by the venom—since the venom travels through tissue, those bitten have time to get help.

Hikers and runners are advised to move. Walking out, even with a leg bite, is much better than waiting for a companion to reach civilization and then coming back to get you. The longer you wait to get help, the more tissue can be destroyed.

If you have a cellphone, call 911 and ask for help for transport but keep moving out towards a road or a place where you get signal. If you are bitten on your hand or arm, keep that arm (hand, etc.) in a heart-neutral position. In other words, do not hold your arm above your head or keep your hand below your heart but rather try to hold your arm so the bite area is level with your heart. This position seems to slow the

progress of the venom.

Don't try to catch the snake and kill it. Doctors no longer need to see the type of rattlesnake. The antivenom used (at \$3,000 per vial and most people need at least 6 of these to start with) is a resulting mixture of four different types of snake venom that has been injected into sheep and then the antibodies have been culled to make the antivenom.

If you find yourself suddenly very close to a snake and the snake is moving along and away from you, just stop and do not move at all OR if you cannot stand to do that, take a very large step backwards and away from the snake. Most rattlesnakes are shorter than 3-1/2-4' and a good long step backwards will put you out of range should the snake feel cornered/threatened and turn to strike at you.

### Black Bears

Two kinds of black bear inhabit California: the northwestern black bear and the Sierra Nevada black bear. They have not been hunted extensively in the state.

Black bears aren't just black. Their colors range from black and dark brown to cinnamon, light brown, and even yellow and bluish hues. Often cubs of one litter will be different colors.

Black bears eat everything: vegetation, berries, insects, honey, carrion, fish, frogs, fruit and nuts. In overpopulated areas, bears will eat tree bark, damaging second growth timber. While they don't normally prey on game or domestic livestock, they have been known to kill other animals.

The adult bear normally weighs between 200 and 300 pounds. The largest black bear in California on record weighed 498 pounds.

Mating season is in June. That's the only time male bears are with females. Females initially breed at three years of age, then every other year. The gestation period is about 7 1/2 months.

Bears den up and sleep during the winter, living off their stored fat. The young are born during this dormant period, usually in January. They are born blind and weigh only six to eight ounces.

While bears appear clumsy with their flat footed, shuffling gait, they can travel

fast and climb trees with ease. Bears tend to be nocturnal and usually aren't active during the day.

The last California Grizzly Bear in southern California was shot in 1903. Large and ferocious, these animals killed livestock and many early settlers. They even stalked the slopes of Mt. Baden-Powell. Grizzlies were eventually judged too dangerous and exterminated in California. The last grizzly bear in California was killed in 1922 in Tulare County.

### Sightings Of Mountain Lions

There have been a significant number of mountain lion sightings in local foothills. A healthy mountain lion population coupled with habitat loss are among the reasons for increased sightings

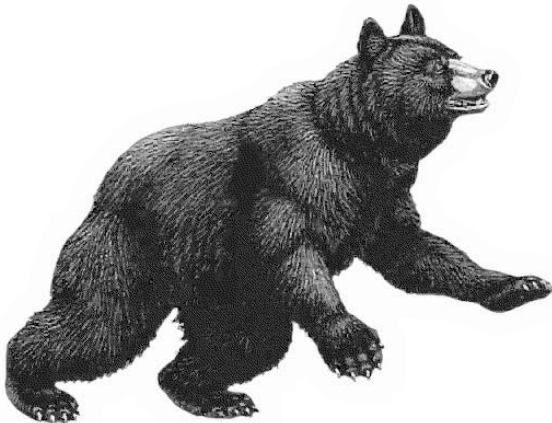
**Less than thirty Americans have been killed by mountain lions, and approximately twenty have been injured. Compare this to an average of 40,000 deaths per year from highway fatalities.**

Throughout the West, mountain lions are now classified as game animals, which means hunting is regulated to prevent excessive "harvest." In addition, in 1989, Californians passed a law that gives the cats full protection from hunting. This law also mandated special funding to protect their habitat.

These measures worked. Most observers agree that there are now more mountain lions in the West than there were 20 or even 50 years ago. One indication is the attacks on humans.

Like other big cats, mountain lions specialize in killing large mammals with hooves, primarily deer and elk. They're also able to live on smaller prey.

A human standing up is not the right



shape for a cat's prey. An erect person's head and neck are in the wrong place. Most adult humans are taller than typical lion's prey. The location of the neck is the most important, for that's where the cat bites to kill. When a bear encounters a big cat, it stands up in a defensive mode.

A person sitting, squatting or bending over looks a lot like four-legged prey. So standing up, facing the mountain lion, not running away, making a lot of noise, and putting on a face, may deter big cat attacks.

### Bighorn Sheep

Bighorn sheep, like mountain goats and caribou, are a wilderness species intolerant of human disturbance.

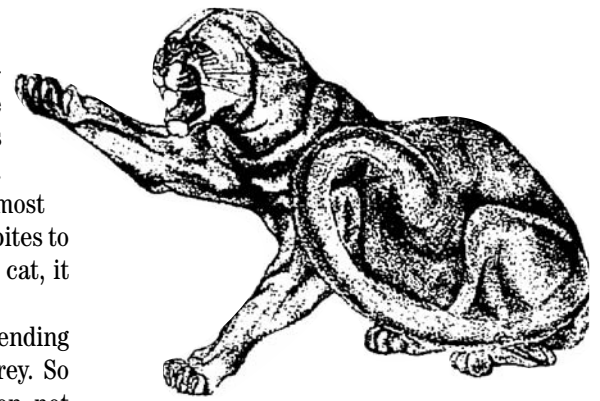
Bighorn sheep are round, thick, and short-bodied. The pelage, similar to that of deer, is darker on rams than ewes. The Nelson bighorn is light steel-gray in color. The California bighorn is light, pearl-gray. The peninsula bighorn is paler than either.

Adult rams usually weigh up to 140 pounds. Prime animals weigh 200 pounds or more. The head and horns alone may be over 30 pounds in large specimens. Ewes are much smaller and lighter.

Male and female bighorn grow horns they never shed. Growth rings on the horns indicate the animal's age. Ewe horns are erect and flat, measuring up to 10 inches long on adults. Mature rams have round, curving horns which may be a half circle, three-quarters, or even a full circle. The horns on a two-year-old ram look like ewe horns. At three years of age, rams are distinguished from ewes by larger, more curled horns.

Bighorns live up to 17 years. Their life span depends on range conditions. For most of the year, bighorns divide into ewe bands and ram bands. During breeding season (October through December), they gather into mixed groups. Females breed at 18 months. The gestation period is about six months. Lambs are born in April and early May, usually as singles—twins are uncommon. Lambs are completely weaned at four to five months of age.

Bighorn sheep can go a long time without water, and may range as far as 20 miles from the closest water source. Adults seldom come to water while on



green, succulent feed. Lambs never come to water while nursing.

In the summer, California bighorn scatter in high mountain country above timberline. They migrate down in the fall to spend the winter on lower ranges. Bighorn sheep feed on grass, sedges, forbs and browse. Succulent forage is extremely important during the long, hot, dry periods of the year.

Since 1873, state law has afforded the bighorn year-around protection, but poaching still occurs in remote areas.





There are an estimated 2,000 to 2,500 bighorn in California, throughout the San Gabriel Mountains, Death Valley National Monument, and Joshua Tree National Monument.

### Deer in the San Gabriels

There are five kinds of mule deer in California, all considered to be members of the same species, *Odocoileus hemionus*. They are: Columbian black-tailed deer, California mule deer, Rocky Mountain mule deer, Southern mule deer, and the burro mule deer.

Deer are primarily browsing animals. They eat twigs, buds, and leaves of shrubs and trees. They also rely on acorns in some areas. In the spring and fall they will eat grasses, weeds and other green herbaceous plants.

Deer have keen hearing. Air movement governs its sense of smell. Deer have poor vision for stationary objects but are quick to catch motion.

Bucks alone have antlers. Antlers are shed every year in midwinter and the bucks go bare-headed until a new set starts to grow in early spring. They grow anew each year.

Growing antlers are covered with a velvet-like skin until fully developed, at which time the skin is shed. During the growing period the antlers are filled with blood and nerves and are sensitive and easily injured. By the time the mating season begins, the antlers have shrunk and become hard and insensitive and the velvet has been rubbed off.

The size of the antlers and the number of points on each side generally increase as the deer progresses toward maturity, after which the number of points may be less numerous in old age. However, both size and the number of points may vary with the diet, particularly in the first year

of life. A yearling on good feed may have three-point antlers and a three-year-old on poor feed may wear only spikes. An adult buck in the prime of life ordinarily has four points on each side. Antlers are unreliable as indicators of age. Age can be determined only by tooth development and wear.

Both bucks and does have reddish coats during the summer, but their colors change to gray in the fall as the long hairs of their coats grow out to form the winter pelage. Fawns are born with spotted coats but lose the spots about 8 to 10 weeks after birth, or about the time they are weaned.

In California, deer seldom breed before they are 16 to 18 months old. The necks of the bucks become swollen several weeks before the actual breeding season and remain so until the breeding activity subsides. Does may have as many as three separate breeding periods during the season, spaced about 28 days apart. If they fail to breed during the first period, they may breed during the second or third period.

Breeding seasons vary with elevation and latitude, but are generally timed so that the young are born during the time of the year when green herbaceous feed is available. The does carry their young for 195-210 days or about seven months and commonly bear single fawns.

The peak of the fawning season varies throughout the State, from early April in parts of coastal California to mid-July in the Sierra Nevada. Some fawns are born earlier and some are born later than the peak periods. Fawns are usually weaned about 60 to 90 days after birth.

The California mule deer is the second most abundant subspecies of deer in the State and is found in abundance in the San Gabriel Mountains.

The animal is migratory except in coastal Southern California and foothill areas where snow does not cause range shifts. The breeding season occurs in October or November in areas along the coast, but extends as late as mid-December in high mountain ranges in the interior.

Nobody knows how many deer were in California when the early settlers arrived. Historical records indicate that in pioneer times deer may not have been as common in the high mountains as they are now, but they were numerous in the valleys and foothills.

After the gold rush hit California with full impact and the settlers began to crowd in, the deer population began to decline. Although market and hide hunting, as well as the day-by-day take of deer for food by individual settlers, is usually charged with having caused the decline in deer numbers, overgrazing and range depletion also had a major impact. As a result of these factors, the deer population reached a low ebb around the turn of the century.

Today, the deer are the most abundant and most popular big game animal in California.

In the face of phenomenal increases in the human population with its attendant spread of settlement and cultivation of the soil, mining, logging, livestock grazing, and all the other activities that have changed the primitive aspect of the land, deer have made a big comeback.

The growing deer population is the result of several factors, the most important of which is the ability of deer to live close to humans. Populations of some species of native animals have declined or have disappeared entirely as a result of man's civilization. However, the deer, like the coyote, has adapted itself to and benefited from many of man's activities.

Clearing of foothill and mountain homesteads, timber cutting, and forest fires have created openings and led to the spread of palatable herbs and browses that have actually improved the deer habitat. The establishment of protective laws and enforcement by game wardens gave the adaptable deer enough protection to take advantage of their ability to reproduce and multiply.

Since mountain lions inhabit the same range as the deer and deer make up a large part of its diet, the growing deer population has created an opportunity for its natural predator, the mountain lion, to thrive.

## 8. Finishers by Rank



Finish Line 1994: Ben Hian, Joanne Urioste, Evelyn Marshall and Joe Schlereth

### Ranking and Index Notes

Finishers are indexed by time and name (starting on page 38). All data is drawn from finisher lists as listed in *Ultrarunning*. Winners are indicated in boldface.

Awards are listed in full when possible. Finishers for the Last Great Race(s), the Western United States, and John Muir Trail are listed on page 42.

### Awards Abbreviations

G/S Buckle: Gold/Silver Buckle  
 LGR5: Last Great Race (5 races)  
 LGR6: Last Great Race (6 Races)  
 W4: Western United States  
 Ram's Head: Sportsman of the Year  
 JMT: John Muir Trail

Rank	Name	Home	Time	Year	Award
<b>1</b>	<b>Jim O'Brien, 36</b>	CA	<b>17:35:48</b>	<b>1989</b>	
<b>2</b>	<b>Ben Hian, 25</b>	CA	<b>18:39:48</b>	<b>1994</b>	
<b>3</b>	<b>Ben Hian, 27</b>	CA	<b>18:50:24</b>	<b>1996</b>	
<b>4</b>	<b>Jorge Pacheco, 34</b>	CA	<b>18:52:24</b>	<b>2003</b>	
<b>5</b>	<b>Jorge Pacheco, 33</b>	CA	<b>19:05:06</b>	<b>2001</b>	
<b>6</b>	<b>Ben Hian, 29</b>	CA	<b>19:05:35</b>	<b>1998</b>	
<b>7</b>	<b>Tom Nielsen, 40</b>	CA	<b>19:07:50</b>	<b>1999</b>	
<b>8</b>	<b>Tom Nielsen, 41</b>	CA	<b>19:09:04</b>	<b>2000</b>	
<b>9</b>	<b>Jorge Pacheco, 36</b>	CA	<b>19:10:28</b>	<b>2004</b>	
<b>10</b>	<b>Ben Hian, 26</b>	CA	<b>19:11:11</b>	<b>1995</b>	
11	Scott Jurek, 24	SD	19:15:06	1998	
<b>12</b>	<b>Fred Shufflebarger, 44</b>	CA	<b>19:22:16</b>	<b>1992</b>	
13	Tom Nielsen, 39	CA	19:26:08	1998	
14	Gabriel Flores, 29	CA	19:30:36	1995	
15	Guillermo Medina, 30	CA	19:30:36	2004	
16	Jussi Hamalainen, 44	CA	19:31:24	1990	
17	Cirildo Gonzalez, 43	MEX	19:37:03	1997	
<b>18</b>	<b>Jim Gensichen, 38</b>	CA	<b>19:37:13</b>	<b>1987</b>	
<b>19</b>	<b>Fred Shufflebarger, 45</b>	CA	<b>19:41:44</b>	<b>1993</b>	
20	Jim Pellon, 37	CA	19:44:44	1987	
21	Joe Schlereth, 44	CA	19:50:47	1994	
22	Scott Jurek, 25	WA	19:51:19	1999	
23	Jussi Hamalainen, 49	CA	19:51:26	1995	
24	Jim O'Brien, 34	CA	19:51:47	1987	
25	Andy Jones-Wilkins, 36	CA	19:53:06	2004	
<b>20:00</b>					
26	Joe Schlereth, 43	CA	20:04:11	1993	
27	Andy Jones-Wilkins, 36	CA	20:07:30	2003	
28	Tom Nielsen, 38	CA	20:09:22	1997	
29	Bill Kissell, 32	CA	20:10:52	1987	
<b>30</b>	<b>Jussi Hamalainen, 45</b>	CA	<b>20:12:56</b>	<b>1991</b>	

Rank	Name	Home	Time	Year	Award
31	Jussi Hamalainen, 41	FIN	20:15:20	1987	
32	Kaname Sakurai, 35	JPN	20:15:27	2000	
33	Joe Schlereth, 45	CA	20:17:25	1995	
34	Jussi Hamalainen, 46	CA	20:18:05	1992	
35	Hans Put, 39	NY	20:18:13	2000	
<b>36</b>	<b>Jim Gensichen, 39</b>	CA	<b>20:21:49</b>	<b>1988</b>	
37	Tom Nielsen, 37	CA	20:22:22	1996	
38	Kevin Sawchuk, 32	VA	20:23:14	1997	
39	Ian Torrence, 27	NV	20:26:19	1999	
40	Leland Barker, 39	UT	20:30:26	1997	
41	Jussi Hamalainen, 43	CA	20:31:21	1989	
42	Jussi Hamalainen, 47	CA	20:33:25	1993	
43	Lon Freeman, 29	CA	20:38:18	2004	
44	Ian Torrence, 25	NV	20:40:37	1997	
45	Stephen Harris, 41	CA	20:43:04	1995	
46	Guillermo Medina, 28	CA	20:45:12	2003	
47	Joe Schlereth, 46	CA	20:46:34	1996	
48	Ian Torrence, 26	NV	20:52:21	1998	
49	Juan Herrera, 28	MEX	20:52:29	1997	
50	Madero Herrera, 25	AZ	20:54:45	1996	
51	Patrik Gunnarsson, 33	CA	20:57:53	1998	
52	Jeff Hines, 36	CA	20:59:04	1996	
53	Joe Schlereth, 42	CA	20:59:18	1992	
<b>21:00</b>					
54	Hal Koerner, 28	CO	20:59:24	2004	
55	Dale Capewell, 31	CA	21:04:30	1994	
56	Jussi Hamalainen, 42	CA	21:05:22	1988	
57	Hans Put, 37	NY	21:06:08	1998	
58	Al Val Verde, 40	CA	21:06:09	1998	
59	Guillermo Medina, 26	CA	21:13:05	2000	
60	Chip Parsons, 38	CA	21:13:05	1992	



Kevin Sawchuk &amp; Doug Spencer, finish line 1999.



Jussi Hamalainen, 2004-19 Finishes

Rank	Name	Home	Time	Year	Award
61	Stephen Harris, 34	CA	21:17:40	1988	
62	Douglas Spencer, 39	CA	21:17:53	1997	
63	Bill Finkbeiner, 36	CA	21:18:28	1992	
64	Jussi Hamalainen, 48	CA	21:19:46	1994	
65	Jack Slater, 42	CA	21:20:17	1989	
66	Jussi Hamalainen, 51	CA	21:20:55	1997	
67	Dean Karnazes, 41	CA	21:21:18	2003	
68	Fred Shufflebarger, 43	CA	21:24:01	1991	
69	Jonathan Worswick, 34	CA	21:27:32	1997	
70	Joe Schlereth, 39	CA	21:31:58	1989	
71	Dan Barger, 25	CA	21:35:20	1990	
72	Kurt Madden, 39	CA	21:35:53	1994	
73	Martimiano Cervantes, 46	CA	21:36:59	1998	
74	Joe Schlereth, 41	CA	21:37:27	1991	
75	Jack Slater, 41	CA	21:40:05	1988	
76	Stephen Harris, 40	CA	21:40:16	1994	
77	Adaberto Mendoza, 49	CA	21:41:18	2001	
78	Stephen Harris, 44	CA	21:42:46	1998	
79	Stephen Harris, 43	CA	21:43:04	1997	
80	Jack Slater, 43	CA	21:45:14	1990	
81	Ron Ehrhard, 28	CA	21:47:14	1998	
82	Stephen Harris, 38	CA	21:49:56	1992	
83	Jeff Hines, 35	CA	21:50:36	1995	
<b>84</b>	<b>Richard Provost, 40</b>	<b>CA</b>	<b>21:52:00</b>	<b>1986</b>	
85	Carlos Banderas, 48	CA	21:53:52	1998	
86	David Park, 38	CA	21:54:33	1994	
87	Adaberto Mendoza, 48	CA	21:55:35	2000	
88	Jussi Hamalainen, 50	CA	21:55:40	1996	
89	Dick Brainard, 44	MA	21:56:06	1989	
90	Dave Atlas, 33	MT	21:56:13	1992	
91	John-Mark Staude, 26	AZ	21:56:18	1991	
92	Jack Slater, 39	CA	21:59:00	1986	
<b>22:00</b>					
<b>93</b>	<b>Phill Kiddoo, 29</b>	<b>CA</b>	<b>22:00:00</b>	<b>2004</b>	
94	Evelyn Marshall, 37	CA	22:01:16	1995	
95	Lance Davis, 33	CA	22:03:10	1993	
96	Ignace Matthys, 32	BEL	22:05:26	1991	
97	Carlos Banderas, 50	CA	22:05:48	2000	
98	Joseph Franko, 45	CA	22:08:07	1991	
99	David Flynt, 39	CA	22:08:17	1995	
100	Douglas Spencer, 38	CA	22:08:53	1996	
101	Guillermo Medina, 27	CA	22:09:30	2001	
102	Derrick Carr, 39	VA	22:11:14	2000	
103	Tim Seminoff, 38	UT	22:12:07	1996	
104	Tom Cheese, 31	CA	22:12:56	1990	
105	Ben Hian, 24	CA	22:14:00	1993	
106	Andy Jones-Wilkins, 33	AZ	22:15:36	2000	
107	Joseph Kulak, 35	CO	22:16:12	2003	
108	Jeff Hines, 40	CA	22:16:49	2000	
109	Joseph Franko, 44	CA	22:17:51	1990	
110	Lou Pais, 50	CDN	22:18:21	1992	
111	Cirildo Gonzalez, 44	MEX	22:20:05	1998	
112	Heikki Ingstrom, 34	UT	22:21:03	1992	
113	Marshall Ulrich, 38	CO	22:22:14	1989	
114	David Balsley, 42	NY	22:22:35	1989	
115	Kevin Sawchuk, 34	CA	22:23:53	1999	
116	David Park, 39	CA	22:24:51	1995	
117	Douglas Spencer, 41	CA	22:25:25	1999	
118	Donald Caldwell, 45	CA	22:27:50	1989	
119	Mark Marcelli, 42	CA	22:29:18	2001	

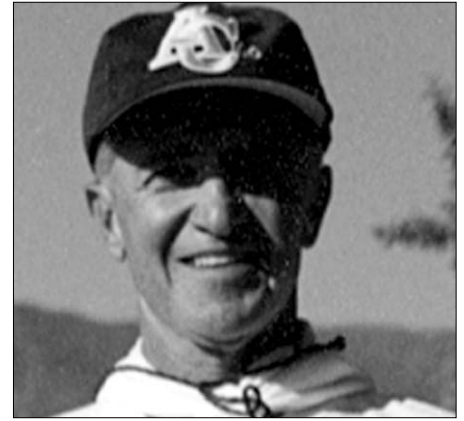
Rank	Name	Home	Time	Year	Award
120	Dennis Huffman, 45	CA	22:29:28	1994	
121	Dana Taylor, 33	CA	22:29:28	1994	
122	Martyn Greaves,	GB	22:30:20	1987	
123	Alfred Bogenhuber, 48	CA	22:31:05	1988	
124	Bruce Hoff, 32	CA	22:31:17	1995	
125	Craig Thornley, 39	OR	22:31:18	2003	
126	John Demorest, 38	CA	22:31:54	1989	
127	Jussi Hamalainen, 52	CA	22:33:46	1998	
128	Kathy Britcliffe, 34	CA	22:36:57	1989	
129	David Flynt, 38	CA	22:39:30	1994	
130	Sherry Kae Johns, 40	AZ	22:39:35	1995	
131	Scott Mills, 48	VA	22:40:59	1999	
132	Patrik Gunnarsson, 32	CA	22:42:05	1997	
133	Stephen Harris, 42	CA	22:43:41	1996	
134	Wayne McGilvery, 31	CA	22:44:26	1999	
135	Carlos Banderas, 47	CA	22:45:05	1997	
136	Joe Schlereth, 40	CA	22:46:19	1990	
137	Guillermo Medina, 25	CA	22:47:35	1999	
138	Angel Perez, 32	CA	22:48:18	2003	
139	Micah White, 38	CA	22:48:24	2001	
140	Jussi Hamalainen, 40	CA	22:49:00	1986	
141	Rolly Portelance, 47	CA	22:49:06	1990	
142	Dennis Huffman, 42	CA	22:49:56	1991	
143	Blake Wood, 37	NM	22:50:38	1995	
144	John Cave, 32	WA	22:51:55	1992	
145	Scott McKenzie, 40	CA	22:53:48	1995	
146	Gabriel Flores, 32	CA	22:53:59	1998	
147	Tom Winter, 45	CA	22:54:40	1994	
148	Kirk Apt, 33	CO	22:55:34	1995	
149	Jussi Hamalainen, 55	CA	22:56:24	2001	
150	Pat Whyte, 41	CA	22:57:07	1989	
151	William Ramsey, 44	CA	22:57:14	1997	
152	Carlos Banderas, 43	CA	22:59:25	1994	
<b>23:00</b>					
153	Ralph West,	CA	23:02:04	1987	
154	Monte Mackey, 45	CA	23:03:18	2001	
155	Marc Gallardo, 31	CA	23:05:46	1996	
156	Carlos Banderas, 45	CA	23:06:42	1995	
157	Ernesto Henriquez, 39	CA	23:06:42	1995	
158	Adaberto Mendoza, 51	CA	23:07:18	2003	
159	Dan Barger, 23	CA	23:07:31	1988	
160	Chris Christensen, 35	CA	23:07:48	1992	
161	Suzanne Brana, 41	CA	23:08:47	1999	
162	John Peach, 30	WA	23:10:30	2003	
163	Shawn McDonald, 29	CA	23:10:42	1995	
164	Bill Carlson, 32	CA	23:12:17	1992	
165	Bill Kee, 40	CA	23:12:24	1997	
166	Mark Marcelli, 36	CA	23:13:18	1995	
167	Don Redmond, 22	CA	23:14:11	1990	
168	Dan Williams, 52	CA	23:14:30	2001	
169	Chris Cole, 23	CA	23:17:00	1986	
170	Ken Gregorich, 42	CA	23:17:06	2001	
<b>171</b>	<b>Sherry Kae Johns, 42</b>	<b>NM</b>	<b>23:18:00</b>	<b>1997</b>	
172	Jay Grobeson, 38	CA	23:18:09	1999	
173	David Lygre, 47	WA	23:18:36	1989	
174	Joe Franiak, 30	CA	23:18:49	1991	
175	Rob McNair, 45	CA	23:19:07	2000	
176	Scott McKenzie, 41	CA	23:20:37	1996	
177	Tom Sloan, 41	CA	23:21:08	1989	
178	Phil Penna, 42	CA	23:21:26	1990	



Scott Jurek, 1999



Sherry Kae Johns, 1997



Denis Trafecanty, 1997

Rank	Name	Home	Time	Year	Award	Rank	Name	Home	Time	Year	Award
179	Kent Crites, 37	CA	23:22:58	1988		239	Jamie Williams, 45	CA	23:51:57	1994	
180	Michael Gregg, 28	CA	23:23:00	1986		240	Whit Rambach, 36	CA	23:52:00	2003	
181	Thomas Winter, 42	CA	23:23:09	1990		241	Micah White, 37	CA	23:52:09	2000	
182	Bill Kee, 38	CA	23:24:12	1995		242	Gordon Hardman, 38	CO	23:53:00	1989	
183	Al Val Verde, 42	CA	23:24:32	2000		243	Jack Slater, 45	CA	23:53:18	1992	
184	Peter Gagarin, 44	MA	23:25:11	1989		244	Larry Harlan, 37	CA	23:53:44	1996	
185	Rob McNair, 44	CA	23:26:11	1998		245	Wendell Robison, 38	WY	23:54:00	1990	
186	Ray Bell, 44	FL	23:27:27	1988		246	Jack Slater, 40	CA	23:54:25	1987	
187	Jussi Hamalainen, 54	FIN	23:27:46	2000		247	Jeff Pecsar, 38	CA	23:55:15	1988	
188	Alex Feldman, 40	ID	23:28:07	1997		248	Francisco Fabian, 50	CA	23:55:24	2001	
189	Gary Johnson, 38	CA	23:28:09	1991		249	Garry Curry, 33	CA	23:55:25	1987	
<b>190</b>	<b>Jennifer Johnston, 34</b>	<b>CA</b>	<b>23:28:43</b>	<b>1998</b>		<b>24:00</b>					
191	Willis McCarthy, 35	CA	23:29:01	1990		250	Robert Prado, 34	CA	24:01:16	1988	
192	Stu Sherman, 49	CA	23:29:18	2004		251	John Bandur, 48	WA	24:04:00	1986	
193	Danny Westergaard, 31	CA	23:29:32	1990		252	Stephen Harris, 45	CA	24:06:47	1999	
194	Jeff Thompson, 39	CA	23:29:54	1990		253	Caz Scislowicz, 51	CA	24:12:07	2000	
195	Ian Maddieson, 44	CA	23:30:05	1986		254	Jay Grobeson, 43	CA	24:20:00	2004	
196	Wendell Robison, 37	WY	23:30:34	1989		255	Kellen Betts, 22	CA	24:28:06	2004	
197	Jay Grobeson, 36	CA	23:30:43	1997		<b>256</b>	<b>Jennifer Henderson, 37</b>	<b>CA</b>	<b>24:28:27</b>	<b>1996</b>	
198	Jussi Hamalainen, 53	CA	23:32:52	1999		257	Martin Ramirez, 34	AZ	24:28:27	1996	
199	Scott Mills, 44	VA	23:33:07	1995		258	Adaberto Mendoza, 47	CA	24:30:01	1998	
200	Dana Miller, 42	UT	23:33:24	1993		259	Edith Bogenhuber, 47	CA	24:31:04	1991	
201	Duke Bartoo, 47	CA	23:34:02	1999		260	Gene Thibeault, 49	CA	24:32:14	1995	
202	John Robinson, 34	OR	23:34:46	2000		261	Jennifer Johnston, 40	CA	24:32:24	2004	
203	Nate McDowell, 28	OR	23:35:29	2000		262	Vince Pedroia, 52	CA	24:34:09	1999	
204	Larry Goodman, 33	CA	23:35:48	1990		263	Bill Kee, 42	CA	24:34:17	1999	
205	Blake Wood, 38	NM	23:36:16	1996		264	Derrick Carr, 38	VA	24:34:34	1999	
<b>206</b>	<b>Susan Gimbel, 43</b>	<b>CA</b>	<b>23:37:05</b>	<b>1990</b>		265	Rafael Arceo, 35	CA	24:37:18	2003	
207	Denis Trafecanty, 53	CA	23:37:09	1996		266	Vince Pedroia, 52	CA	24:37:32	1998	
208	Bruce Hoff, 29	CA	23:37:15	1992		<b>267</b>	<b>Diana Finkel, 31</b>	<b>CO</b>	<b>24:39:06</b>	<b>2003</b>	
209	Walter Allison, 35	CA	23:38:34	1990		268	Jorge Pacheco, 32	CA	24:39:39	2000	
210	Willis McCarthy, 42	CA	23:39:19	1997		269	David Flynt, 38	CA	24:40:48	1993	
<b>211</b>	<b>Eveyn Marshall, 36</b>	<b>CA</b>	<b>23:39:37</b>	<b>1994</b>		270	Vincent Balch, 41	CA	24:42:02	1997	
212	Tom Nielsen, 35	CA	23:39:37	1994		271	Dale Sutton, 47	CA	24:44:30	1987	
213	Caesar Cepeda, 37	CA	23:39:41	2000		272	George Beech, 41	CO	24:50:02	1991	
214	Richard Hillestad, 44	CA	23:41:00	1986		273	Gary Hilliard, 49	CA	24:50:16	2004	
215	Ian Torrence, 31	NV	23:41:12	2004		274	Denis Trafecanty, 54	CA	24:52:48	1997	
216	Kaname Sakurai, 34	JPN	23:41:16	1998		275	Vince Pedroia, 54	CA	24:52:59	2000	
217	Kevin Lee, 32	CA	23:41:40	1996		276	Marc Gallardo, 32	CA	24:53:52	1997	
218	Thomas Green, 42	MD	23:43:46	1992		277	Jussi Hamalainen, 58	CA	24:55:06	2004	
219	Barry Condron, 30	CA	23:44:35	1994		278	Monte Mackey, 41	CA	24:55:57	1997	
220	Shawn McDonald, 32	CA	23:44:55	1998		279	Nick Bassett, 50	WY	24:56:49	1995	
221	David Adams, 41	WY	23:45:10	1993		280	Wayne Gibbons, 31	CA	24:58:07	1990	
222	Bernard Coudurier, 44	CA	23:45:47	1996		281	Tom Sloan, 40	CA	24:58:26	1988	
223	Hollis Lenderking, 40	CA	23:46:46	1990		282	Greg Pirkl, 32	HI	24:59:14	2000	
<b>224</b>	<b>Vicki DeVita, 38</b>	<b>CA</b>	<b>23:46:56</b>	<b>1991</b>		283	Jeff Huff, 38	HI	24:59:15	2000	
225	Michael Modzelewski, 36	CA	23:47:20	1989		284	Edward Boggess, 39	CO	24:59:58	1997	
226	Scott Modzelewski, 27	AZ	23:47:20	1989		<b>25:00</b>					
227	John Cave, 31	CA	23:47:30	1991		285	Perry Petschar, 41	CA	25:00:55	1995	
228	John Demorest, 42	CA	23:47:32	1993		286	Rob McNair, 43	CA	25:02:18	1997	
229	Mike Fiorito, 29	NC	23:48:35	1996		287	Ed Masters, 37	UT	25:04:41	1989	
230	Scott McKenzie, 39	CA	23:49:52	1994		288	Elaina McMahon, 39	CA	25:05:33	1996	
231	Larry Gassan, 41	CA	23:50:04	1996		289	Martha Swatt, 33	WY	25:06:00	1995	
232	Herb Tanzer, 38	CA	23:51:02	1990		290	Dan Barger, 29	CA	25:06:08	1994	
233	Louis Paciello, 34	AZ	23:51:19	2000		291	Jeff Arndt, 48	AK	25:06:30	2001	
234	Devyn Reinstein, 34	CA	23:51:25	1990		292	Thomas Winter, 39	CA	25:08:37	1987	
235	Jack Slater, 44	CA	23:51:26	1991		293	Monte Mackey, 35	CA	25:08:54	1991	
236	Noel Hanna, 31	IRE	23:51:29	1998		294	Bernard Coudurier, 45	CA	25:10:38	1997	
237	Stewart Duffield, 36	WA	23:51:42	1991		<b>295</b>	<b>Jennifer Johnston, 36</b>	<b>MI</b>	<b>25:11:24</b>	<b>2000</b>	
238	Jennifer Johnston, 35	CA	23:51:57	1999		296	Peter Palmer, 44	CT	25:14:18	1997	





Ben Hian, 1994



Evelyn Marshall, 1993



Suzanne Brana, 1999

Rank	Name	Home	Time	Year	Award
297	Vince Pedroia, 51	CA	25:14:36	1997	
<b>298</b>	<b>Evelyn Marshall, 35</b>	<b>CA</b>	<b>25:15:09</b>	<b>1993</b>	
299	Donald Tucker, 32	UT	25:16:14	1989	
300	Walter Morrison, 52	CA	25:16:54	1990	
301	Troy Limb, 43	CA	25:18:18	2004	
302	Peter Gagarin, 41	MA	25:19:00	1986	
303	Jeff Arndt, 51	AK	25:20:24	2004	
304	Robert Volkenand, 57	OR	25:21:16	1988	
305	Mike Malinin, 36	CA	25:22:06	2004	
306	Jennifer Johnston, 37	CA	25:23:36	2001	
307	Edith Bogenhuber, 46	CA	25:23:37	1990	
308	Barry Condron, 30	CA	25:23:42	1993	
309	William Ramsey, 43	CA	25:26:11	1996	
310	Patrick Stewart, 35	CA	25:31:03	1997	
311	Dennis Huffman, 44	CA	25:31:56	1993	
312	Jay Grobeson, 34	CA	25:32:46	1995	
313	David Capron, 53	CA	25:33:47	1998	
314	Larry Vandenburg, 46	WA	25:34:42	2000	
315	Jeff Arndt, 47	AK	25:34:51	2000	
316	Mike Trevino, 25	CA	25:36:37	2000	
317	Jay Grobeson, 35	CA	25:37:25	1996	
318	William Stenzel, 26	CA	25:37:31	2000	
319	Jay Grobeson, 37	CA	25:38:51	1998	
320	Tracy Bahr, 31	OR	25:41:12	2003	
321	Mark "PineNut" Kiner, 30	CA	25:41:12	2004	
322	Curt Ringstad, 41	OR	25:42:36	1993	
323	Brandon Sybrowsky, 22	UT	25:44:42	1993	
324	Nancy Tinker, 40	CA	25:44:48	1991	
325	Juan Herrera, 32	MEX	25:45:26	2000	
326	Raymond Villeneuve, 38	CDN	25:52:30	1992	
327	Jana Gustman, 34	CA	25:55:24	2001	
328	Steve Harvey, 44	CA	25:55:31	1988	
329	Jeff Huff, 37	HI	25:56:47	1999	
330	Stephen Harris, 47	CA	25:57:06	2001	
331	Jay Grobeson, 40	CA	25:57:18	2001	
332	Terry Crawford, 42	CA	25:57:25	1990	
333	Al Val Verde, 39	CA	25:58:11	1997	
334	Denis Trafecanty, 58	CA	25:58:18	2001	
<b>26:00</b>					
335	Tim Ball, 32	CA	26:02:04	1991	
336	John Bandur, 51	WA	26:03:20	1989	
337	Rene Casteran, 42	OR	26:03:20	1989	
338	Jussi Hamalainen, 56	CA	26:04:12	2003	
339	Linda Elam, 45	CA	26:04:16	1991	
340	akabill Molmen, 54	HI	26:04:42	1998	
341	Ronda Sundermeier, 37	OR	26:06:12	2004	
342	Tony Ostrom, 45	CA	26:07:56	2000	
343	Gary Ritchie, 58	CA	26:08:18	1998	
344	David Daly, 40	CA	26:08:30	2001	
345	Ted Winters, 48	CA	26:09:00	1986	
346	Deborah Askew, 41	CA	26:09:15	1999	
347	Jean-Paul Mazaud, 43	CA	26:13:02	1995	
348	akabill Molmen, 56	HI	26:14:24	2000	
349	Garry Curry, 42	CO	26:14:50	1996	
350	Jay Grobeson, 33	CA	26:15:33	1994	
351	Dave Robinson, 34	CA	26:16:19	1996	
352	Bernard Coudurier, 43	CA	26:16:33	1995	
353	Nancy Tinker, 42	CA	26:17:59	1993	
354	Edward Boggess, 41	CO	26:21:52	1999	

Rank	Name	Home	Time	Year	Award
355	Phil Galdi, 36	CA	26:23:00	1986	
356	Nick Bassett, 52	WY	26:23:10	1997	
357	Wally Hesseltine, 60	CA	26:23:24	2003	
358	Richard Gates, 35	UT	26:24:18	1992	
359	Rafael Arceo, 33	CA	26:24:30	2001	
360	Jack Nosco, 30	CA	26:25:04	1992	
361	Garry Curry, 35	CA	26:25:20	1989	
362	Elaina McMahon, 38	CA	26:25:54	1995	
363	Dale Sutton, 46	CA	26:27:00	1986	
364	Francisco Fabian, 48	CA	26:28:38	1999	
365	Edward Lujan, 51	CA	26:30:09	1989	
366	Jeff Hagen, 46	CA	26:30:33	1993	
367	Kathy Britcliffe, 33	CA	26:30:55	1988	
368	Kent Crites, 43	CA	26:31:13	1994	
369	Russell Moore, 49	CA	26:33:13	1988	
370	Gabriel Flores, 28	CA	26:33:38	1994	
371	Vince Pedroia, 48	CA	26:33:41	1994	
372	Jack Nosco, 33	CA	26:33:51	1995	
373	Wally Hesseltine, 61	CA	26:34:30	2004	
374	Jeffrey Robbins, 46	CA	26:34:57	1998	
375	Larry Webster, 56	WA	26:35:55	1989	
376	Barbara Frye-Krier, 47	FL	26:38:06	2001	
377	Bobby Keogh, 57	NM	26:38:06	2001	
378	Leslie Vitale, 42	CA	26:39:08	1995	
379	Jimmy Fullerton, 50	CA	26:40:23	2004	
380	Diane Ridgeway, 47	CO	26:40:35	1996	
381	Moe Beaulieu, 46	CA	26:40:46	1990	
382	Bill Lee, 40	CO	26:41:50	1989	
383	Jay Anderson, 48	CA	26:42:12	2004	
384	Milan Furin, 45	SVK	26:42:22	1995	
385	Paul Ralyea, 37	VA	26:42:33	2004	
386	Jerry Blinn, 42	CA	26:43:27	1989	
387	Duke Bartoo, 45	CA	26:43:41	1997	
388	Joseph Franko, 46	CA	26:44:34	1992	
389	Denis Trafecanty, 60	CA	26:45:12	2003	
390	Gary Henslee, 45	CA	26:45:17	1996	
391	Francisco Fabian, 49	CA	26:45:27	2000	
392	Jim Musselman, 39	GA	26:46:29	1999	
393	William Ramsey, 48	CA	26:46:29	1999	
394	Byron Melendy, 47	CA	26:46:30	1990	
395	Larry Castano, 37	CA	26:46:52	1990	
396	Jack Slater, 46	CA	26:47:30	1993	
397	Steve Harvey, 42	CA	26:48:00	1986	
398	Bob Ulloa, 47	CA	26:48:33	1996	
399	Stephen Harris, 46	CA	26:48:40	2000	
400	Pamela Reed, 34	AZ	26:49:48	1995	
401	Rob Byrne, 43	CA	26:54:06	2001	
402	Dan Williams, 54	CA	26:54:18	2003	
403	Fred Vance, 43	CA	26:54:20	1995	
404	Jim Good, 46	CA	26:55:06	2004	
405	Jack Slater, 47	CA	26:55:46	1994	
406	David Capron, 52	CA	26:56:13	1997	
407	Joseph Franko, 47	CA	26:56:38	1993	
408	Byron Melendy, 53	CA	26:56:41	1994	
409	Randy Calvert, 44	NV	26:58:38	1997	
410	Willis McCarthy, 33	CA	26:59:31	1988	
<b>27:00</b>					
411	Dean Dobberteen, 24	CA	27:00:47	1999	
412	Lance Goss, 45	CA	27:01:10	1990	





Joanne Urioste, 1995 Rhino Award



Hans Put, 1998 Horse Award



Cirildo Gonzalez, 1998 Ram

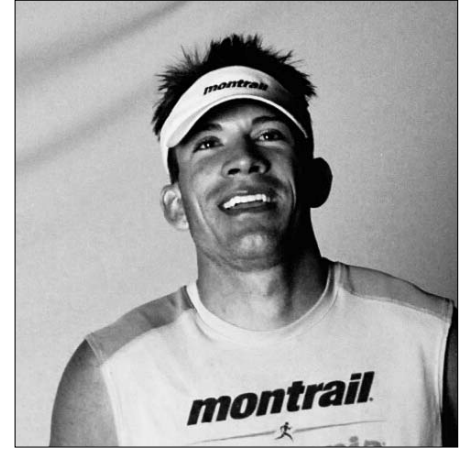
Rank	Name	Home	Time	Year	Award	Rank	Name	Home	Time	Year	Award
530	Garry Curry, 37	CO	28:05:05	1991		589	Matt Palocsay, 23	CA	28:30:19	2000	
531	Robert Pike,	CA	28:05:47	1987		590	Richard Tufts, 43	CA	28:30:24	1987	
532	Wendell Doman, 44	CA	28:06:06	2003		591	Howard Cohen, 42	CA	28:31:02	2000	
533	Hal Chiasson, 61	CA	28:06:18	2004		592	Diane Eastman, 45	CA	28:31:04	1987	
534	Whit Rambach, 31	CA	28:06:34	1998		593	Eric Kajiwara, 49	CA	28:31:13	1996	
535	Joanne Urioste, 46	NV	28:06:51	1994		594	Lee Freeman, 48	CA	28:32:02	1991	
536	Stephen Fukumoto, 38	CA	28:07:01	1988		595	Jose Wilkie, 33	KY	28:33:20	1996	
537	Ken Macleod, 41	CDN	28:07:41	1992		596	Carl Jess, 41	NM	28:33:21	2000	
538	Milt Scholl, 32	OR	28:08:05	1989		597	Richard Buck, 42	CA	28:33:43	1988	
539	William Ramsey, 50	CA	28:08:30	2003		598	William Ramsey, 45	CA	28:34:43	1998	
540	Lee Kern, 36	MT	28:09:07	1993		599	Pete Sercel, 25	CA	28:34:55	1991	
541	Paul Schmidt, 41	CA	28:09:08	1993		600	Dave Olney, 46	CA	28:34:57	1988	
542	Lou Martin, 39	CA	28:09:33	1991		601	Phil Royalty, 27	NV	28:35:19	1996	
543	Loren Fitzwater, 40	CA	28:09:40	1995		602	Denny Hagele, 44	CA	28:36:37	1988	
544	Seth Roberts, 44	MA	28:10:20	1996		603	Nancy March, 47	CA	28:37:12	1994	
545	Gary Wang, 27	CA	28:10:20	1995		604	Wendell Robison, 42	WY	28:37:12	1994	
546	Hiroe Sakurai, 35	JPN	28:10:37	2000		605	Jeff Thompson, 38	CA	28:38:08	1989	
547	Paul Akiyama, 51	NV	28:10:56	1995		606	Hal Chiasson, 60	CA	28:38:30	2003	
548	Maureen McGrath, 36	CA	28:11:31	1998		607	Larry Fambrough, 52	CA	28:38:52	1997	
549	Eric Robinson, 28	CA	28:12:36	1996		608	Fred Vance, 44	CA	28:39:00	1996	
550	Milton Scholl, 40	OR	28:13:04	1997		609	John Radich, 35	CA	28:39:31	1988	
551	Elaina McMahon, 36	CA	28:13:58	1993		610	Paul Rork, 45	CA	28:40:54	1992	
552	Jack Murray, 43	CA	28:14:18	2004		611	Jack Perrodin, 59	CA	28:41:08	1988	
553	Doug Woods, 45	CA	28:14:30	1989		612	Richard Adams, 52	CA	28:41:57	1995	
554	Eric Hodges, 49	CA	28:14:52	1998		613	Lorraine Gersitz, 37	CA	28:42:22	1991	
555	Hal Chiasson, 55	CA	28:17:00	1998		614	Mark Hartinger, 42	WA	28:42:47	1999	
556	Danny Westergaard, 45	CA	28:17:18	2004		615	Maureen McGrath, 31	CA	28:45:18	1993	
557	Christine Gibbons, 33	NJ	28:17:25	1995		616	Rick Kelley, 49	AZ	28:45:54	1999	
558	Wayne Gibbons, 36	NJ	28:17:25	1995		617	Joseph Franko, 43	CA	28:46:35	1989	
559	Joe Livak, 51	NV	28:17:42	1992		618	Mike Palmer, 43	CA	28:46:39	1996	
560	Jeffery LaMora, 26	UT	28:17:57	1999		619	Joe Magruder, 46	CA	28:46:43	1992	
561	Steve McRae, 41	CA	28:18:13	1992		620	Duke Bartoo, 44	CA	28:48:26	1996	
562	Eric Dinger, 30	AZ	28:18:18	2004		621	Jeff Bender, 31	CA	28:48:35	1993	
563	Kent Holder, 49	CA	28:18:36	1988		622	Michael Soltesz, 41	CA	28:48:40	1997	
564	Hal Chiasson, 57	CA	28:19:00	2000		623	Hans-Dieter Weisshaar, 59	GER	28:48:55	1999	
565	Lisa Conover, 43	WI	28:20:12	2001		624	Mick Donoff, 52	CD	28:48:56	1996	
566	Jeff Pettigrew, 42	CA	28:20:24	1996		625	Mario Flores, 41	CA	28:49:01	1991	
567	Chris Scott, 47	CA	28:20:24	1996		626	Josef Luptowicz, 46	CA	28:49:17	1990	
568	Dick Collins, 56	CA	28:21:18	1989		627	Robert Adjemian, 46	CA	28:49:28	1993	
569	Anne Langstaff, 36	CA	28:21:43	1997		628	Jeff Parker, 32	NV	28:49:33	1991	
570	Tonya Mauldin, 46	CA	28:22:54	1993		629	Fenton Cross, 53	CA	28:49:41	1997	
571	Jeff Bender, 32	CA	28:23:22	1994		630	Stephen Harris, 49	CA	28:50:00	2003	
572	Maggie Anderson, 43	NZ	28:23:27	1995		631	Lee Muchow, 46	CA	28:50:02	1986	
573	Jack Nosco, 38	CA	28:23:46	1990		632	Gary Zicker, 46	NV	28:50:02	1997	
574	Edith Bogenhuber, 48	CA	28:24:05	1992		633	Wendell Robison, 39	WY	28:51:24	1991	
575	Dick Collins, 57	CA	28:24:34	1990		634	Garry Curry, 41	CO	28:51:47	1995	
576	Catherine Mather, 42	CAN	28:25:00	2000		635	Bozena Maslanka, 30	CA	28:51:56	1997	
577	Fred Dimmick, 39	NY	28:25:23	1996		636	Garry Curry, 43	CO	28:52:12	1997	
578	Carlos Diaz, 45	CA	28:25:36	2001		637	Mario Flores, 40	CA	28:52:12	1990	
579	Eric Demazure, 44	FRA	28:26:24	2004		638	Bruce Mauldin, 46	CA	28:52:20	1994	
580	John Peacock, 55	NV	28:26:42	1993		639	Ray Hermanson, 45	CA	28:52:38	1988	
581	Burgess Harmer, 50	NV	28:26:45	1992		640	Ron Lowy, 43	CA	28:54:00	1986	
582	Richard Vander Stucken, 55	CA	28:27:23	1994		641	Todd Leigh, 48	CA	28:54:07	1990	
583	Barry Condron, 29	CA	28:27:47	1992		642	James Pepin, 37	CA	28:55:00	1986	
584	Frederico Fuentes, 34	MEX	28:28:12	2004		643	Janine Duplessis, 45	WA	28:55:16	1999	
585	Michael McDonald, 54	CA	28:28:25	1998		644	Charles Park, 49	CA	28:55:18	2003	
586	Leland Kern, 41	MT	28:28:45	1998		645	Eric Hodges, 48	CA	28:56:48	1997	
587	Fred Vance, 39	CO	28:28:47	1991		646	Greg Klein, 39	CA	28:57:05	1993	
588	Greg Pirkil, 33	HI	28:29:07	2001		647	James Rapp, 38	NV	28:57:34	1995	



Dixie Madsen, 1997



Dave Turner & pacer Erin Moran, 1994



Hal Koerner, 2004

Rank	Name	Home	Time	Year	Award
648	Dave Olney, 48	CA	28:59:06	1990	
649	Bert Meyer, 44	CT	28:59:11	1989	
650	Fred Zalokar, 29	NV	28:59:14	1989	
651	Ryochi Morita, 47	CA	28:59:21	1990	
652	Michael Andress, 43	CA	28:59:56	1989	
<b>29:00</b>					
653	Scott Parker, 39	AL	29:00:06	2003	
654	Jim U'Ren, 35	CA	29:00:22	1988	
655	Fenton Cross, 59	CA	29:01:06	2003	
656	William Ramsey, 42	CA	29:01:56	1995	
657	Doug McKeever, 46	WA	29:02:13	1993	
658	Jim Glinn, 47	CA	29:02:23	1991	
659	Ted Harlan, 28	CO	29:03:18	2004	
660	Garry Curry, 45	CO	29:03:19	1999	
661	Eric Kajiwara, 51	CA	29:03:22	1998	
662	Maria Calvert, 38	CA	29:04:27	1998	
663	Jeff Pettigrew, 32	CA	29:05:18	1995	
664	Dale Sutton, 56	CA	29:05:24	1995	
665	Barbara Ann Elia, 50	CA	29:06:14	1995	
666	Jeff Arndt, 46	AK	29:06:33	1999	
667	Robert Develice, 45	AK	29:06:33	1999	
668	Robert Robak, 47	CA	29:06:59	1999	
669	akabill Molman, 57	HI	29:07:00	2001	
670	Kristina Irvin, 40	CA	29:08:23	1998	
671	Garry Curry, 50	CO	29:09:24	2004	
672	Lee Schmidt, 55	CA	29:09:30	1994	
673	Stephanie Green, 35	CA	29:10:18	2004	
674	Robert Thomas, 37	CA	29:10:35	1993	
675	Perry Petschar, 40	CA	29:10:42	1994	
676	Bob Ulloa, 45	CA	29:10:42	1994	
677	Larry Gassan, 36	CA	29:10:44	1991	
678	Lisa Deaton, 43	CA	29:10:46	1996	
679	John Surdyk,	IL	29:10:51	1987	
680	Rick Kelley, 47	AZ	29:11:00	1997	
681	Ferdinand deSouza, 36	UT	29:11:11	1989	
682	Todd Zaayer, 26	CA	29:11:11	1988	
683	Jurgen Teichert, 32	GER	29:11:18	2000	
684	Michael Suter, 48	CA	29:11:44	1995	
685	Todd Leigh, 44	CA	29:12:00	1986	
686	Richard Lawrence, 35	CA	29:13:11	1997	
687	Kaoru Takahashi, 32	NY	29:13:13	1999	
688	Jack Murray, 42	CA	29:13:18	2003	
689	David Capron, 51	CA	29:14:03	1996	
690	Duke Bartoo, 46	CA	29:14:06	1998	
691	Scott Sullivan, 42	CA	29:14:12	2001	
692	Sheila Hasham, 44	CA	29:15:00	1986	
693	David Hardin, 31	CA	29:15:32	1997	
694	David Jones, 29	CA	29:15:33	1997	
695	Paul Akiyama, 50	NV	29:15:43	1994	
696	Burgess Harmer, 52	NV	29:16:50	1994	
697	Dixie Madsen, 60	CA	29:18:01	1997	
698	Stan Jensen, 46	CA	29:19:09	1999	
699	Fred Dimmick, 38	NY	29:19:19	1995	
700	Fenton Cross, 56	CA	29:19:27	2000	
701	Dick Tufts, 45	CA	29:19:35	1989	
702	Fernand Michaud, 54	NV	29:20:19	1997	
703	Lisa Conover, 46	WI	29:21:00	2004	
704	Michael Thomas, 35	CO	29:21:40	1997	
705	Tracy Thomas, 39	CA	29:21:57	2000	

Rank	Name	Home	Time	Year	Award
706	Karyn Kroljic, 33	CA	29:22:00	1992	
707	Wendell Robison, 40	WY	29:22:00	1992	
708	Ronni Ross-Wilde, 36	CA	29:23:58	1996	
709	Bob Givens, 45	TX	29:24:33	1989	
710	Scott Willis, 33	CA	29:24:38	1995	
711	Gary Ritchie, 54	CA	29:25:10	1994	
712	George Velasco, 43	CA	29:25:52	1996	
713	Don Williams, 34	AZ	29:26:26	1999	
714	Cindie Grunt, 44	OR	29:27:15	1994	
715	Bud Phillips, 49	CO	29:28:16	1996	
716	Michael Thomas, 33	CO	29:28:54	1995	
717	Steve Kohler,	CA	29:29:12	1987	
718	Ray Hermanson, 47	CAN	29:29:13	1990	
719	Jim Whaley, 41	CA	29:30:10	1988	
720	Terry Cammack, 45	CA	29:30:16	1991	
721	Blakely Hume, 24	NV	29:30:27	1998	
722	Richard Greenbauer, 37	CA	29:30:30	2004	
723	Josef Luptowitz, 48	CA	29:30:30	1991	
724	William Ramsey, 51	CA	29:30:30	2004	
725	Vince Pedroia, 50	CA	29:31:10	1996	
726	Paul Walczak, 40	NC	29:31:10	1996	
727	Sabin Snow, 48	AZ	29:31:34	1990	
728	Doug Taylor, 47	NJ	29:31:34	1990	
729	Phil Royalty, 23	CA	29:31:36	1992	
730	Ken Greco, 34	AZ	29:32:12	2001	
731	Garry Curry, 39	CO	29:33:15	1993	
732	Ed Humphrey,	CA	29:33:35	1987	
733	Gary Rutteneberg, 39	CA	29:33:35	1987	
734	Paul Akiyama, 49	CA	29:33:42	1993	
735	Ivan Buzik, 55	CA	29:34:17	1999	
736	Danny Westergaard, 36	CA	29:35:17	1995	
737	Sharlene Cadwallader, 50	CA	29:35:19	1999	
738	Paul Schmidt, 39	CA	29:35:25	1991	
739	Jeff Stevenson, 50	CA	29:35:45	1996	
740	Richard Hayes, 50	CA	29:36:18	2001	
741	Richard Lawrence, 33	CA	29:36:42	1995	
742	John Quinn, 35	CA	29:37:01	1996	
743	Richard Bellante, 36	CA	29:37:17	1988	
744	Rose Ehman, 34	CA	29:37:26	1993	
745	Marc Sager, 43	CA	29:37:35	1996	
746	Glen Jaques, 47	BC	29:38:25	1989	
747	Dennis Coffee, 38	CA	29:39:00	1986	
748	Austin Weiss, 30	CO	29:39:04	1993	
749	Susan Baehre, 42	VA	29:39:18	2001	
750	Wendell Robison, 44	WY	29:39:27	1996	
751	Joanne Urioste, 44	NV	29:39:27	1996	
752	William Gilli, 32	AR	29:39:44	1989	
753	George Velasco, 41	CA	29:40:04	1994	
754	Richard Hayes, 48	CA	29:40:07	1999	
755	Mark Carter, 25	AZ	29:40:27	1999	
756	Phil Royalty, 21	CA	29:40:42	1990	
757	Bob Bachani, 48	AZ	29:41:06	2003	
758	Jay Grobeson, 32	CA	29:41:06	1993	
759	Andrew Salinger, 36	CA	29:41:06	2004	
760	Troy Limb, 42	CA	29:41:18	2003	
761	Mike Malinin, 33	CA	29:41:18	2001	
762	Jeffrey Johnson, 24	UT	29:41:44	1994	
763	Fernand Michaud, 53	NV	29:41:50	1996	
764	Gene Joseph, 46	AZ	29:42:34	1998	



Fred Shufftebarger &amp; Hal Winton, 1994



Bruce Hoff, 1995



Louis Paciello, 2000

Rank	Name	Home	Time	Year	Award
765	Norm Albert, 31	CA	29:42:53	1988	
766	Bill Dickey, 51	CA	29:43:03	1990	
767	Howie Stern, 33	CA	29:43:12	2003	
768	Scott Willis, 27	CA	29:43:16	1989	
769	Douglas Spencer, 36	CA	29:43:52	1994	
770	John Radich, 32	CA	29:44:00	1986	
771	Marc Sager, 41	CA	29:44:04	1994	
772	Dixie Madsen, 54	CA	29:44:20	1991	
773	Eric Kajiwara, 57	CA	29:46:00	2004	
774	Howie Stern, 31	CA	29:46:24	2001	
775	John Holmes, 55	FL	29:46:32	1997	
776	Jay Norman, 59	TX	29:46:32	1997	
777	Damon Roy Collier, 30	CA	29:47:00	1996	
778	Laura Spaeth, 28	CA	29:47:24	1990	
779	Ed Ayres, 48	CT	29:48:32	1990	
780	Bob Beach, 42	CA	29:49:00	1986	
781	Jerry Lile, 42	CA	29:49:06	2001	
782	Richard Senelly, 46	HI	29:49:16	1990	
783	Tom James, 51	CA	29:49:56	1995	
784	Glen Williams, 28	CA	29:50:37	1989	
785	Jack Perrodin, 61	CA	29:50:39	1990	
786	Ruben Cantu, 53	CA	29:50:55	1996	
787	Hap Arnold, 52	CA	29:51:00	1986	
788	Kathy Berry, 41	CA	29:51:24	1991	
789	Todd Leigh, 50	CA	29:51:25	1992	
790	Paul Akiyama, 53	NV	29:51:26	1997	
791	Douglas Wilde, 39	CA	29:51:56	1992	
792	Hans-Dieter Weisshaar, 60	GER	29:53:37	2000	
793	Phil Wright, 46	CA	29:54:19	1990	
794	Steven Patt, 55	CA	29:54:24	2004	
795	Jason Lakey, 28	CA	29:54:30	2003	
796	Steve McRae, 43	CA	29:54:42	1994	
797	Richard Tufts, 42	CA	29:55:00	1986	
798	Eb Englemann, 51	OR	29:55:08	1993	
799	Lee Schmidt, 53	CA	29:55:08	1992	
800	Robert Tuller, 35	NY	29:55:36	1999	
801	Karl Jensen, 51	CAN	29:55:52	2000	
802	Kevin Sayers, 41	MD	29:55:53	2000	
803	John Radich, 41	CA	29:55:58	1996	
804	Mark Olson, 50	CA	29:56:01	1997	
805	Michael Peralez, 34	CA	29:56:01	1997	
806	Norm Albert, 40	CA	29:56:36	1997	
807	Eric Robinson, 29	CA	29:57:04	1997	
808	Paul Schmidt, 38	CA	29:57:35	1990	
809	Gary Wright, 43	WA	29:57:37	1994	
810	Eric Edmunds,	CA	29:57:49	1987	
811	Jim Longwith, 52	CA	29:58:00	1998	
812	Elaina McMahon, 35	CA	29:58:05	1992	
813	Russ Gamble, 44	CA	29:58:08	1990	
814	Scott Diamond, 39	OR	29:59:04	2000	
815	Fenton Cross, 57	CA	29:59:06	2001	
816	Nick Klaich, 46	NV	29:59:24	1991	
817	Herb Tanimoto, 45	CA	29:59:34	1994	
<b>30:00</b>					
818	John Greer, 37	AZ	30:00:31	1996	
819	Thomas O'Neal, 42	CA	30:02:08	1987	
820	Mike Palmer, 44	CA	30:02:11	1997	
821	Ernie Baker, 49	CA	30:04:00	1986	
822	Joan Szarfinski, 53	CA	30:04:00	1992	

Rank	Name	Home	Time	Year	Award
823	John Canby, 22	CA	30:04:18	1996	
824	Clark Hall, 49	VA	30:04:30	1998	
825	Catra Corbett, 35	CA	30:06:03	2000	
826	Rick Cooper, 41	MT	30:06:42	1999	
827	Hartmut Rutzen, 59	GER	30:06:45	2000	
828	Mike Stephens, 45	CA	30:07:24	2003	
829	Cindie Grunt, 43	OR	30:07:53	1993	
830	Bill Antholine, 28	AZ	30:08:20	1997	
831	Lisa Conover, 40	WI	30:09:56	1998	
832	Jeff Pettigrew, 35	CA	30:09:56	1998	
833	Herman Cohen, 53	CA	30:09:59	1992	
834	Mark Olson, 48	CA	30:10:10	1995	
835	Roger Weingaertner, 50	CA	30:10:56	1997	
836	Rico Ramirez, 49	CA	30:12:21	1993	
837	Hal Winton, 61	CA	30:12:32	1992	
838	Phil Wright, 47	CA	30:13:33	1991	
839	Garry Curry, 36	CO	30:13:50	1990	
840	Conn Day, 31	CO	30:13:50	1990	
841	Winston Mitchell, 48	CA	30:14:46	1997	
842	Tommy Gallagher, 46	NV	30:15:00	2003	
843	Donald Werth, 47	CO	30:15:48	1989	
844	Darrell Holm, 38	CA	30:16:00	1999	
845	Keith Richards-Dinger, 21	CA	30:16:12	2003	
846	Karl Schick, 32	CA	30:16:46	1989	
847	Frank Pitts, 62	CA	30:16:54	1993	
848	Ron Cunningham, 50	OR	30:17:08	1998	
849	Jerry Bloom, 50	CA	30:17:12	2003	
850	John Marshall, 53	CA	30:17:20	1990	
851	Richard Gillespie, 50	CA	30:17:26	1996	
852	Mark Kahler, 37	CA	30:17:26	1996	
853	John Spykerman, 30	CA	30:17:41	1995	
854	Victoria Huffman, 37	CA	30:17:43	1990	
855	Jerry Bloom, 51	CA	30:18:30	2004	
856	Fenton Cross, 54	CA	30:18:59	1998	
857	Matthew Moore, 43	CA	30:19:30	1999	
858	Barry Fisher, 58	CA	30:20:06	2003	
859	James Hamilton, 54	CA	30:20:07	1997	
860	Richard Fisher, 48	NV	30:20:17	1997	
861	Ed Englemann, 51	OR	30:21:42	1993	
862	Dan Dempster, 48	CA	30:22:45	1995	
863	Wendell Robison, 41	WY	30:23:50	1993	
864	Bud Phillips, 48	CA	30:24:19	1995	
865	Stan Jensen, 42	CA	30:24:31	1995	
866	Fernand Michaud, 57	NV	30:24:36	2000	
867	Tom Gallagher, 43	NV	30:24:37	2000	
868	R. C. Pruitt, 42	CA	30:24:43	1994	
869	Will Uher, 53	CA	30:26:09	1999	
870	Gordon Hubbard, 53	CA	30:26:53	1989	
871	Mike Palmer, 45	CA	30:27:09	1998	
872	Scott Rozic, 27	CA	30:27:22	2000	
873	Dixie Madsen, 53	CA	30:28:00	1990	
874	Bozena Maslanka, 31	CA	30:28:01	1998	
875	Saralie Limer-Jigamian, 36	CA	30:28:26	1989	
876	Judy Palmer, 32	CA	30:28:26	1989	
877	Ferdinand deSouza, 35	UT	30:28:45	1988	
878	Peter Penland, 43	CA	30:28:50	1999	
879	Jose Wilkie, 36	KY	30:29:44	1999	
880	Dan Dempster, 47	CA	30:30:08	1994	
881	Bill Dickey, 53	CA	30:30:21	1992	

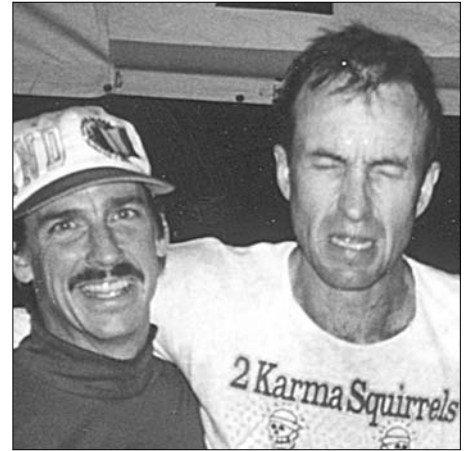




Lauren Cepeda, 1998



Elena Sherman, 1998



Jim O'Brien with Larry Gassan, 1996.

Rank	Name	Home	Time	Year	Award	Rank	Name	Home	Time	Year	Award
999	Renne Gardner, 38	CA	31:13:17	1996		1058	Jeffrey Tincher, 37	IN	31:28:12	1993	
1000	Hiromi Hatta, 35	JPN	31:13:17	1996		1059	Bruce Purdy, 36	MI	31:28:13	1993	
1001	Katsuyuki Hatta, 32	JPN	31:13:17	1996		1060	Rod Barnes, 43	CA	31:28:19	1991	
1002	Scott Sullivan, 40	CA	31:13:32	1999		1061	Philip Pierce, 53	MA	31:28:50	1994	
1003	Conrad Daniel, 52	CA	31:14:05	2000		1062	Todd Leatherwood, 32	TX	31:29:39	2000	
1004	Scott Parker, 37	AL	31:14:06	2001		1063	Vilma Mejia, 40	CA	31:30:05	1991	
1005	Bob Szekeresh, 46	CA	31:14:14	1993		1064	Robert Adjemian, 52	CA	31:30:08	1999	
1006	Marty Coffey, 41	CA	31:15:36	1991		1065	Bob Szekeresh, 50	CA	31:30:19	1997	
1007	Lou Peyton, 45	AR	31:15:36	1989		1066	Damon Collier, 31	AR	31:30:20	1997	
1008	Victoria DeVita, 47	CA	31:16:01	2000		1067	Mike Palmer, 48	CA	31:30:24	2001	
1009	Paul Stofko, 24	AZ	31:16:16	2000		1068	Charlie Chandonia, 56	TX	31:30:34	1997	
1010	Bozena Maslanka, 32	CA	31:17:12	1999		1069	Bert Meyer, 52	CT	31:30:59	1997	
1011	Floyd Whiting, 51	NV	31:17:13	1992		1070	Mona Gutierrez, 42	CA	31:31:06	2004	
1012	Richard Buck, 41	CA	31:17:21	1987		1071	Skip Bailey, 41	CA	31:31:08	1993	
1013	Joe Magruder, 55	CA	31:17:24	2001		1072	Mike Palmer, 49	CA	31:31:12	2003	
1014	Garry Curry, 44	CO	31:17:25	1998		1073	Mike Stephens, 41	CA	31:31:23	1999	
1015	Ed Demoney, 42	VA	31:17:25	1987		1074	Bill Sublett, 43	VA	31:31:24	2000	
1016	Gordon Hubbard, 52	CA	31:17:40	1991		1075	Damon Collier, 35	CA	31:31:30	2001	
1017	Thierry Poupard, 45	FRA	31:18:06	1999		1076	George Velasco, 45	CA	31:31:46	1998	
1018	Dan Harshburger, 44	CA	31:18:55	1991		1077	Bill Dickey, 49	CA	31:31:55	1988	
1019	William Gilli, 38	AR	31:19:03	1995		1078	Frank Pitts, 57	CA	31:32:00	1988	
1020	Shannon Lyons, 54	CA	31:20:20	1998		1079	Jeff Hagen, 45	CA	31:32:30	1992	
1021	Mike Palmer, 47	CA	31:20:39	2000		1080	Frederick Riemer, 45	UT	31:32:30	1992	
1022	Richard Lawrence, 32	CA	31:21:28	1994		1081	Michael Britt, 49	WA	31:32:52	2000	
1023	Kevin Lutz, 46	CA	31:21:36	2003		1082	Michael Britt, 49	WA	31:32:52	2000	
1024	Barbara Miller, 46	CA	31:21:55	1991		1083	Elena Sherman, 45	CA	31:33:50	1998	
1025	Dave Damas, 45	CA	31:22:00	1993		1084	Elena Sherman, 45	CA	31:33:50	1998	
1026	Bob Cox, 47	NV	31:22:03	1989		1085	Bob Ulloa, 52	CA	31:34:24	2001	
1027	Burgess Harmer, 47	NV	31:22:03	1989		1086	Duke Bartoo, 49	CA	31:34:30	2001	
1028	David Emmons, 39	CA	31:22:11	1996		1087	George Velasco, 42	CA	31:34:42	1995	
1029	Jason Hodde, 27	IN	31:22:19	1997		1088	David Harris, 45	CA	31:34:44	1998	
1030	Scott Sullivan, 44	CA	31:22:24	2003		1089	Mitchell Rossman,	MN	31:35:41	1999	
1031	Barbara Miller, 49	CA	31:23:15	1993		1090	Larry Kelly, 37	CA	31:35:46	1997	
1032	Janice O'Grady, 47	CA	31:23:28	1996		1091	Jeff Stevenson, 51	CA	31:36:01	1997	
1033	Henry Canales, 44	CA	31:23:31	1990		1092	Paul Walczak, 43	VA	31:36:39	1999	
1034	R. C. Pruitt, 38	CA	31:23:31	1990		1093	John Strom, 49	NY	31:36:55	1999	
1035	Jeanine Carlson, 46	MA	31:23:35	2000		1094	Stuart Gleman, 49	FL	31:37:15	1994	
1036	Robert Longwell, 57	CA	31:23:46	1996		1095	Curtis B. Davis, 38	CA	31:37:30	2003	
1037	Helen Klein, 66	CA	31:24:02	1989		1096	Catra Corbett, 36	CA	31:37:36	2001	
1038	George Durr, 45	CA	31:24:06	1991		1097	Scott Willis, 26	CA	31:38:07	1988	
1039	Robert Harris, 36	CA	31:24:12	2004		1098	Adrian Crane, 36	CA	31:38:24	1991	
1040	Mike Ehlerman, 34	AZ	31:24:26	1999		1099	Karen Powers, 45	WY	31:38:48	1995	
1041	Bill Harns, 50	CA	31:24:48	1996		1100	Gordon Hubbard, 51	CA	31:38:57	1990	
1042	Joe Magruder, 50	CA	31:24:48	1996		1101	Stan Zychowski, 52	CO	31:39:11	2000	
1043	Jay Anderson, 43	CA	31:24:50	1999		1102	Scott Parker, 36	AZ	31:39:22	2000	
1044	Stephen Simmons, 21	WV	31:24:55	1997		1103	Lorraine Sorensen, 53	CA	31:39:24	2003	
1045	Garry Curry, 49	CO	31:25:06	2003		1104	Terry Cammack, 43	CA	31:39:25	1989	
1046	Brent Speers, 45	CA	31:25:06	2003		1105	Mary Kathleen Barry, 40	CA	31:39:27	1998	
1047	Lee Freeman, 46	CA	31:25:21	1989		1106	Lee Jebian, 57	CA	31:39:39	1998	
1048	Patrick Peters, 51	CA	31:25:33	1996		1107	Albert Miller, 35	OR	31:39:42	1989	
1049	Robert Adjemian, 50	CA	31:26:03	1997		1108	Alan Nozaki, 35	HI	31:39:54	1990	
1050	Mike Hamilton, 41	WA	31:26:18	1994		1109	Fernand Michaud, 56	NV	31:40:18	1999	
1051	Howard Cohen, 43	CA	31:26:30	2001		1110	Kevin Cassidy, 33	AUS	31:40:29	1993	
1052	Scott Sullivan, 41	CA	31:26:49	2000		1111	Catra Corbett-McNeely, 38	CA	31:40:30	2003	
1053	Louise Elaine Comar, 47	CA	31:27:08	2000		1112	Bill Roeh, 49	CA	31:40:34	1994	
1054	Joan Risse, 46	CA	31:27:20	1995		1113	Kyong Martin, 49	CA	31:41:18	2004	
1055	Norm Albert, 42	CA	31:27:22	1999		1114	Larry Decker, 45	GA	31:41:24	1992	
1056	Blakely Hume, 22	CA	31:28:04	1996		1115	Barbara Ann Elia, 52	CA	31:41:29	1997	
1057	Douglas Spencer, 37	CA	31:28:04	1995		1116	Thomas Dill, 47	CA	31:41:41	1992	



Rafael Arcero, Shortcut Saddle, 2003



#64, Three Points, 2004



Ronda Sundermeier (r)& pacer, 2004

Rank	Name	Home	Time	Year	Award	Rank	Name	Home	Time	Year	Award
1117	Joey Ann Kimball, 22	CA	31:42:12	1999		1176	Ben Anella, 52	CA	31:59:16	1997	
1118	Mike Palmer, 45	CA	31:43:05	1999		1177	Ronda Sundermeier, 34	OR	31:59:36	2001	
1119	Terri Hayes, 47	NV	31:43:07	1990		1178	Vilma Mejia, 44	CA	31:59:50	1995	
1120	Steve Harvey, 49	CA	31:43:10	1993							
1121	Carrie Burroux, 26	CA	31:43:16	1995		<b>32:00</b>					
1122	Jess Heroux,	CDN	31:43:54	1992		1179	Gary Wright, 47	WA	32:00:03	1998	
1123	Bill Gebbie, 44	CA	31:44:06	1987		1180	Matthew Kavanaugh, 41	CA	32:00:15	1998	
1124	Manuel G. Garcia, 54	CA	31:44:12	2003		1181	Nadia Costa, 32	CA	32:00:24	2003	
1125	Terri Hayes, 48	NV	31:44:25	1991		1182	Wendy Young, 47	CA	32:00:24	2003	
1126	Sarah Spelt, 45	CA	31:44:30	2004		1183	John Eugster, 49	NV	32:00:59	1999	
1127	Jack Slater, 48	CA	31:44:58	1995		1184	Larry Davidson, 42	NV	32:01:10	1989	
1128	Tommy Gallagher, 47	NV	31:45:00	2004		1185	Stan Zychowski, 48	WY	32:01:17	1996	
1129	Marc Greenberg, 40	WA	31:45:00	1991		1186	Larry Hall, 49	IL	32:02:12	2003	
1130	Donald Matthias, 55	CA	31:45:05	1991		1187	John Strom, 45	NY	32:02:13	1987	
1131	Michael DeLaRosa, 44	CA	31:45:31	1991		1188	Saralie Liner-Jigamian, 35	CA	32:02:24	1987	
1132	Bill Mack, 40	CA	31:45:41	1993		1189	Glen Williams, 26	CA	32:02:24	1987	
1133	Tom Gallagher, 41	NV	31:45:50	1998		1190	Dan Bratches, 35	ME	32:03:24	2003	
1134	Frank Pitts, 59	CA	31:45:56	1990		1191	PJ Salmonson, 43	HI	32:03:53	1990	
1135	Robert Josephs, 42	CA	31:47:16	1997		1192	Stan Zychowski, 43	CA	32:04:04	1991	
1136	Mike Stephens, 43	CA	31:47:24	2001		1193	Caroline Spencer, 38	WI	32:04:15	2000	
1137	Bill Matella, 39	CA	31:47:52	1987		1194	Mark Wood, 44	WI	32:04:16	2000	
1138	Julia Bramer, 36	CA	31:48:05	2000		1195	Tracy Thomas, 38	CA	32:04:45	1999	
1139	Stan Zychowski, 46	CA	31:48:07	1994		1196	David Penny, 32	CA	32:05:04	1995	
1140	Marie Boyd, 47	CA	31:48:08	1995		1197	Mori Hannemann, 36	CA	32:05:12	2001	
1141	Charlie Murdach, 34	CA	31:48:30	2003		1198	Marli Cline, 32	CA	32:05:18	2001	
1142	David Jones, 51	CA	31:49:17	1999		1199	Phil Shattuck, 44	CA	32:06:02	1988	
1143	Russ Gamble, 41	CA	31:49:55	1991		1200	Scott Sullivan, 39	CA	32:06:10	1998	
1144	John Radich, 49	CA	31:50:00	2003		1201	Henry Canales, 46	CA	32:06:16	1988	
1145	Brad Holderman, 36	CA	31:50:02	1998		1202	H.E. Foster, 46	CA	32:06:16	1988	
1146	Todd Leigh, 58	CA	31:50:04	2000		1203	Frank Pitts, 63	CA	32:07:00	1994	
1147	Sarah Spelt, 41	CA	31:50:33	2000		1204	Robert Kellogg, 53	MN	32:07:09	1996	
1148	Gary Holloway, 35	ID	31:50:34	1997		1205	Loren Leonard, 62	CA	32:07:09	1991	
1149	Gary Miller, 60	CA	31:50:34	1997		1206	Kathy Maynard, 44	CA	32:07:09	1991	
1150	David Saine, 48	CA	31:50:34	1997		1207	Tom Weigt, 44	MN	32:07:09	1996	
1151	Raymond Solis, 41	CA	31:51:07	1997		1208	Stelan Schlett, 38	GER	32:08:14	2000	
1152	Scott Willis, 25	CA	31:52:07	1987		1209	Blakley Hume, 21	CA	32:08:29	1995	
1153	Allan Kaplan, 42	CA	31:52:12	1997		1210	Carl Yates, 64	CA	32:08:30	1991	
1154	Dick Collins, 58	CA	31:52:29	1991		1211	Eric Kajiwara, 56	CA	32:08:36	2003	
1155	Gary Waldsmith, 50	CA	31:52:29	1991		1212	James Hamilton, 53	CA	32:08:53	1996	
1156	Marc Greenberg, 36	WA	31:52:43	1987		1213	Bill Harns, 44	CA	32:09:14	1990	
1157	Rick Van Hoorne,	CA	31:52:43	1987		1214	Charlie Mercer, 33	CA	32:10:30	2003	
1158	Byron Melendy, 48	CA	31:53:04	1989		1215	Gordon Hubbard, 47	CA	32:11:00	1986	
1159	Tom Gallagher, 42	NV	31:53:15	1999		1216	Bob King, 44	CA	32:11:00	1986	
1160	Sam Voltaggio, 49	TX	31:53:25	2000		1217	Jack Nosco, 35	CA	32:11:09	1987	
1161	Rick Kelley, 51	AZ	31:53:35	2001		1218	Robert Tuller, 26	CA	32:11:55	1990	
1162	Robert Davidson, 34	AZ	31:53:41	1989		1219	Frederick Davis III, 52	OH	32:12:18	2000	
1163	Paul DiMarco, 45	TX	31:54:06	1999		1220	Stan Zychowski, 44	CA	32:12:35	1992	
1164	Phil Wright, 55	CA	31:54:10	1999		1221	David Turner, 30	CA	32:12:46	1991	
1165	Frank Pitts, 66	CA	31:54:16	1997		1222	Bill Andrews, 46	CA	32:13:11	1998	
1166	Claudia Newsome, 40	CA	31:54:25	1990		1223	Michael Vavrin, 24	CA	32:13:30	1997	
1167	Frank Pitts, 68	CA	31:54:29	1999		1224	Scott Sullivan, 45	CA	32:14:24	2004	
1168	Matt Palocsay, 22	CA	31:54:34	1999		1225	Wayne Kocher, 62	NV	32:14:27	1999	
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1170	William Maida, 37	CA	31:56:04	1988		1227	Gary Zicker, 45	NV	32:14:54	1996	
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1172	Brian Elliott, 42	CA	31:57:12	1995		1229	Randy Klassen, 48	CA	32:15:24	2001	
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1174	Booth Hartley, 45	CA	31:58:43	1987		1231	Marc Greenberg, 45	WA	32:15:37	1996	
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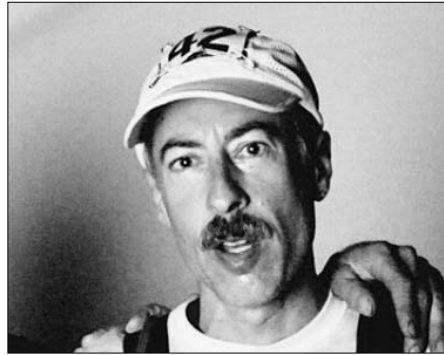
Duke Bartoo: 1st buckle in 7 finishes, 1999

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1234	Bob Norton, 53	CA	32:16:11	1991		1297	Dixie Madsen, 58	CA	32:34:21	1995	
1235	Eric Kajiwara, 52	CA	32:16:31	1999		1298	Bill Harns, 52	CA	32:34:23	1998	
1236	Rick Miller, 44	CA	32:16:31	1999		1299	Tony Jankowski, 44	CA	32:34:31	1997	
1237	Patricia Hall, 41	VA	32:17:02	1998		1300	Bonnelle Murphy, 49	CA	32:34:51	1997	
1238	Larry Mann, 37	CA	32:17:06	2001		1301	David Harris, 44	CA	32:35:00	1997	
1239	Steve McRae, 47	CA	32:17:20	1998		1302	John Rhodes, 55	NV	32:35:06	2003	
1240	Lora Zagnoli, 38	CA	32:18:23	2000		1303	Terry Rhodes, 47	NV	32:35:06	2003	
1241	Gary Wright, 41	WA	32:18:35	1992		1304	Gary Zicker, 40	NV	32:35:12	1991	
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1244	Lee Schmidt, 52	CA	32:19:43	1991		1307	Fred Holmes, 60	TX	32:36:46	1997	
1245	Tom Weigt, 48	MN	32:20:13	2000		1308	Joanie Mathieson, 45	CA	32:36:50	1991	
1246	Lou Bello, 37	MN	32:20:14	2000		1309	Jeffery Su, 41	CA	32:37:18	2004	
1247	Loren Leonard, 61	CA	32:20:26	1990		1310	Robert Adjemian, 57	CA	32:37:24	2004	
1248	Milo Lewis, 39	CA	32:20:33	1991		1311	John Squires, 41	CA	32:38:44	1987	
1249	Steve Cassell, 40	NV	32:20:59	1989		1312	Robin Hale, 40	CA	32:39:14	1992	
1250	J. R. Young, 44	CA	32:21:00	2003		1313	Raymond Villeneuve, 39	CDN	32:39:16	1993	
1251	Chuck Haraway, 44	CO	32:21:17	1992		1314	Mike Campbell, 40	CA	32:39:40	1994	
1252	Allan Kaplan, 41	CA	32:21:18	1996		1315	Joseph Franko, 42	CA	32:40:23	1988	
1253	Bertha Marineo, 52	CA	32:21:31	1998		1316	Suzi Clark, 41	CA	32:40:56	1988	
1254	Julia Bramer, 35	CA	32:22:02	1999		1317	Mike Palmer, 42	CA	32:41:30	1995	
1255	Thomas Murphy, 24	CA	32:22:06	1994		1318	Bill Matella, 41	CA	32:41:47	1989	
1256	Larry Decker, 44	GA	32:22:52	1991		1319	Allan Kaplan, 37	CA	32:41:48	1992	
1257	Rick Kelley, 48	AZ	32:22:56	1998		1320	George Velasco, 47	CA	32:42:03	2000	
1258	John Marshall, 52	CA	32:23:28	1989		1321	Tony Farinella, 50	CA	32:42:16	1991	
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1274	Gary Wright, 46	WA	32:27:34	1997		1337	Roy Warner, 31	CA	32:50:30	1990	
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DeVita, Victoria, 47	CA	31:16:01	2000
Diamond, Scott, 39	OR	29:59:04	2000
Diaz, Carlos, 45	CA	28:25:36	2001
Dickey, Bill, 49	CA	31:31:55	1988
Dickey, Bill, 51	CA	29:43:03	1990
Dickey, Bill, 53	CA	30:30:21	1992
Dike, Roger, 63	AK	30:47:48	1990
Dill, Thomas, 47	CA	31:41:41	1992
DiMarco, Paul, 45	TX	31:54:06	1999
Dimkich, Michael, 33	CA	27:42:12	2001
Dimmick, Fred, 38	NY	29:19:19	1995
Dimmick, Fred, 39	NY	28:25:23	1996
Dinger, Eric, 30	AZ	28:18:18	2004
Dobberteen, Dean, 24	AZ	27:00:47	1999
Dockstader, Damon, 23	TX	32:42:35	1991
Domann, Wendell, 44	CA	28:06:06	2003
Donoff, Mick, 52	CD	28:48:56	1996
Dorgan, Jason, 38	WI	30:44:36	2004
Draxler, Leon, 57	WA	32:45:54	1999 LGR6
Dudney, Gary, 44	CA	30:45:57	1997
Duplessis, Janine, 45	WA	28:55:16	1999 LGR6
Durr, George, 45	CA	31:24:06	1991
Duffield, Stewart, 36	WA	23:51:42	1991

<b>EF</b>			
Earnest, Frank, 53	CA	27:34:36	2004 LGR6, W4
Eastman, Diane, 45	CA	28:31:04	1987
Eckenwiler, Terry, 36	CA	32:15:11	1994
Edmunds, Eric, 42	CA	29:57:49	1987
Ehlerman, Mike, 34	AZ	31:24:26	1999
Elman, Rose, 34	CA	29:37:26	1993
Ehrhard, Ron, 28	CA	21:47:14	1998
Eidenschink, Chuck, 36	OR	27:27:45	1989
Elam, Linda, 45	CA	26:04:16	1991 W4
Elia, Barbara Ann, 50	CA	29:06:14	1995 Buffalo
Elia, Barbara Ann, 52	CA	31:41:29	1997 Buffalo
Elliott, Brian, 42	CA	31:57:12	1995
Emmons, David, 37	CA	32:15:31	1994
Emmons, David, 39	CA	31:22:11	1996
Englemann, Eb, 51	OR	29:55:08	1993
Englemann, Ed, 51	OR	30:21:42	1993
Escobar, Luis, 34	CA	27:06:29	1997
Essick, Tracie, 34	CA	32:35:49	1995
Eugster, John, 49	NV	32:00:59	1999
Fabian, Francisco, 48	CA	26:28:38	1999
Fabian, Francisco, 49	CA	26:45:27	2000
Fabian, Francisco, 50	CA	23:55:24	2001
Fambrough, Larry, 52	CA	28:38:52	1997
Farinella, Tony, 50	CA	32:42:16	1991
Feldman, Alex, 40	ID	23:28:07	1997
Finkbeiner, Bill, 36	CA	21:18:28	1992 W4
Finkel, Diana, 31	CO	24:39:06	2003 Ram
Fiorito, Mike, 29	NC	23:48:35	1996
Fisher, Barry, 58	CA	30:20:06	2003
Fisher, Richard, 47	NV	31:02:58	1996
Fisher, Richard, 48	NV	30:20:17	1997
Fitzwater, Loren, 40	CA	28:09:40	1995
Flores, Gabriel, 28	CA	26:33:38	1994
Flores, Gabriel, 29	CA	19:30:36	1995
Flores, Gabriel, 32	CA	22:53:59	1998
Flores, Mario, 40	CA	28:52:12	1990
Flores, Mario, 41	CA	28:49:01	1991
Florio, Joe, 40	CA	32:34:09	2000
Flynt, David, 38	CA	24:40:48	1993

Flynt, David, 38	CA	22:39:30	1994
Flynt, David, 39	CA	22:08:17	1995
Foster, H.E., 46	CA	32:06:16	1988
Franiak, Joe, 30	CA	23:18:49	1991
Franko, Joseph, 50	CA	32:34:18	
Franko, Joseph, 42	CA	32:40:23	1988
Franko, Joseph, 43	CA	28:46:35	1989
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Franko, Joseph, 45	CA	22:08:07	1991
Franko, Joseph, 46	CA	26:44:34	1992
Franko, Joseph, 47	CA	26:56:38	1993
Freeman, Lee, 43	CA	30:33:00	1986
Freeman, Lee, 46	CA	31:25:21	1989
Freeman, Lee, 48	CA	28:32:02	1991
Freeman, Lon, 29	CA	20:38:18	2004
Frye-Krier, Barbara, 47	FL	26:38:06	2001 W4, Rhino
Fuentes, Frederico, 34	MEX	28:28:12	2004
Fukumoto, Stephen, 37	CA	27:47:01	1987
Fukumoto, Stephen, 38	CA	28:07:01	1988
Fullerton, Jimmy, 49	CA	27:15:36	2003
Fullerton, Jimmy, 50	CA	26:40:23	2004
Furin, Milan, 45	SVK	26:42:22	1995 Ram's Head
Furnish, James, 50	CA	27:18:30	1992
Furtaw, Ed, 43	NV	27:38:52	1991

<b>G</b>			
Gagarin, Peter, 41	MA	25:19:00	1986
Gagarin, Peter, 44	MA	23:25:11	1989
Galdi, Phil, 36	CA	26:23:00	1986
Gallagher, Tom, 41	NV	31:45:50	1998
Gallagher, Tom, 42	NV	31:53:15	1999
Gallagher, Tom, 43	NV	30:24:37	2000
Gallagher, Tommy, 46	NV	30:15:00	2003
Gallagher, Tommy, 47	NV	31:45:00	2004
Gallardo, Marc, 31	CA	23:05:46	1996
Gallardo, Marc, 32	CA	24:53:52	1997
Gamble, Russ, 44	CA	29:58:08	1990
Gamble, Russ, 41	CA	31:49:55	1991
Garcia, Manuel G., 54	CA	31:44:12	2003
Gardner, Renne, 38	CA	31:13:17	1996
Garnett, Paul, 38	CA	27:32:00	1986
Gassan, Larry, 36	CA	29:10:44	1991
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Gates, Richard, 32	UT	27:57:14	1989
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Gebbie, Bill, 44	CA	31:44:06	1987
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Gensichen, Jim, 38	CA	19:37:13	1987 G/S Buckle
Gensichen, Jim, 39	CA	20:21:49	1988 G/S Buckle
Gersitz, Lorraine, 37	CA	28:42:22	1991
Gibbons, Christine, 33	NJ	28:17:25	1995
Gibbons, Wayne, 31	CA	24:58:07	1990
Gibbons, Wayne, 36	NJ	28:17:25	1995
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Gilli, William, 38	AR	31:19:03	1995
Gimbel, Susan, 41	CA	27:22:27	1988
Gimbel, Susan, 43	CA	23:37:05	1990 G/S Buckle
Gimenez, Kim, 40	CA	27:43:06	2004 Rhino
Givens, Bob, 45	TX	29:24:33	1989
Gleman, Michael, 48	FL	31:11:44	1996
Gleman, Stuart, 49	FL	31:37:15	1994
Glinn, Jim, 47	CA	29:02:23	1991
Goetz, Kent, 34	CA	30:41:31	1994
Gonzalez, Cirildo, 43	MEX	19:37:03	1997 Ram
Gonzalez, Cirildo, 44	MEX	22:20:05	1998
Good, Jim, 46	CA	26:55:06	2004



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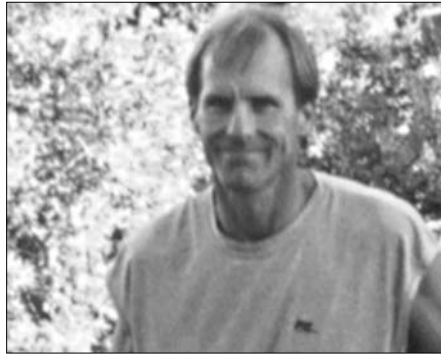
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Greaves, Martyn,	GB	22:30:20	1987
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Green, Stephanie, 35	CA	29:10:18	2004
Green, Thomas, 42	MD	23:43:46	1992
Greenbauer, Richard, 37	CA	29:30:30	2004
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Greenberg, Marc, 45	WA	32:15:37	1996
Greener, Doug, 35	CA	31:08:50	1998
Greenlaw, Raymond, 39	GA	27:18:41	2000
Greer, John, 37	AZ	30:00:31	1996
Gregg, Michael, 28	CA	23:23:00	1986
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Grobesson, Jay, 37	CA	25:38:51	1998 LGR6
Grobesson, Jay, 38	CA	23:18:09	1999
Grobesson, Jay, 40	CA	25:57:18	2001
Grobesson, Jay, 43	CA	24:20:00	2004 2nd Sunrise
Gruenewald, Ray, 41	WA	32:25:36	2001
Grunt, Cindie, 41	OR	27:35:49	1991
Grunt, Cindie, 43	OR	30:07:53	1993
Grunt, Cindie, 44	OR	29:27:15	1994 LGR6
Gunnarsson, Patrik, 32	CA	22:42:05	1997
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Gustman, Jana, 34	CA	25:55:24	2001 Cougar
Gutierrez, Mona, 42	CA	31:31:06	2004
<b>H</b>			
Hagele, Denny, 44	CA	28:36:37	1988 LGR5
Hagen, Jeff, 45	CA	31:32:30	1992
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Hale, Robin, 40	CA	32:39:14	1992
Hall, Clark, 49	VA	30:04:30	1998
Hall, Larry, 49	IL	32:02:12	2003
Hall, Patricia, 41	VA	32:17:02	1998
Hamalainen, Jussi, 40	CA	22:49:00	1986
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Hamalainen, Jussi, 43	CA	20:31:21	1989
Hamalainen, Jussi, 44	CA	19:31:24	1990 G/S Buckle
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Hamalainen, Jussi, 47	CA	20:33:25	1993
Hamalainen, Jussi, 48	CA	21:19:46	1994
Hamalainen, Jussi, 49	CA	19:51:26	1995 Rhino, Eagle
Hamalainen, Jussi, 50	CA	21:55:40	1996 Buffalo
Hamalainen, Jussi, 51	CA	21:20:55	1997 Rhino
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Hamalainen, Jussi, 53	CA	23:32:52	1999 Buck-8pt
Hamalainen, Jussi, 54	FIN	23:27:46	2000 Buffalo
Hamalainen, Jussi, 55	CA	22:56:24	2001
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Hamalainen, Jussi, 58	CA	24:55:06	2004 Buffalo
Hamilton, James, 53	CA	32:08:53	1996
Hamilton, James, 54	CA	30:20:07	1997
Hamilton, James, 56	CA	30:53:29	1999
Hamilton, Kathy, 43	CA	32:33:53	1993
Hamilton, Kathy, 46	CA	30:54:46	1996
Hamilton, Mike, 41	WA	31:26:18	1994
Hamilton, Mike, 43	WA	30:57:11	1996
Hanna, Noel, 31	IRE	23:51:29	1998 Ram's Head

Hannemann, Mori, 36	CA	32:05:12	2001
Haraway, Chuck, 44	CO	32:21:17	1992
Hardin, David, 31	CA	29:15:32	1997
Hardman, Gordon, 38	CO	23:53:00	1989 LGR6
Harlan, Larry, 37	CA	23:53:44	1996
Harlan, Ted, 28	CO	29:03:18	2004
Harmer, Burgess, 47	NV	31:22:03	1989
Harmer, Burgess, 48	NV	27:59:08	1990 W4
Harmer, Burgess, 49	NV	27:48:53	1991 W4, LGR5
Harmer, Burgess, 50	NV	28:26:45	1992 W4, LGR5
Harmer, Burgess, 52	NV	29:16:50	1994 LGR6
Harns, Bill, 44	CA	32:09:14	1990
Harns, Bill, 45	CA	31:07:50	1991
Harns, Bill, 49	CA	30:45:06	1995
Harns, Bill, 50	CA	31:24:48	1996
Harns, Bill, 52	CA	32:34:23	1998
Harns, Bill, 53	CA	32:30:29	1999
Harns, Bill, 54	CA	32:28:03	2000
Harris, David, 44	CA	32:35:00	1997
Harris, David, 45	CA	31:34:44	1998
Harris, Robert, 36	CA	31:24:12	2004
Harris, Stephen, 34	CA	21:17:40	1988
Harris, Stephen, 38	CA	21:49:56	1992
Harris, Stephen, 40	CA	21:40:16	1994
Harris, Stephen, 41	CA	20:43:04	1995
Harris, Stephen, 42	CA	22:43:41	1996
Harris, Stephen, 43	CA	21:43:04	1997
Harris, Stephen, 44	CA	21:42:46	1998
Harris, Stephen, 45	CA	24:06:47	1999
Harris, Stephen, 46	CA	26:48:40	2000
Harris, Stephen, 47	CA	25:57:06	2001
Harris, Stephen, 49	CA	28:50:00	2003
Harry, Thomas, 49	CA	32:16:00	2004
Harshburger, Dan, 43	CA	31:58:23	1990
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Hartinger, Mark, 42	WA	28:42:47	1999
Hartley, Booth, 45	CA	31:58:43	1987
Hartley, Booth, 46	CA	32:27:32	1988
Harvey, Steve, 42	CA	26:48:00	1986
Harvey, Steve, 44	CA	25:55:31	1988
Harvey, Steve, 46	CA	30:46:46	1990
Harvey, Steve, 49	CA	31:43:10	1993
Hasham, Sheila, 44	CA	29:15:00	1986
Hatta, Hiromi, 35	JPN	31:13:17	1996 Ram's Head
Hatta, Katsuyuki, 32	JPN	31:13:17	1996 Ram's Head
Hayes, Richard, 48	CA	29:40:07	1999
Hayes, Richard, 49	CA	27:49:16	2000
Hayes, Richard, 50	CA	29:36:18	2001
Hayes, Terri, 47	NV	31:43:07	1990
Hayes, Terri, 48	NV	31:44:25	1991
Heaton, Cynthia,	CA	30:54:13	1987
Henderson, Jennifer, 37	CA	24:28:27	1996 Ram
Henriquez, Ernesto, 39	CA	23:06:42	1995
Henslee, Gary, 45	CA	26:45:17	1996
Hermanson, Ray, 45	CA	28:52:38	1988
Hermanson, Ray, 47	CAN	29:29:13	1990
Heroux, Jess,	CDN	31:43:54	1992
Herrera, Juan, 28	MEX	20:52:29	1997
Herrera, Juan, 32	MEX	25:45:26	2000
Herrera, Madero, 25	AZ	20:54:45	1996
Hesseltine, Wally, 60	CA	26:23:24	2003 Buffalo
Hesseltine, Wally, 61	CA	26:34:30	2004
Hian, Ben, 24	CA	22:14:00	1993
Hian, Ben, 25	CA	18:39:48	1994 Ram
Hian, Ben, 26	CA	19:11:11	1995 Ram
Hian, Ben, 27	CA	18:50:24	1996 Ram
Hian, Ben, 29	CA	19:05:35	1998 Ram

Hillestad, Richard, 44	CA	23:41:00	1986
Hilliard, Gary, 49	CA	24:50:16	2004 8 Pt Buck
Hines, Jeff, 35	CA	21:50:36	1995
Hines, Jeff, 36	CA	20:59:04	1996
Hines, Jeff, 40	CA	22:16:49	2000
Hodde, Jason, 26	IN	28:02:33	1996
Hodde, Jason, 27	IN	31:22:19	1997 W4,LGR6
Hodges, Eric, 48	CA	28:56:48	1997
Hodges, Eric, 49	CA	28:14:52	1998
Hodges, Eric, 51	CA	27:24:36	2000 W4
Hoff, Bruce, 29	CA	23:37:15	1992
Hoff, Bruce, 32	CA	22:31:17	1995
Holder, Kent, 49	CA	28:18:36	1988
Holderman, Brad, 36	CA	31:50:02	1998
Holloway, Gary, 35	ID	31:50:34	1997 W4
Holm, Darrell, 38	CA	30:16:00	1999
Holmes, Fred, 60	TX	32:36:46	1997
Holmes, John, 55	FL	29:46:32	1997
Hooper, Max, 43	AR	30:42:51	1989
Hopkins, John, 47	CA	31:09:47	1992
Hubbard, Gordon, 47	CA	32:11:00	1986
Hubbard, Gordon, 48	CA	30:51:43	1987
Hubbard, Gordon, 49	CA	30:53:58	1988
Hubbard, Gordon, 53	CA	30:26:53	1989
Hubbard, Gordon, 51	CA	31:38:57	1990
Hubbard, Gordon, 52	CA	31:17:40	1991
Hubbard, Gordon, 53	CA	32:52:33	1992
Hubbard, Kenneth, 56	VA	32:45:18	2003
Huff, Jeff, 37	HI	25:56:47	1999
Huff, Jeff, 38	HI	24:59:15	2000
Huffman, Dennis, 42	CA	22:49:56	1991
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Huffman, Dennis, 44	CA	25:31:56	1993
Huffman, Dennis, 45	CA	22:29:28	1994
Huffman, Victoria, 37	CA	30:17:43	1990
Hume, Blakely, 22	CA	31:28:04	1996
Hume, Blakely, 24	NV	29:30:27	1998
Hume, Blakely, 21	CA	32:08:29	1995
Humphrey, Ed,	CA	29:33:35	1987
<b>I</b>			
Ingalls, Jim, 47	IN	32:43:29	1992 W4, LGR5
Ingalls, Jim, 50	MI	32:57:18	1995
Ingro, John, 55	CA	32:28:51	1989
Ingro, John, 57	CA	30:42:07	1991
Ingstrom, Heikki, 34	UT	22:21:03	1992
Inouye, Gary, 50	CA	30:40:12	2003
Irvin, Kristina, 40	CA	29:08:23	1998
Irvin, Kristina, 46	CA	30:45:24	2004
Isler, Randy, 41	NM	27:56:37	1998
Israel, Sandy, 47	CA	30:58:35	1994
Ives, Frank, 49	CA	27:47:29	1991
James, Tom, 51	CA	29:49:56	1995
Jankowski, Tony, 44	CA	32:34:31	1997
Jaques, Glen, 47	BC	29:38:25	1989
Jebian, Lee, 57	CA	31:39:39	1998
Jensen, Karl, 51	CAN	28:01:46	1999 LGR6
Jensen, Karl, 51	CAN	29:55:52	2000
Jensen, Stan, 42	CA	30:24:31	1995
Jensen, Stan, 46	CA	29:19:09	1999 W4,LGR6
Jess, Carl, 41	NM	28:33:21	2000
Johns, Sherry Kae, 40	AZ	22:39:35	1995 Rhino
Johns, Sherry Kae, 42	NM	23:18:00	1997 Ram
Johnson, Gary, 38	CA	23:28:09	1991
Johnson, Jeffrey, 24	UT	29:41:44	1994
Johnston, Jennifer, 34	CA	23:28:43	1998 Ram
Johnston, Jennifer, 35	CA	23:51:57	1999 Cougar
Johnston, Jennifer, 36	MI	25:11:24	2000 Ram



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Johnston, Jennifer, 37	CA	25:23:36	2001	Ram
Johnston, Jennifer, 40	CA	24:32:24	2004	Ram
Jones, David, 29	CA	29:15:33	1997	
Jones, David, 51	CA	31:49:17	1999	
Jones, Vanessa, 42	CA	32:33:24	2004	
Jones-Wilkins, Andy, 33	AZ	22:15:36	2000	
Jones-Wilkins, Andy, 36	CA	20:07:30	2003	Cougar
Jones-Wilkins, Andy, 36	CA	19:53:06	2004	Horse
Joseph, Gene, 41	AZ	27:20:51	1993	
Joseph, Gene, 46	AZ	29:42:34	1998	
Josephs, Robert, 42	CA	31:47:16	1997	
Jurek, Scott, 24	SD	19:15:06	1998	
Jurek, Scott, 25	WA	19:51:19	1999	Buck-10pt

<b>KL</b>				
Kahler, Mark, 37	CA	30:17:26	1996	
Kajiwara, Eric, 48	CA	30:32:32	1995	
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Kamm, Ulrich, 57	CO	32:55:00	2004	
Kaplan, Allan, 37	CA	32:41:48	1992	
Kaplan, Allan, 40	CA	30:33:27	1995	
Kaplan, Allan, 41	CA	32:21:18	1996	W4
Kaplan, Allan, 42	CA	31:52:12	1997	
Karnazes, Dean, 41	CA	21:21:18	2003	Horse
Karwasky, Robert, 31	CA	32:27:00	1986	
Kavanaugh, Matthew, 41	CA	32:00:15	1998	
Kee, Bill, 38	CA	23:24:12	1995	
Kee, Bill, 40	CA	23:12:24	1997	
Kee, Bill, 42	CA	24:34:17	1999	
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Kelly, Larry, 37	CA	31:35:46	1997	
Keogh, Bobby, 57	NM	26:38:06	2001	
Kern, Lee, 36	MT	28:09:07	1993	
Kern, Leland, 39	MT	31:05:09	1996	
Kern, Leland, 41	MT	28:28:45	1998	
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Kiddoo, Phill, 29	CA	22:00:00	2004	
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Kimball, Joey Ann, 22	CA	31:42:12	1999	
Kimura, Jonathan, 21	CA	27:25:30	2001	
Kiner, Mark "PineNut", 30	CA	25:41:12	2004	
King, Bob, 44	CA	32:11:00	1986	
Kissell, Bill, 32	CA	20:10:52	1987	
Klaich, Nick, 46	NV	29:59:24	1991	W4
Klassen, Randy, 48	CA	32:15:24	2001	
Klein, Greg, 39	CA	28:57:05	1993	
Klein, Helen, 66	CA	31:24:02	1989	W4
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Koerner, Hal, 28	CO	20:59:24	2004	
Kogutek, Michael, 49	CA	30:43:47	1998	
Kohler, Steve, 49	CA	29:29:12	1987	
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Kozinc, Gabor, 41	CA	27:26:30	2004	

Krojlic, Karyn, 33	CA	29:22:00	1992	
Kulak, Joseph, 35	CO	22:16:12	2003	LGR6
LaCava, Clem, 52	OR	27:48:14	2000	
Lakey, Jason, 28	CA	29:54:30	2003	
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Langstaff, Anne, 36	CA	28:21:43	1997	Cougar
Lawrence, Richard, 32	CA	31:21:28	1994	
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Leatherwood, Todd, 32	TX	31:29:39	2000	
Lee, Bill, 40	CO	26:41:50	1989	
Lee, Kevin, 32	CA	23:41:40	1996	
Lee, Kevin, 36	CA	27:21:19	2000	
LeFebvre, Michael, 33	CA	27:31:36	1993	
Leigh, Todd, 44	CA	29:12:00	1986	
Leigh, Todd, 48	CA	28:54:07	1990	
Leigh, Todd, 49	CA	31:10:07	1991	
Leigh, Todd, 50	CA	29:51:25	1992	
Leigh, Todd, 58	CA	31:50:04	2000	
Lenderking, Hollis, 40	CA	23:46:46	1990	
Leonard, Loren, 61	CA	32:20:26	1990	
Leonard, Loren, 62	CA	32:07:09	1991	
Lewis, Milo, 35	CA	32:28:08	1988	
Lewis, Milo, 39	CA	32:20:33	1991	
Liebeskind, John, 40	OR	30:54:12	2001	
Lile, Jerry, 42	CA	29:49:06	2001	
Limb, Troy, 42	CA	29:41:18	2003	
Limb, Troy, 43	CA	25:18:18	2004	
Liner-Jigamian, Saralie, 35	CA	32:02:24	1987	
Liner-Jigamian, Saralie, 36	CA	30:28:26	1989	
Little, Jerry, 30	CO	27:24:50	1998	
Livak, Joe, 51	NV	28:17:42	1992	
Longwell, Robert, 57	CA	31:23:46	1996	
Longwith, Jim, 52	CA	29:58:00	1998	
Louis Goren, Peter, 18	CA	32:19:24	2001	
Lovell, Daniel, 34	CA	32:24:37	2000	
Lowy, Ron, 43	CA	28:54:00	1986	
Loyer, Robert, 51	CA	30:36:04	1989	
Lujan, Edward, 51	CA	26:30:09	1989	
Lund, Kurt, 40	CA	32:45:00	1991	
Luptowicz, Josef, 46	CA	28:49:17	1990	
Luptowicz, Josef, 48	CA	29:30:30	1991	
Lutz, Kevin, 46	CA	31:21:36	2003	
Lygre, David, 47	WA	23:18:36	1989	
Lyons, Shannon, 54	CA	31:20:20	1998	Buffalo

<b>M</b>				
Mack, Bill, 40	CA	31:45:41	1993	
Mackey, Monte, 35	CA	25:08:54	1991	
Mackey, Monte, 41	CA	24:55:57	1997	
Mackey, Monte, 45	CA	23:03:18	2001	
Macleod, Ken, 41	CDN	28:07:41	1992	
MacNair, Howard, 48	CA	27:45:55	1987	
Madden, Kurt, 39	CA	21:35:53	1994	
Maddieson, Ian, 44	CA	23:30:05	1986	
Madsen, Dixie, 53	CA	30:28:00	1990	
Madsen, Dixie, 54	CA	29:44:20	1991	
Madsen, Dixie, 56	CA	30:56:28	1993	
Madsen, Dixie, 58	CA	32:34:21	1995	
Madsen, Dixie, 60	CA	29:18:01	1997	Rhino
Magill, Jim, 50	CA	31:07:03	1996	W4, LGR6
Magram, Tom, 38	CA	27:54:00	1986	
Magruder, Joe, 46	CA	28:46:43	1992	
Magruder, Joe, 48	CA	30:42:06	1994	
Magruder, Joe, 50	CA	31:24:48	1996	
Magruder, Joe, 55	CA	31:17:24	2001	
Maida, William, 37	CA	31:56:04	1988	
Mailoux, Jeff, 32	ID	27:04:04	1992	

Malinin, Mike, 33	CA	29:41:18	2001	
Malinin, Mike, 36	CA	25:22:06	2004	
Mann, Larry, 36	CA	32:24:38	2000	
Mann, Larry, 37	CA	32:17:06	2001	
Marcelli, Mark, 36	CA	23:13:18	1995	
Marcelli, Mark, 42	CA	22:29:18	2001	
March, Nancy, 47	CA	28:37:12	1994	
Marineo, Bertha, 52	CA	32:21:31	1998	
Mark, John, 40	CA	27:44:40	1992	
Marshall, Evelyn, 35	CA	25:15:09	1993	Ram
Marshall, Evelyn, 37	CA	22:01:16	1995	Ram
Marshall, Evelyn, 36	CA	23:39:37	1994	Ram
Marshall, John, 52	CA	32:23:28	1989	
Marshall, John, 53	CA	30:17:20	1990	
Martin, Kyong, 49	CA	31:41:18	2004	
Martin, Lou, 39	CA	28:09:33	1991	
Martin, Michael, 41	CA	27:44:32	1989	
Martin, Roland, 39	NE	30:40:11	1988	W4
Maslanka, Bozena, 30	CA	28:51:56	1997	
Maslanka, Bozena, 31	CA	30:28:01	1998	
Maslanka, Bozena, 32	CA	31:17:12	1999	
Masters, Ed, 37	UT	25:04:41	1989	
Matella, Bill, 39	CA	31:47:52	1987	
Matella, Bill, 41	CA	32:41:47	1989	
Mather, Catherine, 42	CAN	28:25:00	2000	Rhino
Mathieson, Joanie, 45	CA	32:36:50	1991	
Matthias, Donald, 55	CA	31:45:05	1991	
Matthys, Ignace, 32	BEL	22:05:26	1991	
Mauldin, Bruce, 46	CA	28:52:20	1994	
Mauldin, Tonya, 46	CA	28:22:54	1993	
Maynard, Kathy, 44	CA	32:07:09	1991	
Mazaud, Jean-Paul, 43	CA	26:13:02	1995	
McCarthy, Willis, 33	CA	26:59:31	1988	
McCarthy, Willis, 35	CA	23:29:01	1990	
McCarthy, Willis, 42	CA	23:39:19	1997	
McComish, John, 50	CA	27:43:12	1987	
McComish, John, 51	CA	27:29:25	1988	
McCormick, Steve, 46	CA	27:55:55	1990	
McDonald, Michael, 54	CA	28:28:25	1998	
McDonald, Shawn, 29	CA	23:10:42	1995	
McDonald, Shawn, 32	CA	23:44:55	1998	
McDowell, Nate, 28	OR	23:35:29	2000	
McGilvery, Wayne, 31	CA	22:44:26	1999	
McGrath, Maureen, 30	CA	32:53:18	1992	
McGrath, Maureen, 31	CA	28:45:18	1993	
McGrath, Maureen, 36	CA	28:11:31	1998	
McKeever, Doug, 46	WA	29:02:13	1993	
McKenzie, Scott, 39	CA	23:49:52	1994	
McKenzie, Scott, 40	CA	22:53:48	1995	
McKenzie, Scott, 41	CA	23:20:37	1996	
McKinney, Mark, 32	CA	30:40:22	2000	
McMahon, Elaine, 35	CA	29:58:05	1992	
McMahon, Elaine, 36	CA	28:13:58	1993	
McMahon, Elaine, 37	CA	27:15:48	1994	
McMahon, Elaine, 38	CA	26:25:54	1995	
McMahon, Elaine, 39	CA	25:05:33	1996	Cougar
McMahon, Elaine, 41	CA	27:50:39	1998	Rhino
McNair, Rob, 43	CA	25:02:18	1997	
McNair, Rob, 44	CA	23:26:11	1998	
McNair, Rob, 45	CA	23:19:07	2000	
McRae, Steve, 41	CA	28:18:13	1992	
McRae, Steve, 43	CA	29:54:42	1994	
McRae, Steve, 47	CA	32:17:20	1998	
Medina, Guillermo, 25	CA	22:47:35	1999	
Medina, Guillermo, 26	CA	21:13:05	2000	Buck-10pt
Medina, Guillermo, 27	CA	22:09:30	2001	
Medina, Guillermo, 28	CA	20:45:12	2003	Buck 10-Pt



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Ian Torrence, with pacer Andy Roth, 1999



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Medina, Guillermo, 30	CA	19:30:36	2004	Cougar
Mejia, Vilma, 40	CA	31:30:05	1991	
Mejia, Vilma, 44	CA	31:59:50	1995	
Melendy, Byron, 48	CA	31:53:04	1989	
Melendy, Byron, 47	CA	26:46:30	1990	
Melendy, Byron, 53	CA	26:56:41	1994	
Melvin, Debra, 45	CA	30:32:27	1999	
Mendoza, Adaberto, 47	CA	24:30:01	1998	
Mendoza, Adaberto, 48	CA	21:55:35	2000	Rhino
Mendoza, Adaberto, 49	CA	21:41:18	2001	Elk
Mendoza, Adaberto, 51	CA	23:07:18	2003	Rhino
Mercer, Charlie, 33	CA	32:10:30	2003	
Metz, John, 48	CA	30:37:30	1991	
Meyer, Bert, 44	CT	28:59:11	1989	
Meyer, Bert, 49	CT	32:29:53	1994	
Meyer, Bert, 52	CT	31:30:59	1997	
Michaud, Fernand, 53	NV	29:41:50	1996	
Michaud, Fernand, 54	NV	29:20:19	1997	
Michaud, Fernand, 56	NV	31:40:18	1999	
Michaud, Fernand, 57	NV	30:24:36	2000	
Mikesell, Jeff, 38	AZ	32:51:49	1999	
Miller, Albert, 35	OR	31:39:42	1989	
Miller, Barbara, 46	CA	31:21:55	1991	W4
Miller, Barbara, 49	CA	31:23:15	1993	
Miller, Dana, 42	UT	23:33:24	1993	
Miller, Gary, 60	CA	31:50:34	1997	
Miller, Jim, 44	CA	30:59:55	1990	
Miller, Rick, 44	CA	32:16:31	1999	
Miller, Sandee, 44	CO	31:05:00	1997	
Mills, Scott, 44	VA	23:33:07	1995	
Mills, Scott, 48	VA	22:40:59	1999	Rhino
Minter, Greg, 38	CA	32:31:39	1999	
Mitchell, Winston, 48	CA	30:14:46	1997	
Modzelewski, Michael, 36	CA	23:47:20	1989	
Modzelewski, Scott, 27	AZ	23:47:20	1989	
Molman, akabill, 57	HI	29:07:00	2001	
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Molmen, akabill, 55	HI	27:53:17	1999	
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Moore, Arthur, 57	OH	27:46:17	1994	
Moore, Matthew, 43	CA	30:19:30	1999	
Moore, Russell, 49	CA	26:33:13	1988	
Morita, Ryoichi, 47	CA	28:59:21	1990	
Mork, Joanie, 38	CA	27:44:40	1992	
Morrison, Walter, 52	CA	25:16:54	1990	
Moses, Bob, 40	CA	31:06:00	1986	
Moses, Bob, 45	CA	31:07:50	1991	
Muchow, Lee, 46	CA	28:50:02	1986	
Murdach, Charlie, 34	CA	31:48:30	2003	
Murphy, Bonnelle, 49	CA	32:34:51	1997	
Murphy, Thomas, 24	CA	32:22:06	1994	
Murray, Jack, 42	CA	29:13:18	2003	
Murray, Jack, 43	CA	28:14:18	2004	
Musselman, Jim, 39	GA	26:46:29	1999	LGR6
<b>NO</b>				
Newsome, Claudia, 40	CA	31:54:25	1990	
Ngo, Dong, 51	FL	32:42:43	1989	
Ngo, Dong, 52	FL	32:55:41	1990	
Nielsen, Tom, 35	CA	23:39:37	1994	
Nielsen, Tom, 37	CA	20:22:22	1996	Cougar
Nielsen, Tom, 38	CA	20:09:22	1997	Cougar
Nielsen, Tom, 39	CA	19:26:08	1998	Cougar
Nielsen, Tom, 40	CA	19:07:50	1999	Ram
Nielsen, Tom, 41	CA	19:09:04	2000	Ram
Norman, Jay, 59	TX	29:46:32	1997	
Norton, Bob, 53	CA	32:16:11	1991	
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Nosco, Jack, 35	CA	32:11:09	1987	
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Nosco, Jack, 30	CA	26:25:04	1992	
Nosco, Jack, 33	CA	26:33:51	1995	
Nosco, Jack, 38	CA	27:14:06	2000	
Nozaki, Alan, 35	HI	31:39:54	1990	
Nyce, Thomas, 41	AZ	31:03:39	2000	
O'Brien, Jim, 34	CA	19:51:47	1987	
O'Brien, Jim, 36	CA	17:35:48	1989	G/S Buckle
O'Grady, Janice, 47	CA	31:23:28	1996	
O'Grady, Kevin, 31	OH	30:52:50	1990	
O'Neal, Thomas, 41	CA	32:27:45	1986	
O'Neal, Thomas, 42	CA	30:02:08	1987	
Odre, Jacqueline, 30	HI	30:35:35	1998	
Odre, Jacqueline, 31	HI	27:53:17	1999	
Olney, Dave, 46	CA	28:34:57	1988	
Olney, Dave, 48	CA	28:59:06	1990	
Olson, Mark, 48	CA	30:10:10	1995	
Olson, Mark, 50	CA	29:56:01	1997	
Orr, Jim,	CA	27:50:41	1987	
Ostrom, Tony, 45	CA	26:07:56	2000	
<b>PO</b>				
Pacheco, Jorge, 32	CA	24:39:39	2000	
Pacheco, Jorge, 33	CA	19:05:06	2001	Ram
Pacheco, Jorge, 34	CA	18:52:24	2003	Ram
Pacheco, Jorge, 36	CA	19:10:28	2004	Ram
Paciello, Louis, 34	AZ	23:51:19	2000	
Palmer, Judy, 32	CA	30:28:26	1989	
Palmer, Mike, 42	CA	32:41:30	1995	
Palmer, Mike, 43	CA	28:46:39	1996	
Palmer, Mike, 44	CA	30:02:11	1997	
Palmer, Mike, 45	CA	30:27:09	1998	
Palmer, Mike, 45	CA	31:43:05	1999	
Palmer, Mike, 47	CA	31:20:39	2000	
Palmer, Mike, 48	CA	31:30:24	2001	
Palmer, Mike, 49	CA	31:31:12	2003	
Palmer, Peter, 44	CT	25:14:18	1997	
Palocsay, Matt, 22	CA	31:54:34	1999	
Palocsay, Matt, 23	CA	28:30:19	2000	
Pals, Lou, 50	CDN	22:18:21	1992	
Park, Charles, 49	CA	28:55:18	2003	
Park, David, 38	CA	21:54:33	1994	
Park, David, 39	CA	22:24:51	1995	
Parker, Jeff, 32	NV	28:49:33	1991	
Parker, Scott, 36	AZ	31:39:22	2000	
Parker, Scott, 37	AL	31:14:06	2001	
Parker, Scott, 39	AL	29:00:06	2003	
Parsons, Chip, 38	CA	21:13:05	1992	
Patt, Steven, 55	CA	29:54:24	2004	
Peacock, John, 51	NV	27:26:00	1989	
Peacock, John, 55	NV	28:26:42	1993	
Pearch, John, 30	WA	23:10:30	2003	
Peccsar, Jeff, 38	CA	23:55:15	1988	
Pedroia, Vince, 48	CA	26:33:41	1994	
Pedroia, Vince, 49	CA	27:22:40	1995	
Pedroia, Vince, 50	CA	29:31:10	1996	
Pedroia, Vince, 51	CA	25:14:36	1997	
Pedroia, Vince, 52	CA	24:37:32	1998	
Pedroia, Vince, 52	CA	24:34:09	1999	Buffalo
Pedroia, Vince, 54	CA	24:52:59	2000	
Pedroia, Vince, 55	CA	27:16:06	2001	
Pellon, Jim, 37	CA	19:44:44	1987	
Penland, Peter, 43	CA	30:28:50	1999	
Penna, Phil, 42	CA	23:21:26	1990	
Penny, David, 32	CA	32:05:04	1995	
Pentasuglio, Mary Lou, 41	CA	32:26:52	1995	

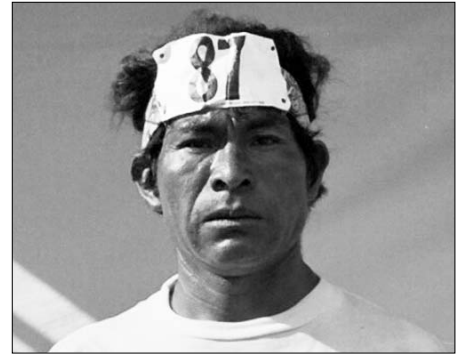
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Peralez, Michael, 34	CA	29:56:01	1997	
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Perrodin, Jack, 59	CA	28:41:08	1988	
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Perry, Lyman, 33	HI	27:48:27	2000	
Peters, Patrick, 51	CA	31:25:33	1996	
Petschar, Perry, 39	CA	27:40:04	1993	
Petschar, Perry, 40	CA	29:10:42	1994	
Petschar, Perry, 41	CA	25:00:55	1995	
Pettigrew, Jeff, 32	CA	29:05:18	1995	
Pettigrew, Jeff, 42	CA	28:20:24	1996	
Pettigrew, Jeff, 35	CA	30:09:56	1998	
Peyton, Lou, 45	AR	31:15:36	1989	W4
Phillips, Bud, 48	CA	30:24:19	1995	
Phillips, Bud, 49	CO	29:28:16	1996	
Pierce, Philip, 53	MA	31:28:50	1994	
Pike, Robert,	CA	28:05:47	1987	
Pirkl, Greg, 32	HI	24:59:14	2000	
Pirkl, Greg, 33	HI	28:29:07	2001	
Pirogowicz, David, 44	CA	27:45:46	1996	
Pitts, Frank, 57	CA	31:32:00	1988	
Pitts, Frank, 59	CA	31:45:56	1990	
Pitts, Frank, 60	CA	31:12:30	1991	
Pitts, Frank, 61	CA	30:32:35	1992	
Pitts, Frank, 62	CA	30:16:54	1993	
Pitts, Frank, 63	CA	32:07:00	1994	
Pitts, Frank, 66	CA	31:54:16	1997	
Pitts, Frank, 68	CA	31:54:29	1999	
Poeppel, Brian, 44	MN	32:45:49	1999	
Pollard, Fred, 65	CA	32:32:06	2004	
Portelance, Rolly, 47	CA	22:49:06	1990	
Pospichal, Joe, 37	CA	32:45:27	2000	
Potter, Tim, 46	MN	30:35:05	2000	
Poupard, Thierry, 45	FRA	31:18:06	1999	
Powers, Karen, 45	WY	31:38:48	1995	
Prado, Robert, 34	CA	24:01:16	1988	
Preeper, Earl, 39	CAN	30:52:44	1996	
Provost, Richard, 40	CA	21:52:00	1986	G/S Buckle
Pruitt, R. C., 38	CA	31:23:31	1990	
Pruitt, R. C., 42	CA	30:24:43	1994	
Purdy, Bruce, 36	MI	31:28:13	1993	
Put, Hans, 37	NY	21:06:08	1998	Horse
Put, Hans, 39	NY	20:18:13	2000	A'n Stallion
Quinn, John, 35	CA	29:37:01	1996	
<b>R</b>				
Radich, John, 32	CA	29:44:00	1986	
Radich, John, 35	CA	28:39:31	1988	
Radich, John, 41	CA	29:55:58	1996	
Radich, John, 49	CA	31:50:00	2003	
Ralyea, Paul, 37	VA	26:42:33	2004	
Rambach, Whit, 31	CA	28:06:34	1998	
Rambach, Whit, 36	CA	23:52:00	2003	
Ramires, Martin, 34	AZ	24:28:27	1996	
Ramirez, Rico, 49	CA	30:12:21	1993	
Ramsey, William, 42	CA	29:01:56	1995	
Ramsey, William, 43	CA	25:26:11	1996	
Ramsey, William, 44	CA	22:57:14	1997	
Ramsey, William, 45	CA	28:34:43	1998	
Ramsey, William, 46	CA	26:46:29	1999	
Ramsey, William, 47	CA	27:32:59	2000	
Ramsey, William, 48	CA	28:04:18	2001	
Ramsey, William, 50	CA	28:08:30	2003	
Ramsey, William, 51	CA	29:30:30	2004	
Rapp, James, 38	NV	28:57:34	1995	
Redmond, Don, 22	CA	23:14:11	1990	
Reed, Pamela, 34	AZ	26:49:48	1995	



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Reichert, Gerald, 41	ND	31:56:27	1995
Reinstein, Devy, 34	CA	23:51:25	1990
Remington, Dave, 54	CA	30:45:06	1995
Resh, Jack, 55	CA	27:54:00	1986
Reynolds, Marc, 42	CA	27:43:55	1990
Rhodes, John, 55	NV	32:35:06	2003
Rhodes, Randy, 44	CO	27:30:50	1994
Rhodes, Terry, 47	NV	32:35:06	2003
Richards-Dinger, Keith, 21	CA	30:16:12	2003
Richards-Dinger, Keith, 36	CA	27:51:30	2004
Ridgeway, Diane, 47	CO	26:40:35	1996 Rhino
Riemer, Frederick, 45	UT	31:32:30	1992 W4
Ringstad, Curt, 41	OR	25:42:36	1993
Risse, Joan, 46	CA	31:27:20	1995
Risse, Joan, 47	CA	30:59:09	1996
Ritchie, Gary, 54	CA	29:25:10	1994
Ritchie, Gary, 58	CA	26:08:18	1998
Robak, Robert, 39	CA	28:02:12	1991
Robak, Robert, 45	CA	27:41:17	1997
Robak, Robert, 47	CA	29:06:59	1999
Robbins, Brick, 32	CA	30:52:39	1991 JMT
Robbins, Jeffrey, 45	CA	27:05:32	1997
Robbins, Jeffrey, 46	CA	26:34:57	1998
Roberts, Seth, 44	MA	28:10:20	1996
Robinson, Dave, 34	CA	26:16:19	1996
Robinson, Eric, 28	CA	28:12:36	1996
Robinson, Eric, 29	CA	29:57:04	1997
Robinson, John, 34	OR	23:34:46	2000
Robison, Wendell, 36	WY	27:15:07	1988 LGR5
Robison, Wendell, 37	WY	23:30:34	1989
Robison, Wendell, 38	WY	23:54:00	1990
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Robison, Wendell, 41	WY	30:23:50	1993
Robison, Wendell, 42	WY	28:37:12	1994
Robison, Wendell, 43	WY	28:05:02	1995
Robison, Wendell, 44	WY	29:39:27	1996
Robison, Wendell, 45	WY	32:42:55	1997 W4, Eagle
Roeh, Bill, 49	CA	31:40:34	1994
Rork, Paul, 45	CA	28:40:54	1992
Ross-Wilde, Ronni, 36	CA	29:23:58	1996
Rossman, Mitchell,	MN	31:35:41	1999
Rouse, Mike, 45	CA	30:37:00	1998
Rowe, Tom, 44	MT	30:55:17	1992
Royalty, Phil, 21	CA	29:40:42	1990
Royalty, Phil, 23	CA	29:31:36	1992

Royalty, Phil, 27	NV	28:35:19	1996
Royalty, Phil, 31	NV	30:53:22	2000
Rozic, Scott, 27	CA	30:27:22	2000
Ruttenberg, Gary, 39	CA	29:33:35	1987
Rutzen, Hartmut, 59	GER	30:06:45	2000
Ryne, Mark, 50	CA	32:52:18	2004

**S**

Sager, Marc, 39	CA	30:33:00	1992
Sager, Marc, 41	CA	29:44:04	1994
Sager, Marc, 43	CA	29:37:35	1996
Saine, David, 47	CA	30:44:20	1996
Saine, David, 48	CA	31:50:34	1997
Sakurai, Hiroe, 33	JPN	30:56:06	1998 Ram's Head
Sakurai, Hiroe, 35	JPN	28:10:37	2000
Sakurai, Kaname, 34	JPN	23:41:16	1998 Ram's Head
Sakurai, Kaname, 35	JPN	20:15:27	2000 Cougar
Salinger, Andrew, 36	CA	29:41:06	2004
Salmonson, P.J., 43	HI	32:03:53	1990
Samuelson, Mark, 39	CA	27:18:05	1992
Sawchuk, Kevin, 32	VA	20:23:14	1997
Sawchuk, Kevin, 34	CA	22:23:53	1999
Sayers, Kevin, 41	MD	29:55:53	2000
Schick, Karl, 32	CA	30:16:46	1989
Schlereth, Joe, 39	CA	21:31:58	1989
Schlereth, Joe, 40	CA	22:46:19	1990
Schlereth, Joe, 41	CA	21:37:27	1991 W4
Schlereth, Joe, 42	CA	20:59:18	1992
Schlereth, Joe, 43	CA	20:04:11	1993
Schlereth, Joe, 44	CA	19:50:47	1994 Rhino
Schlereth, Joe, 45	CA	20:17:25	1995
Schlereth, Joe, 46	CA	20:46:34	1996 Rhino
Schlett, Stefan, 38	GER	32:08:14	2000
Schmidt, Lee, 52	CA	32:19:43	1991
Schmidt, Lee, 53	CA	29:55:08	1992
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Schmidt, Paul, 38	CA	29:57:35	1990
Schmidt, Paul, 39	CA	29:35:25	1991
Schmidt, Paul, 41	CA	28:09:08	1993
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Schoeck, Matthias, 30	CA	30:58:10	2000
Scholl, Milt, 30	OR	27:20:51	1987
Scholl, Milt, 32	OR	28:08:05	1989
Scholl, Milton, 40	OR	28:13:04	1997
Scholz, Monica, 33	CAN	27:39:06	2000 Cougar
Scholz, Monica, 34	CAN	27:43:24	2001
Schuler, Richard, 36	NJ	30:34:16	1996
Scislowicz, Caz, 51	CA	24:12:07	2000
Scott, Chris, 47	CA	28:20:24	1996
Seminoff, Tim, 38	UT	22:12:07	1996
Sena, Leroy, 43	CA	32:34:16	1997
Senelly, Richard, 46	HI	29:49:16	1990
Sercel, Pete, 25	CA	28:34:55	1991
Shaka, A. J., 40	CA	32:27:49	1998
Shaka, Barry, 36	CA	32:27:49	1998
Shattuck, Phil, 44	CA	32:06:02	1988
Sheedy, Tim, 51	CA	31:04:08	2000
Sheedy, Tim, 54	CA	32:30:06	2003
Sheehy, Joe, 52	CA	32:26:11	2000
Sherman, Elena, 45	CA	31:33:50	1998
Sherman, Elena, 45	CA	31:33:50	1998
Sherman, Stu, 49	CA	23:29:18	2004 Rhino
Shufflebarger, Fred, 43	CA	21:24:01	1991
Shufflebarger, Fred, 44	CA	19:22:16	1992 G/S Buckle
Shufflebarger, Fred, 45	CA	19:41:44	1993 Ram
Shura, Nancy, 51	CA	32:26:30	2001 Buffalo
Simmons, Stephen, 21	WV	31:24:55	1997

Simmons, Stephen, 22	WV	30:48:39	1998
Slater, Jack, 39	CA	21:59:00	1986
Slater, Jack, 40	CA	23:54:25	1987
Slater, Jack, 41	CA	21:40:05	1988
Slater, Jack, 42	CA	21:20:17	1989
Slater, Jack, 43	CA	21:45:14	1990
Slater, Jack, 44	CA	23:51:26	1991
Slater, Jack, 45	CA	23:53:18	1992
Slater, Jack, 46	CA	26:47:30	1993
Slater, Jack, 47	CA	26:55:46	1994
Slater, Jack, 48	CA	31:44:58	1995 Eagle
Sloan, Tom, 40	CA	24:58:26	1988
Sloan, Tom, 41	CA	23:21:08	1989
Smit, Margaret, 34	MT	32:25:50	1989
Snow, Sabin, 48	AZ	29:31:34	1990
Soares, Justin, 21	OR	27:47:29	2000
Solis, Raymond, 38	CA	32:14:33	1994
Solis, Raymond, 41	CA	31:51:07	1997
Solish, Al, 36	CA	27:33:00	1986
Soltész, Michael, 41	CA	28:48:40	1997
Sorensen, Lorraine, 53	CA	31:39:24	2003 Buffalo
Sorensen, Stuart, 56	CA	32:30:30	2001
Spaeth, Laura, 28	CA	29:47:24	1990
Spaulding, David, 36	HI	31:05:40	1990
Speers, Brent, 45	CA	31:25:06	2003
Spelt, Sarah, 41	CA	31:50:33	2000
Spelt, Sarah, 45	CA	31:44:30	2004
Spencer, Caroline, 38	WI	32:04:15	2000
Spencer, Douglas, 36	CA	29:43:52	1994
Spencer, Douglas, 37	CA	31:28:04	1995 W4, LGR6
Spencer, Douglas, 38	CA	22:08:53	1996
Spencer, Douglas, 39	CA	21:17:53	1997
Spencer, Douglas, 41	CA	22:25:25	1999 Horse
Spykerman, John, 30	CA	30:17:41	1995
Spykerman, John, 32	CA	30:52:13	1997
Spykerman, John, 35	CA	30:40:37	2000
Spykerman, John, 36	CA	31:05:24	2001
Squires, John,	CA	32:38:44	1987
Stafford, Frederick, 39	WA	30:44:20	1996
Staude, John-Mark, 26	AZ	21:56:18	1991
Stenzel, William, 26	CA	25:37:31	2000
Stephens, Mike, 41	CA	31:31:23	1999
Stephens, Mike, 43	CA	31:47:24	2001
Stephens, Mike, 45	CA	30:07:24	2003
Stermolle, Toni, 39	CA	27:58:11	1991
Stern, Howie, 31	CA	29:46:24	2001
Stern, Howie, 33	CA	29:43:12	2003
Stevenson, Jeff, 48	CA	27:40:21	1994
Stevenson, Jeff, 49	CA	31:04:48	1995
Stevenson, Jeff, 50	CA	29:35:45	1996
Stevenson, Jeff, 51	CA	31:36:01	1997
Stewart, Patrick, 35	CA	25:31:03	1997
Stofko, Paul, 24	AZ	31:16:16	2000
Strom, John, 45	NY	32:02:13	1987
Strom, John, 49	NY	31:36:55	1989
Su, Jeffery, 41	CA	32:37:18	2004
Sublett, Bill, 43	VA	31:31:24	2000
Sullivan, Scott, 39	CA	32:06:10	1998
Sullivan, Scott, 40	CA	31:13:32	1999
Sullivan, Scott, 41	CA	31:26:49	2000
Sullivan, Scott, 42	CA	29:14:12	2001
Sullivan, Scott, 44	CA	31:22:24	2003
Sullivan, Scott, 45	CA	32:14:24	2004
Sundermeier, Ronda, 34	OR	31:59:36	2001
Sundermeier, Ronda, 37	OR	26:06:12	2004 Cougar
Surdyk, John,	IL	29:10:51	1987
Suter, Michael, 48	CA	29:11:44	1995



Veteran finishers Nancy Tinker & Sandy Israel watch the show at Chantry, 1999



Andy Wilkins-Jones, 2003.



Kevin Sawchuck, Cloudburst 1999.



Bill Kee weighs in at Islip Saddle, 2001.

Suter, Michael, 50	CA	27:59:22	1997
Sutton, Dale, 46	CA	26:27:00	1986
Sutton, Dale, 47	CA	24:44:30	1987
Sutton, Dale, 56	CA	29:05:24	1995
Swatt, Martha, 33	WY	25:06:00	1995
Sybrowsky, Brandon, 22	UT	25:44:42	1993
Szarfinski, Joan, 53	CA	30:04:00	1992
Szekeresh, Bob, 46	CA	31:14:14	1993
Szekeresh, Bob, 50	CA	31:30:19	1997

**T**

Takahashi, Kaoru, 32	NY	29:13:13	1999
Tanimoto, Herb, 45	CA	29:59:34	1994
Tanzer, Herb, 38	CA	23:51:02	1990
Tavernini, Robert, 33	TX	30:49:39	2000 W4,LGR6
Taylor, Dana, 33	CA	22:29:28	1994
Taylor, Doug, 47	NJ	29:31:34	1990
Teal, Steve, 38	CA	30:52:36	2003
Teichert, Jurgen, 32	GER	29:11:18	2000
Thibeault, Gene, 49	CA	24:32:14	1995
Thibeault, Suzi, 42	CA	31:12:28	1989 W4
Thomas, Michael, 33	CO	29:28:54	1995
Thomas, Michael, 35	CO	29:21:40	1997
Thomas, Robert, 37	CA	29:10:35	1993
Thomas, Tracy, 38	CA	32:04:45	1999
Thomas, Tracy, 39	CA	29:21:57	2000
Thompson, Jeff, 38	CA	28:38:08	1989
Thompson, Jeff, 39	CA	23:29:54	1990
Thornley, Craig, 39	OR	22:31:18	2003
Tincher, Jeffrey, 37	IN	31:28:12	1993
Tinker, Nancy, 35	CA	27:09:17	1989
Tinker, Nancy, 40	CA	25:44:48	1991
Tinker, Nancy, 42	CA	26:17:59	1993
Torrence, Ian, 25	NV	20:40:37	1997
Torrence, Ian, 26	NV	20:52:21	1998
Torrence, Ian, 27	NV	20:26:19	1999 Buck-10pt
Torrence, Ian, 31	NV	23:41:12	2004
Trafecanty, Denis, 53	CA	23:37:09	1996
Trafecanty, Denis, 54	CA	24:52:48	1997 Buffalo
Trafecanty, Denis, 58	CA	25:58:18	2001
Trafecanty, Denis, 60	CA	26:45:12	2003
Trahern, Eugene, 36	WA	30:39:50	1999
Trevino, Mike, 25	CA	25:36:37	2000
Tucker, Donald, 32	UT	25:16:14	1989
Tufts, Richard, 42	CA	29:55:00	1986
Tufts, Richard, 43	CA	28:30:24	1987
Tufts, Richard, 45	CA	29:19:35	1989
Tuller, Robert, 26	CA	32:11:55	1990
Tuller, Robert, 31	NY	30:50:36	1995
Tuller, Robert, 35	NY	29:55:36	1999 W4,LGR6
Turner, David, 30	CA	32:12:46	1991
Turner, David, 33	CA	27:25:31	1994
Turon, Michael, 51	CA	30:56:24	1998
Turon, Michael, 52	CA	31:03:00	1999

**UV**

U'Ren, Jim, 35	CA	29:00:22	1988
Uher, Will, 53	CA	30:26:09	1999
Ulloa, Bob, 45	CA	29:10:42	1994
Ulloa, Bob, 47	CA	26:48:33	1996
Ulloa, Bob, 48	CA	30:36:26	1997
Ulloa, Bob, 50	CA	30:58:58	1999
Ulloa, Bob, 51	CA	27:07:07	2000
Ulloa, Bob, 52	CA	31:34:24	2001
Ulrich, Marshall, 38	CO	22:22:14	1989 LGR6
Urioste, Joanne, 46	NV	28:06:51	1994
Urioste, Joanne, 43	NV	27:22:40	1995 Rhino
Urioste, Joanne, 44	NV	29:39:27	1996
Val Verde, Al, 39	CA	25:58:11	1997

Val Verde, Al, 40	CA	21:06:09	1998 Rhino
Val Verde, Al, 42	CA	23:24:32	2000
Van Hoorne, Rick,	CA	31:52:43	1987
Van Wicklin, David, 51	CA	27:07:12	2003
Vance, Fred, 39	CO	28:28:47	1991
Vance, Fred, 43	CA	26:54:20	1995
Vance, Fred, 44	CA	28:39:00	1996
Vandenburg, Larry, 46	WA	25:34:42	2000
Vander Stucken, Richard, 55	CA	28:27:23	1994
Vavrin, Michael, 24	CA	32:13:30	1997
Velasco, George, 40	CA	32:46:10	1993
Velasco, George, 41	CA	29:40:04	1994
Velasco, George, 42	CA	31:34:42	1995
Velasco, George, 43	CA	29:25:52	1996
Velasco, George, 44	CA	32:50:40	1997
Velasco, George, 45	CA	31:31:46	1998
Velasco, George, 46	CA	32:52:22	1999
Velasco, George, 47	CA	32:42:03	2000
Villeneuve, Raymond, 38	CDN	25:52:30	1992
Villeneuve, Raymond, 39	CDN	32:39:16	1993
Vitale, Leslie, 42	CA	26:39:08	1995
Volkenand, Rob, 58	OR	30:46:38	1989 W4
Volkenand, Robert, 57	OR	25:21:16	1988
Voltaggio, Sam, 49	TX	31:53:25	2000

**W**

Waddell, Tom, 48	CA	27:56:07	1994
Wade, Brooks, 51	AK	31:04:46	1996
Walczak, Paul, 40	NC	29:31:10	1996
Walczak, Paul, 43	VA	31:36:39	1999
Waldsmith, Gary, 50	CA	31:52:29	1991
Wang, Gary, 27	CA	28:10:20	1995
Ward, Ken, 44	OR	30:54:12	2001
Warner, Roy, 31	CA	32:50:30	1990
Washburn, Jeff, 49	MA	32:34:18	1999 LGR6
Webster, Larry, 56	WA	26:35:55	1989
Weigt, Tom, 44	MN	32:07:09	1996
Weigt, Tom, 48	MN	32:20:13	2000
Weingaertner, Roger, 50	CA	30:10:56	1997
Weiss, Austin, 30	CO	29:39:04	1993
Weiss, Chrissy, 43	CA	27:53:06	2004
Weisshaar, Hans-Dieter, 59	GER	28:48:55	1999 Ram's Head
Weisshaar, Hans-Dieter, 60	GER	29:53:37	2000 W4,LGR6
Welch, Kathy, 39	CA	27:44:40	1992
Welker, Max, 50	WA	30:47:28	1992
Werth, Dennis, 49	CO	27:54:21	1991
Werth, Donald, 47	CO	30:15:48	1989
West, Ralph,	CA	23:02:04	1987
Westergaard, Danny, 31	CA	23:29:32	1990
Westergaard, Danny, 35	CA	27:36:03	1994
Westergaard, Danny, 36	CA	29:35:17	1995
Westergaard, Danny, 45	CA	28:17:18	2004
Whaley, Jim, 41	CA	29:30:10	1988
White, Micah, 37	CA	23:52:09	2000
White, Micah, 38	CA	22:48:24	2001
White, Micah, 41	CA	27:03:06	2004
Whiting, Floyd, 51	NV	31:17:13	1992 W4, LGR5
Whyte, Pat, 41	CA	22:57:07	1989
Wilde, Douglas, 39	CA	29:51:56	1992
Willis, Scott, 27	CA	29:43:16	1989
Wilkie, Jose, 30	KY	30:38:57	1993
Wilkie, Jose, 33	KY	28:33:20	1996
Wilkie, Jose, 36	KY	30:29:44	1999
Williams, Dan, 52	CA	23:14:30	2001
Williams, Dan, 54	CA	26:54:18	2003
Williams, Don, 34	AZ	29:26:26	1999
Williams, Glen, 26	CA	32:02:24	1987
Williams, Glen, 28	CA	29:50:37	1989

Williams, Jamie, 45	CA	23:51:57	1994
Willis, Scott, 25	CA	31:52:07	1987
Willis, Scott, 26	CA	31:38:07	1988
Willis, Scott, 28	CA	30:53:57	1990
Willis, Scott, 29	CA	27:59:15	1991
Willis, Scott, 30	CA	30:38:37	1992
Willis, Scott, 33	CA	29:24:38	1995
Winter, Ted,	CA	27:44:08	1987
Winter, Thomas, 39	CA	25:08:37	1987
Winter, Thomas, 42	CA	23:23:09	1990
Winter, Tom, 45	CA	22:54:40	1994
Winters, Ted, 48	CA	26:09:00	1986
Winton, Hal, 61	CA	30:12:32	1992 W4, LGR5
Wood, Blake, 37	NM	22:50:38	1995
Wood, Blake, 38	NM	23:36:16	1996
Wood, Jeannie, 35	CA	31:56:00	1986
Wood, Mark, 44	WI	32:04:16	2000
Woods, Doug, 45	CA	28:14:30	1989
Worswick, Jonathan, 34	CA	21:27:32	1997
Wright, Gary, 37	WA	32:52:46	1988
Wright, Gary, 39	WA	31:05:01	1990
Wright, Gary, 41	WA	32:18:35	1992 LGR5
Wright, Gary, 43	WA	29:57:37	1994
Wright, Gary, 44	WA	31:11:57	1995
Wright, Gary, 46	WA	32:27:34	1997
Wright, Gary, 47	WA	32:00:03	1998
Wright, Gary, 49	WA	32:36:43	2000
Wright, Phil, 46	CA	29:54:19	1990
Wright, Phil, 47	CA	30:13:33	1991
Wright, Phil, 48	CA	31:11:03	1992
Wright, Phil, 55	CA	31:54:10	1999
Wu, Julie, 29	CA	30:40:12	2003
Yates, Carl, 64	CA	32:08:30	1994
Yates, Carl, 67	CA	30:59:08	1991
Young, J. R., 44	CA	32:21:00	2003
Young, Wendy, 47	CA	32:00:24	2003
Zaayer, Todd, 26	CA	29:11:11	1988
Zagnoli, Lora, 38	CA	32:18:23	2000
Zalokar, Fred, 29	NV	28:59:14	1989
Zicker, Gary, 40	NV	32:35:12	1991
Zicker, Gary, 45	NV	32:14:54	1996
Zicker, Gary, 46	NV	28:50:02	1997
Zimmerman, Ross, 39	AZ	32:44:42	1992
Zirbel, Glen, 59	CA	32:18:44	1990
Zychowski, Stan, 43	CA	32:04:04	1991
Zychowski, Stan, 44	CA	32:12:35	1992
Zychowski, Stan, 46	CA	31:48:07	1994
Zychowski, Stan, 48	WY	32:01:17	1996
Zychowski, Stan, 52	CO	31:39:11	2000

**John Muir Trail Run Finishers**

Ken Hamada	1990
Robert Thomas	1990
Hal Winton	1990
Jim Crosswhite	1991
Brick Robbins	1991
Robert Thomas	1991
Bruce Hoff	1994
Devyn Reinstein	1994
Matt Palocsay	2000
Hans-Dieter Weisshaar	2000
Kent Holder	2001
Hal Winton	2001



## 10. AC100 Volunteers and Trail Building



Hal Winton

### Trailwork: The Eternal April-to-September Romance

*Editor's note: Hal Winton has been coordinating and leading trail-work episodes by empiric example for the last nine years. The following describes trail work done this past April. The pictures don't begin to capture the magic and rapture of Idle Hour. Only this year the flies were larger. Everything else is the same.*



### Idlehour Trail, East Side

Sixteen hardy AC100 Volunteers and I went well beyond normal expectations this day to work on the trail down into Idlehour canyon and to fix the washed out main stream crossing at the bottom on an otherwise nice day in the San Gabriel mountains of So. California.

Due to slide blocked fire roads from record winter storms the volunteers this day had to carry trail tools such as pick-mattocks, MacLeods, loppers, shovels and Pulaskis down the Mt Wilson toll road several miles from Harvard Saddle to cross the foot bridge (replaced some years back by the AC100) to start their trail work. Some worked on the trail from there at the footbridge while others proceeded much farther down into the canyon to the main stream crossing, at my request, to fix the washed out stream crossing.

Ten labored at correcting the damage there including the washout, which was an 8 to 10 ft high, drop off to the stream. Very large boulders were nursed up out of the surrounding earth and rolled down into the steep side of the creek forming a rock ramp, which was then covered with dirt, vastly improving the decent to the creek. Others worked at correcting the way across the creek on large boulders deposited in the stream by the high current during the runoff peak times, plus removing debris from the path to the

other side and filling in the roughness.

A great deal was asked of the AC100 Volunteers this day and they really put their backs into the task. All but one of the 16 volunteers were doing the work this day to satisfy their 8 hour trail work requirement to start the AC100 run in September. As their leader that day I was pleased with the work accomplished under these remote and difficult conditions and proud to be a part of it all.

The AC100 Trail Volunteers are listed below as follows, taken from our sign in sheet:

Eric Kajiwara (7 AC100 finishes), Andy Salinger, HwaJa Andrade, Hartmut Frenzel, Ashley Idema, Ben Smith, Michael Kugetik, Fred Pollard (So Cal Series Statistics.), Jeff Brettler, Allen Bursey, Brian Wshwitz, Francisco Fabian, Bill Kee, Jussi Hamalainen (18 AC100 finishes, 90,91 Champion), Robert Baird, Gary Hilliard (Mt. Disappointment 50K RD).

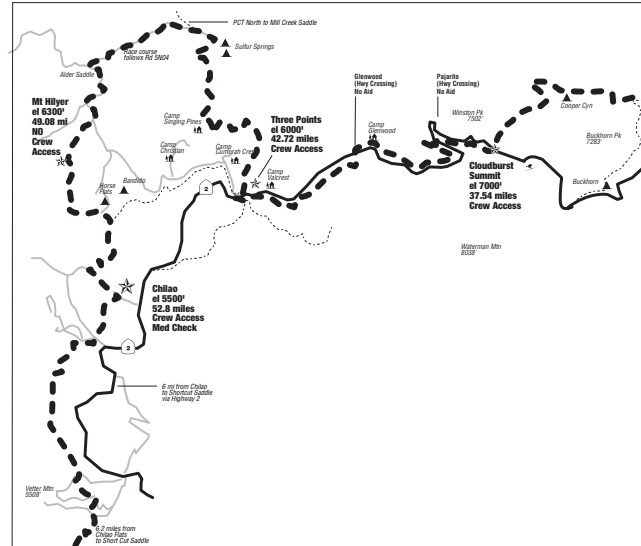
168 Volunteer Hours = 16 workers x 10.5 hours each, plus 12 Hal Winton's hours = 180 hours.



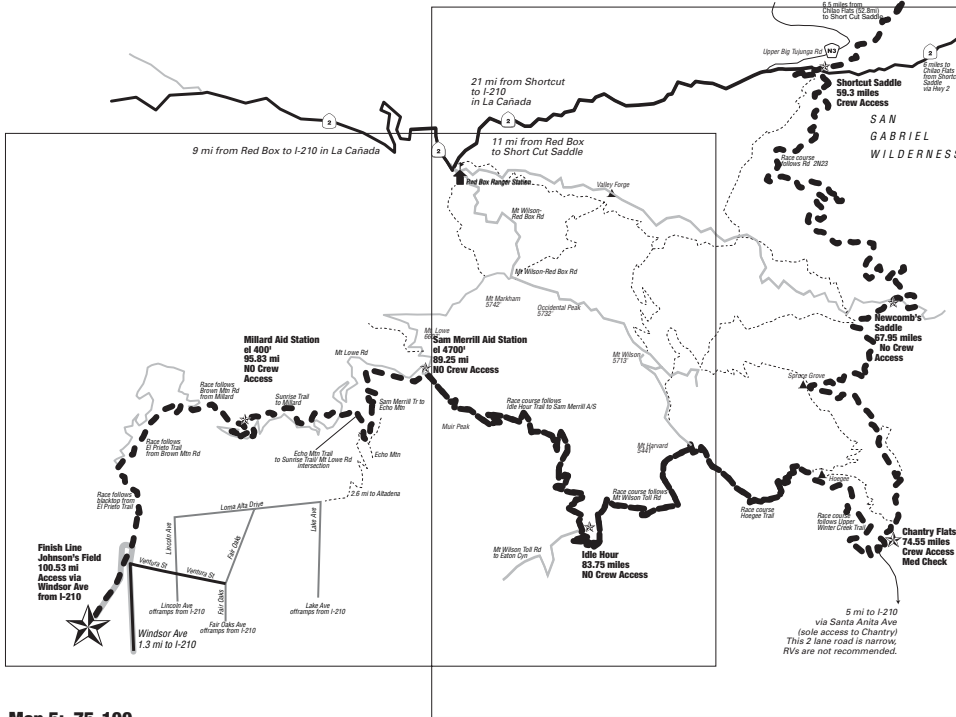
*The boulders heaved a sigh when these guys took a break*

# 11. Course Maps

## Race Course Overview Map



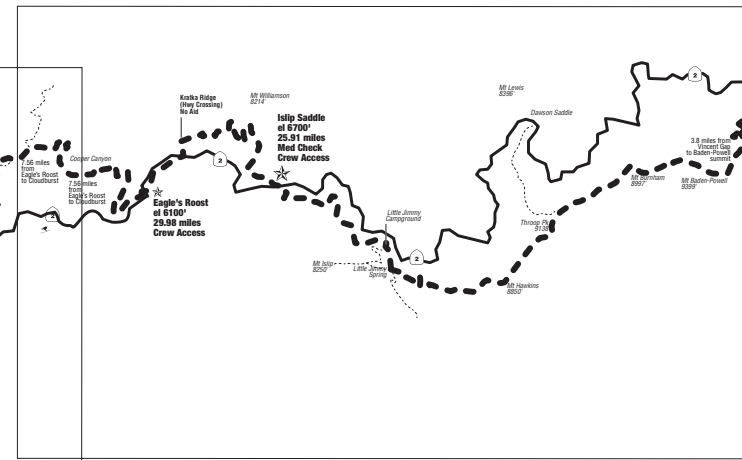
**Map 3: Mile 30-52  
Eagle's Roost to Chilao**



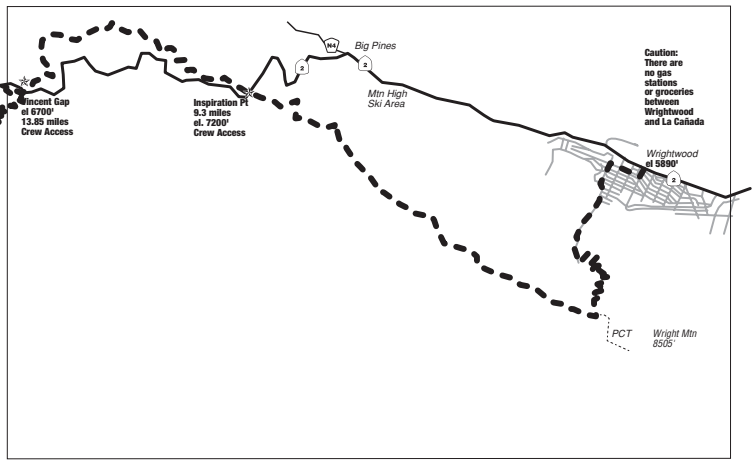
**Map 4: Mile 59-75  
Shortcut Saddle to Chantry Flats**

**Map 5: 75-100  
Chantry Flats  
to Johnson Field**





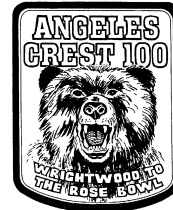
**Map 2: Mile 14-30  
Vincent Gap to Eagle's Roost**

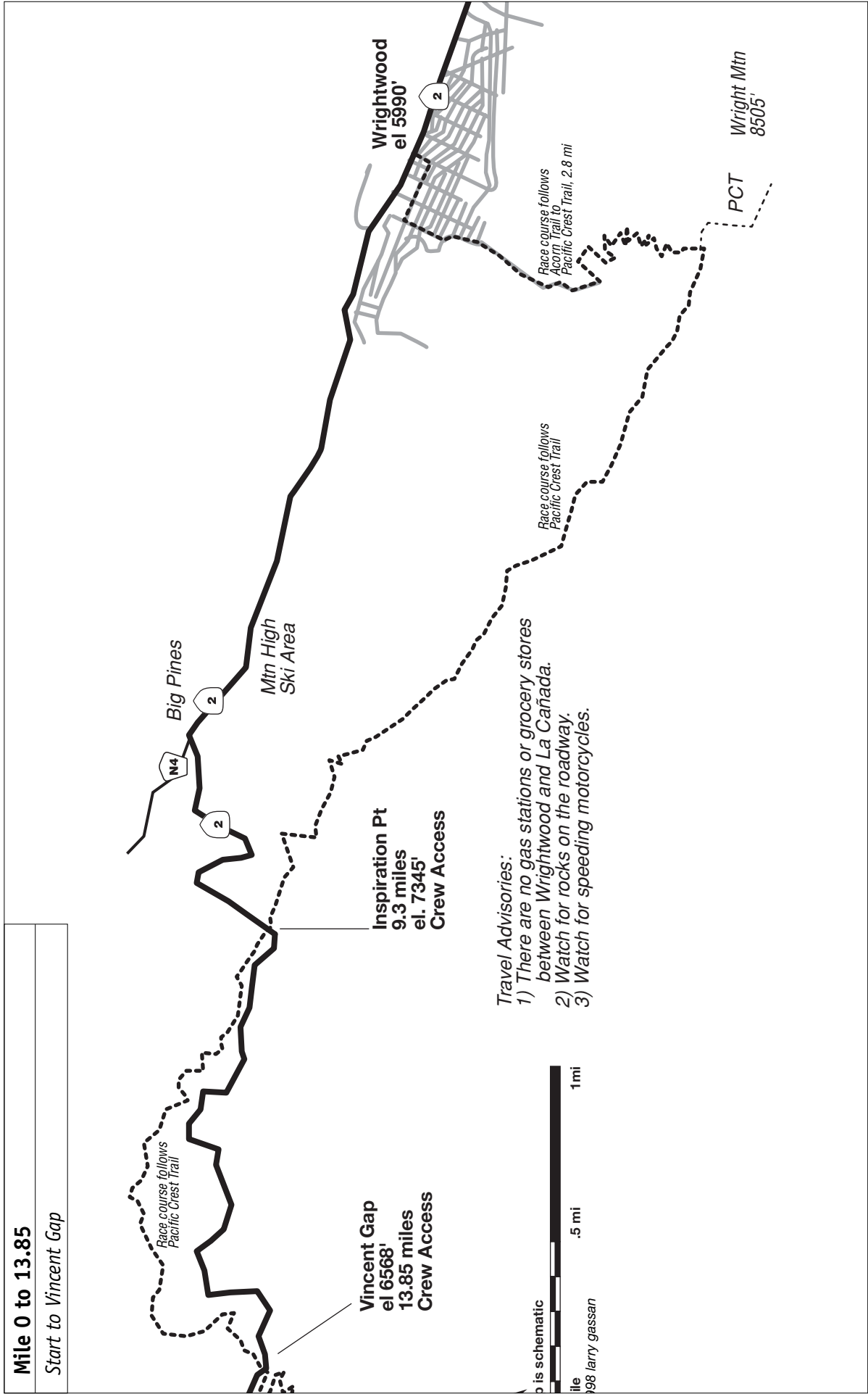


**Map 1: Mile 0-14  
Wrightwood to Vincent Gap**

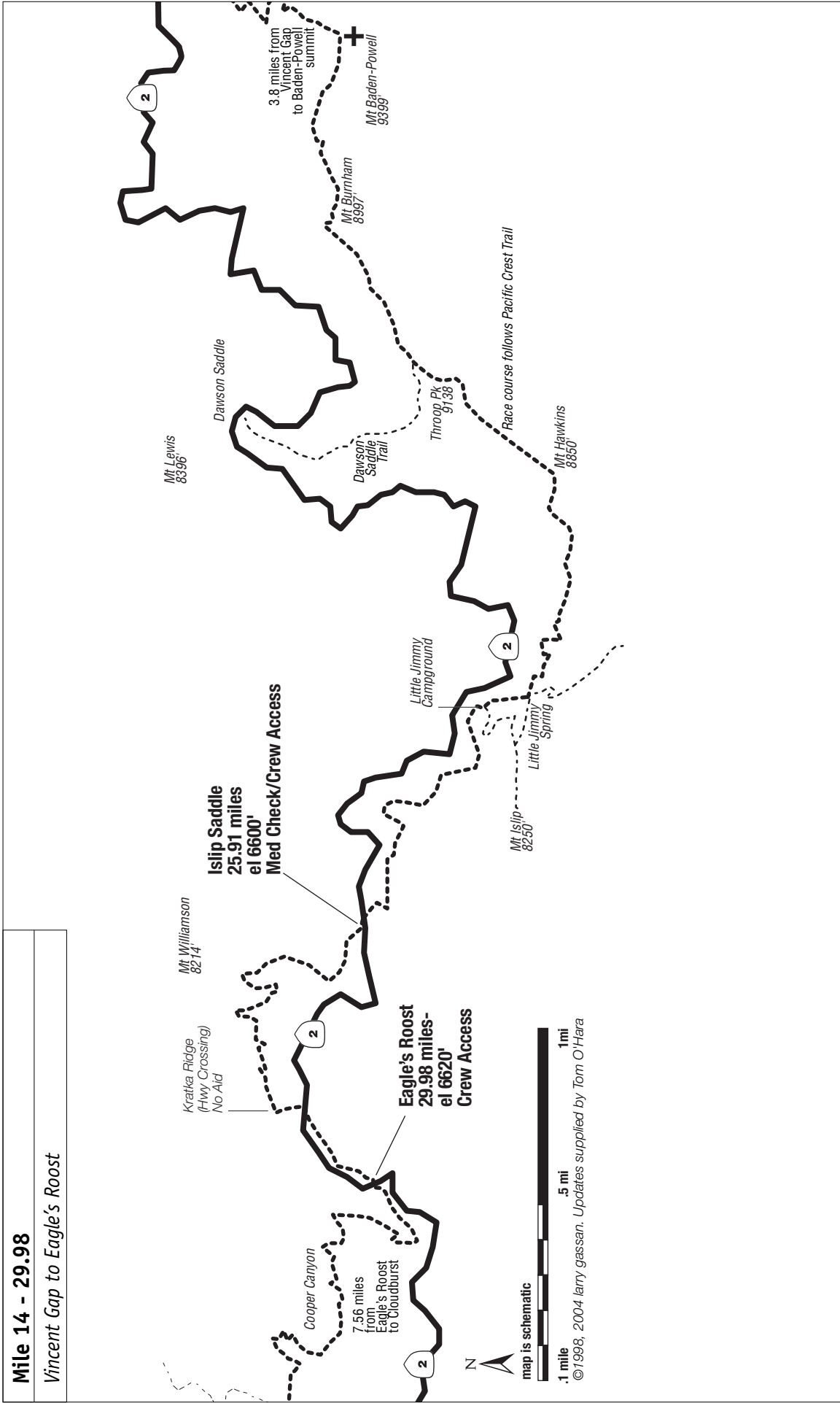
**Highway 2 Distance Driving Chart (miles)**

Wrightwood/Start to Lightning Ridge .....	9.00
Lightning Ridge to Vincent Gap .....	4.00
Vincent Gap to Islip Saddle .....	11.30
Islip Saddle to Kratka Ridge .....	1.70
Kratka Ridge to Eagle's Roost .....	0.90
Eagle's Roost to Cloudburst Summit .....	4.80
Cloudburst Summit to Pajarito .....	1.20
Pajarito to Glenwood .....	1.90
Glenwood to Three Points .....	1.50
Three Points to Chilao .....	2.30
Chilao to ShortCut Saddle .....	7.80
ShortCut Saddle to Mt Wilson Rd .....	5.30
Mt Wilson Rd to Angeles Forest Highway Jct .....	4.80
Angeles Forest Highway Junction to Highway 2/210 Junction in La Canada .....	9.00
<b>Total mileage, one way .....</b>	<b>65.50</b>





Checkpoint	DELTA	Distance	Drop Bag	Crew Access	O'Brien	Hian	Nielsen	Marshall	Fabian	Gustman	Scholz	Ward	Miksell	Cutoff
1. Wrightwood	0	0	NO	YES	5:00am	5:00am	5:00am	5:00am	5:00am	5:00am	5:00am	5:00am	5:00am	5:00am
2. Inspiration Point	9.3	9.3	NO	YES	6:33am	6:53am	6:41am	7:05am	6:57am	7:03am	7:10am	7:14am	7:24am	8:15am
3. Vincent Gap	4.5	13.85	YES	YES	7:12am	7:37am	7:16am	7:44am	7:43am	7:51am	8:05am	8:06am	8:25am	9:20am

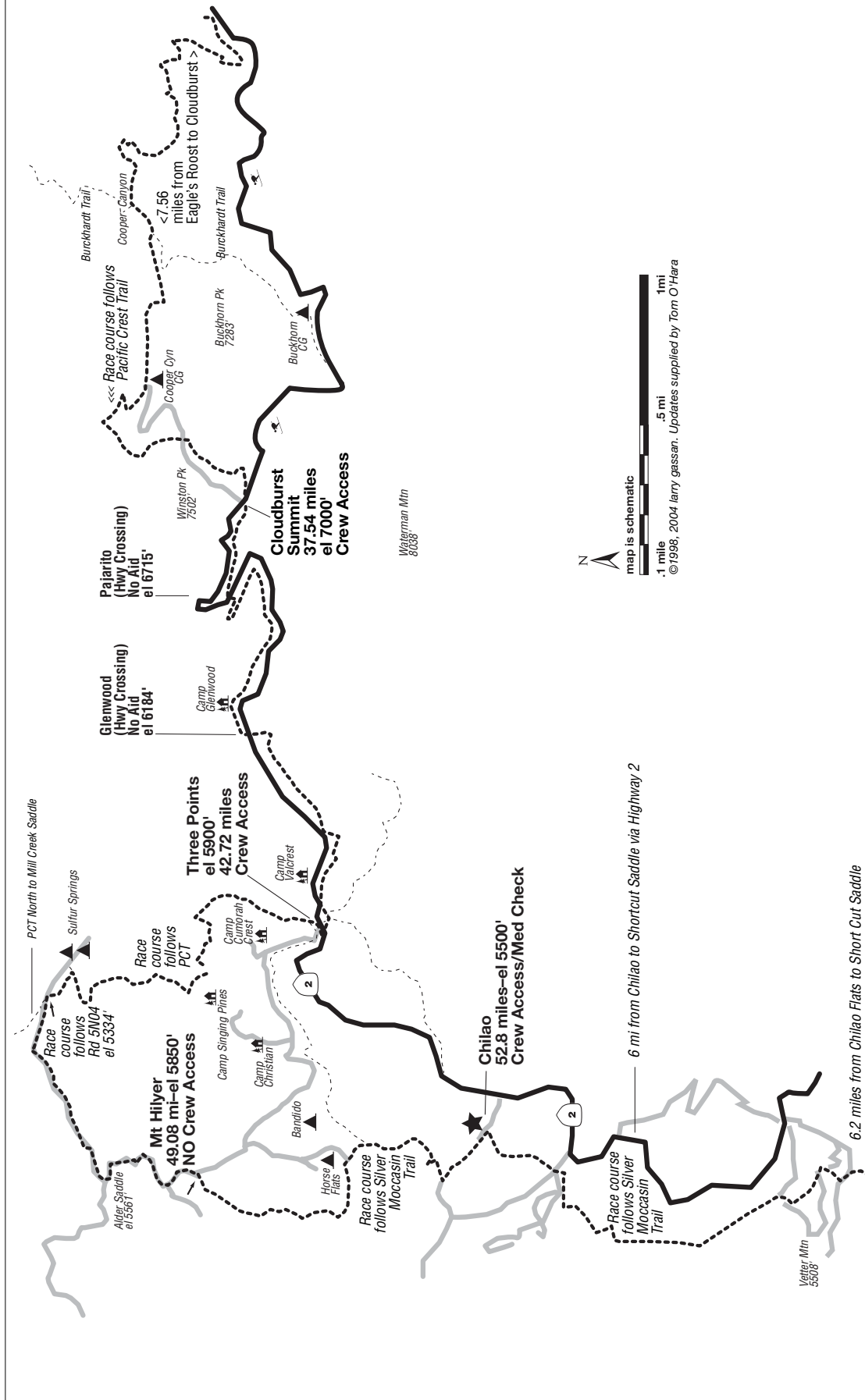


**Mile 14 - 29.98**  
 Vincent Gap to Eagle's Roost

Checkpoint	DELTA	Distance	Drop Bag	Crew Access	O'Brien	Hian	Nielsen	Marshall	Fabian	Gustman	Scholz	Ward	Miksell	Cutoff
3. Vincent Gap	4.5	13.85	YES	YES	17:35	18:39	19:07	22:01	23:55	25:55	27:43	30:54	32:51	33:00
4. Islip Saddle (Medical)	12.06	25.91	YES	YES	7:12am	9:51am	9:32am	10:13am	7:43am	7:51am	8:05am	8:06am	8:25am	9:20am
5. Kratka Ridge (Hwy Cross)	3.23	29.05	NO	YES	9:21am	-	-	-	10:22am	10:46am	11:10am	11:04am	11:54am	1:05pm
6. Eagle's Roost	0.84	29.98	NO	YES	10:04am	10:41am	10:23am	11:10am	11:29am	11:49am	12:22pm	12:11pm	1:16pm	2:35pm

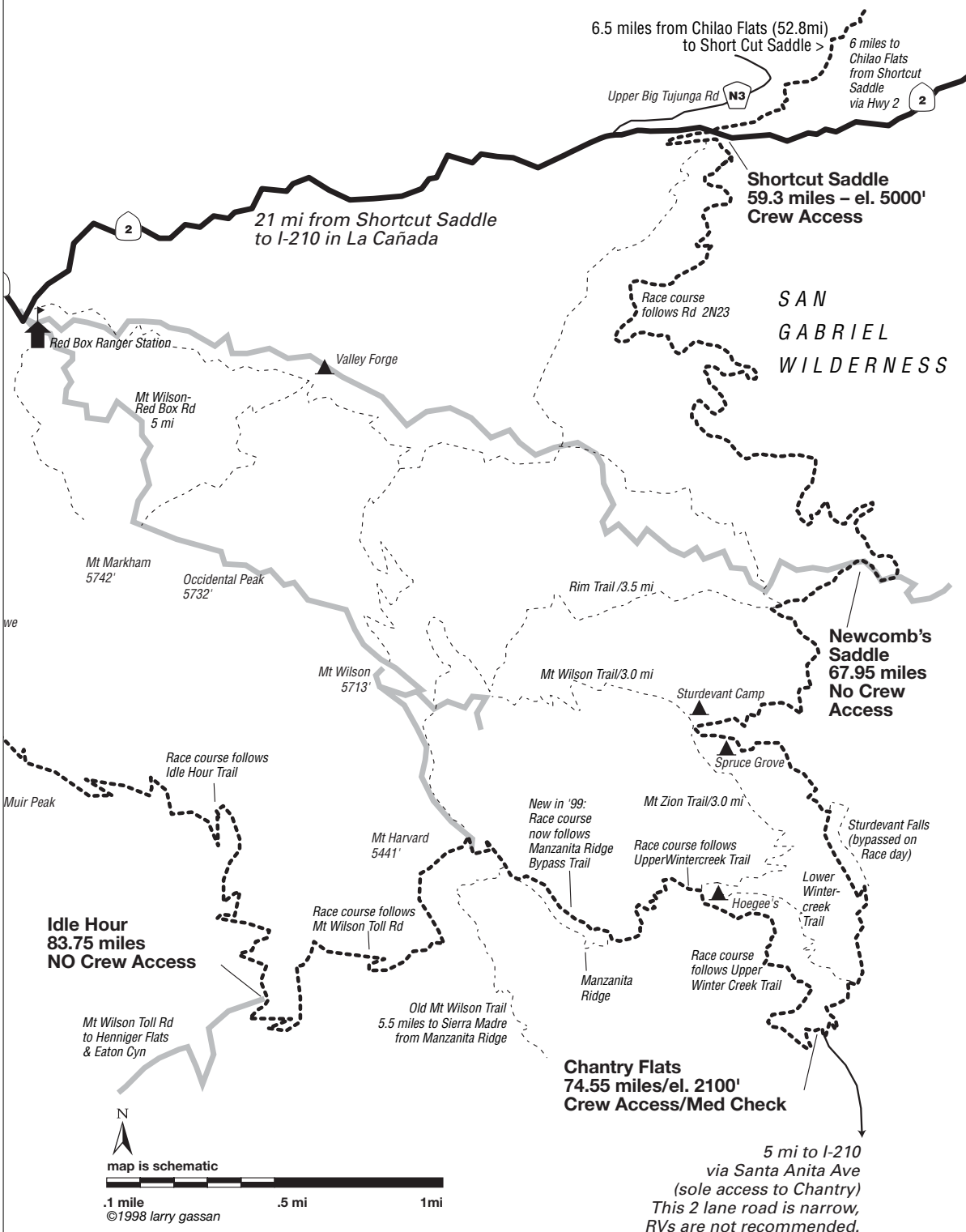
**Mile 50 - 52**

*Eagle's Roost to Chilao Flats*



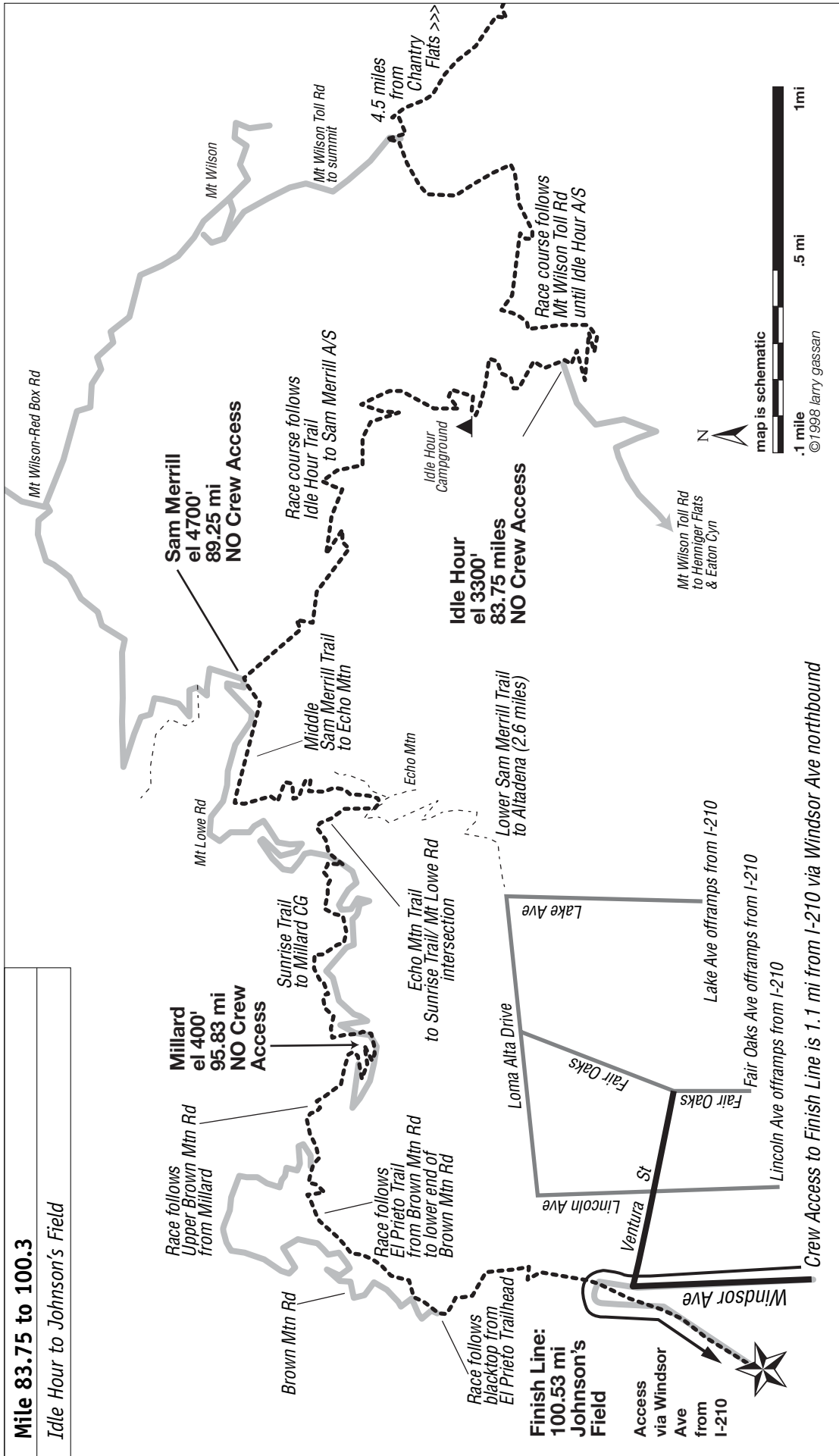
Checkpoint	DELTA	Distance	Drop Bag	Crew Access	O'Brien	Hian	Nielsen	Marshall	Fabian	Gustman	Scholz	Ward	Miksell	Cutoff
6. Eagle's Roost	0.84	29.98	NO	YES	10:04am	10:41am	10:23am	11:10am	11:29am	11:49am	12:22pm	12:11pm	1:16pm	2:35pm
7. Cloudburst Summit	7.56	37.54	YES	YES	11:12am	11:52am	11:55	12:53pm	1:19pm	1:39pm	2:25pm	2:11pm	3:46pm	4:30pm
10. Three Points	2.29	42.72	YES	YES	11:52am	12:33pm	12:41pm	1:24pm	2:23pm	2:33pm	3:38pm	3:20pm	5:32pm	6:00pm
11. Mt Hillyer	6.36	49.08	YES	NO	12:50pm	1:31pm	13:51pm	2:35pm	3:44pm	4:01pm	5:02pm	4:53pm	7:17pm	8:00pm
12. Chilao (Medical)	3.72	52.8	YES	YES	1:30pm	2:10pm	2:33pm	3:24pm	4:38pm	4:58pm	5:58pm	6:09pm	8:48pm	9:10pm

**Mile 52- 83.75**  
 Shortcut Saddle to Idle Hour



Checkpoint	DELTA	Distance	Drop Bag	Crew Access	O'Brien	Hian	Nielsen	Marshall	Fabian	Gustman	Scholz	Ward	Miksell	Cutoff
13. Shortcut Saddle	6.5	59.3	NO	YES	17:35	3:23pm	3:50pm	4:53pm	5:59pm	6:41pm	7:46pm	7:58pm	10:58pm	11:40pm
14. Newcomb's Saddle	8.65	67.95	YES	NO	3:52pm	4:49pm	5:29pm	6:38pm	7:53pm	8:52pm	10:15pm	10:47pm	1:47pm	3:00am
15. Chantry Flats (Medical)	6.6	74.55	YES	YES	4:59pm	6:01pm	6:40pm	8:14pm	9:55pm	10:48pm	12:18am	2:13am	4:40am	5:25am





**Mile 83.75 to 100.3**  
Idle Hour to Johnson's Field

Checkpoint	DELTA	Distance	Drop Bag	Crew Access	O'Brien	Hian	Nielsen	Marshall	Fabian	Gustman	Scholz	Ward	Miksell	Cutoff
15. Chantry Flats (Medical)	6.6	74.55	YES	YES	17:35	18:39	19:07	22:01	23:55	25:55	27:43	30:54	32:51	33:00
16. Idlehour Trail	9:02	83.75	YES	NO	4:59pm	6:01pm	6:40pm	8:14pm	9:55pm	10:48pm	12:18am	2:13am	4:40am	5:25am
17. Sam Merrill Trail	5.5	89.25	YES	NO	6:59pm	8:05pm	8:43pm	10:47pm	12:32am	1:46am	3:34am	6:13am	8:23am	8:45am
18. Millard Campground	6.58	95.83	YES	NO	8:23pm	9:34pm	10:07pm	12:36am	2:22am	3:49am	5:48am	8:34am	10:45am	11:20am
19. Johnson's Field	4.7	100.53*	YES	YES	9:32pm	10:54pm	11:19pm	2:00am	4:01am	5:50am	7:40am	10:35am	12:38pm	1:20pm
					10:35pm	11:39pm	12:07am	3:01am	4:55am	6:55am	8:43am	11:54am	1:51pm	2:00pm

Crew Access to Finish Line is 1.1 mi from I-210 via Windsor Ave northbound

**Wrightwood**  
Village & Starting Line

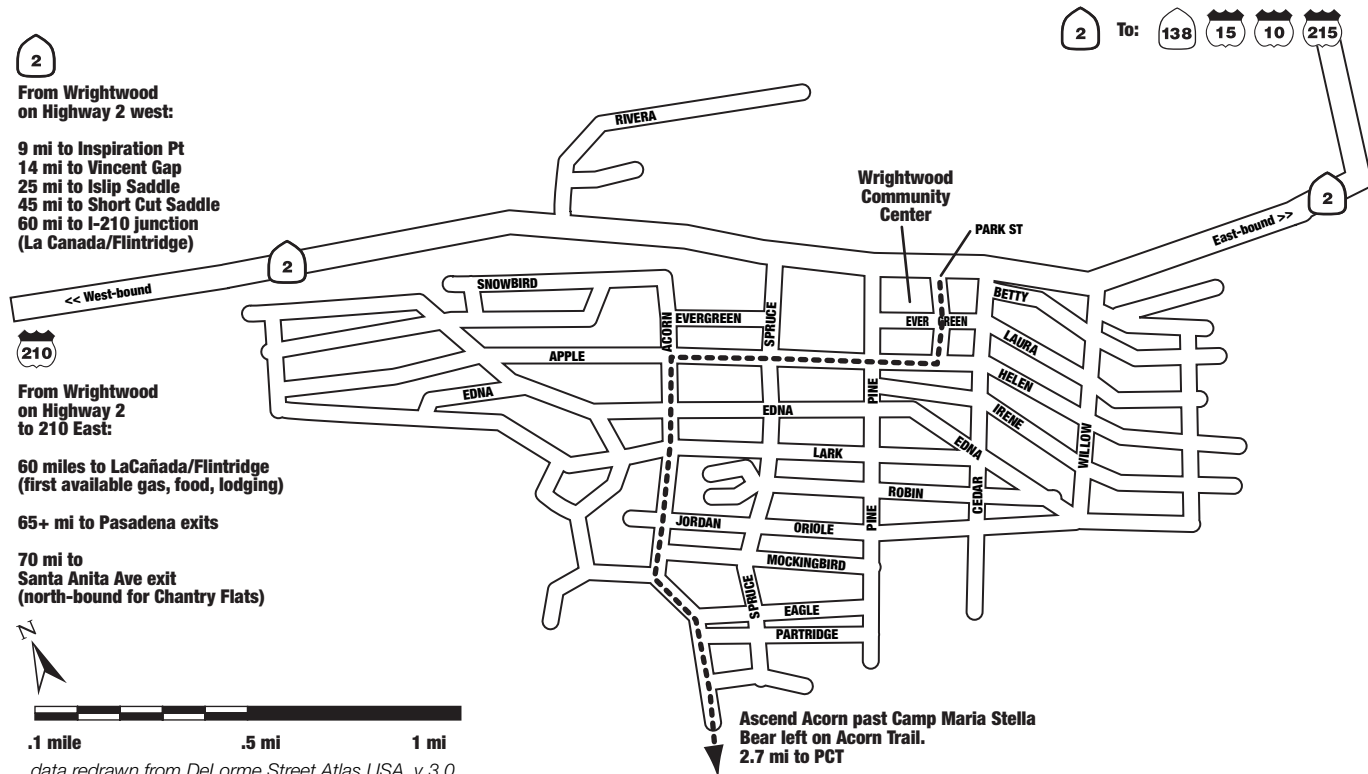
**2**  
From Wrightwood on Highway 2 west:  
9 mi to Inspiration Pt  
14 mi to Vincent Gap  
25 mi to Islip Saddle  
45 mi to Short Cut Saddle  
60 mi to I-210 junction (La Canada/Flintridge)

From Wrightwood on Highway 2 to 210 East:  
60 miles to LaCañada/Flintridge (first available gas, food, lodging)  
65+ mi to Pasadena exits  
70 mi to Santa Anita Ave exit (north-bound for Chantry Flats)



.1 mile .5 mi 1 mi

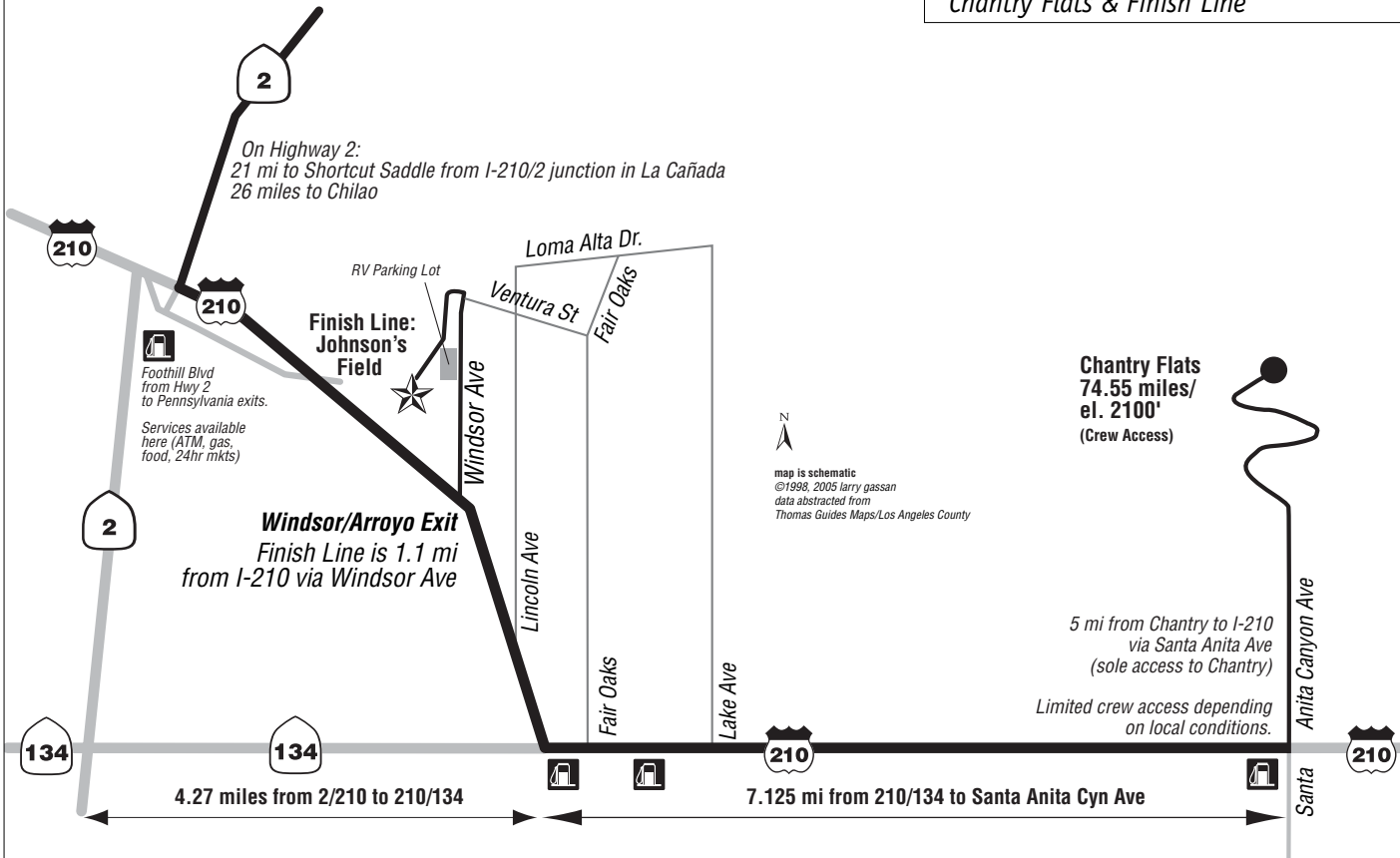
data redrawn from DeLorme Street Atlas USA, v 3.0



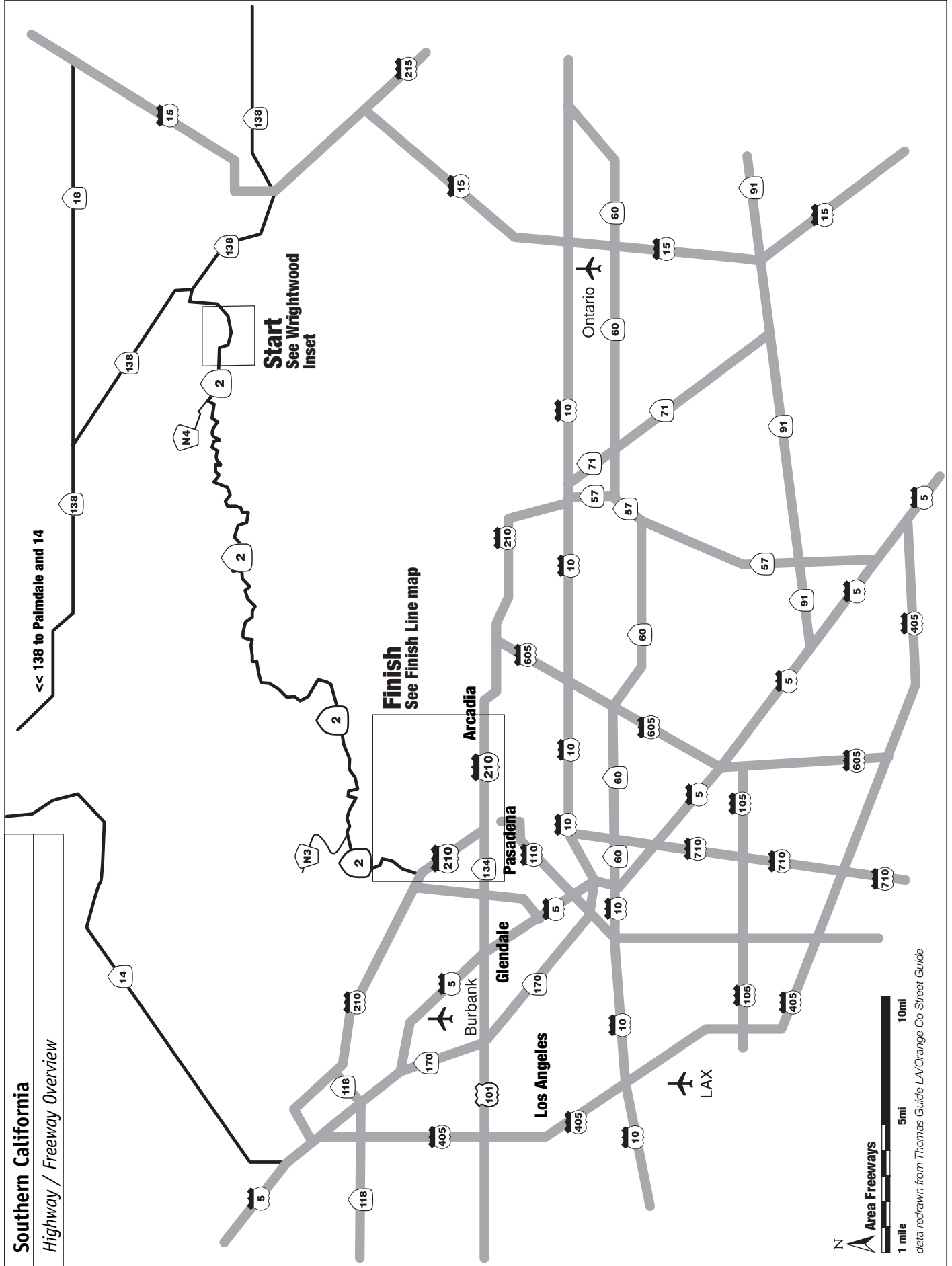
Ascend Acorn past Camp Maria Stella  
Bear left on Acorn Trail.  
2.7 mi to PCT

The Start at Wrightwood

**Finish Line / Freeway Overview**  
Chantry Flats & Finish Line



From Shortcut to Chantry and the Finish



**Southern California**

Highway / Freeway Overview

N  
**Area Freeways**  
 1 mile 5mi 10mi  
 data redrawn from Thomas Guide LA/Orange Co Street Guide

<< 138 to Palmdale and 14

**Start**  
See Wrightwood  
Inset

**Finish**  
See Finish Line map

Los Angeles

Burbank

Glendale

Pasadena

Arcadia

Ontario

LAX

## Accommodations

### *Wrightwood*

#### **Mt View Motel**

PO Box 458, 1098 Highway 2  
Wrightwood, CA 92397.  
(760) 249-3553.  
9 units that sleep up to 5.

#### **Pines Motel**

6045 Pine, Wrightwood, CA 92397  
(760) 249-9931.

#### **Wrightwood Sales and Rental**

PO Box 951  
Wrightwood, CA 92397  
(760) 249-3339.

#### **Wrightwood Chamber of Commerce**

PO Box 416,  
Wrightwood, CA 92397  
(760) 249-4320.

### *Cajon Pass/Wrightwood adjacent*

#### **Best Western**

Cajon Pass, approximately 5 miles east of  
Wrightwood at the intersection of  
Interstate 15 and Highway 138.  
1-806-BWCAJON

#### **Economy Inn**

Cajon Junction approximately 5 miles  
east of Wrightwood at the intersection of  
Interstate 15 and Highway 138.  
(760) 249-6777.

Note: There have been reports of  
overcharging since the 1999 Run.

### *Victorville/Hesperia*

#### **Budget Inn**

14153 Kentwood Blvd  
Victorville, CA 92392  
(760) 241-8010

#### **E-Z8 Motel**

15401 Park Avenue East  
Victorville, CA 92392  
(760) 241-7516

#### **Economy Inn**

15822 Mojave Drive  
Victorville, CA 92394  
(760) 241-0075

#### **Green Tree Inn**

14173 Green Tree Boulevard  
Victorville, CA 92392  
[www.bestwestern.com/best.html](http://www.bestwestern.com/best.html)  
(760) 245-3461, fax: (760) 245-7745

#### **Holiday Inn**

15494 Palmdale Road  
Victorville, CA 92392  
(760) 245-6565, fax: (760) 245-6649

#### **EconoLodge**

11886 Mariposa Rd.  
Hesperia, CA 92345  
(760) 949-1515

#### **Super 8 Motel**

Bear Valley & Mariposa  
Hesperia, CA 92345  
(760) 949-3231

#### **Days Inn Suites**

14865 Bear Valley  
Hesperia, CA 92345  
(760) 948-0600

#### **Sunset Inns of America**

15765 Mojave Drive  
Victorville, CA 92394  
(760) 243-2342

#### **Travel Inn Motel**

14998 7th Street  
Victorville, CA 92392  
(760) 245-8627

#### **Victorville Apple Valley**

16868 Stoddard Wells Road  
Victorville, CA 92394  
(760) 243-7700, fax: (760) 243-4432

### *Pasadena*

#### **Pasadena Convention & Visitor Center**

Bureau (626) 795-9311.

#### **Chamber of Commerce**

117 East Colorado Boulevard  
Pasadena, CA 91105  
(626) 795-3355 fax: (626) 795-5603

#### **Artists' Inn**

1038 Magnolia Street  
South Pasadena, CA 91030  
(626) 799-5668

#### **Bissell House**

201 Orange Grove Avenue  
South Pasadena, CA 91030  
(626) 441-3535

#### **Comfort Inn**

400 S. Arroyo Pkwy  
Pasadena, CA 91105.  
(626) 405-0811 fax: (626) 796-0966  
(3 miles from the Rose Bowl)

#### **Doubletree Hotel**

191 North Los Robles Avenue  
Pasadena, CA 91101  
(626) 792-2727  
fax: (626) 304-0373

#### **Hilton**

150 South Los Robles Avenue  
Pasadena, CA 91101  
(626) 577-1000, fax: (626) 584-3148

#### **Holiday Inn**

303 Cordova Street  
Pasadena, CA 91101  
(626) 449-4000, fax: (626) 584-1390

#### **Mira-Monte Hotel**

127 South El Molino Avenue  
Pasadena, CA 91101  
(626) 796-2685

#### **Pasadena Hotel Old Towne B & B**

76 North Fair Oaks Avenue  
Pasadena, CA 91103  
(626) 568-8172

#### **Pasadena Inn**

400 South Arroyo Pkwy  
Pasadena, CA 91105  
(626) 795-8401, fax: (626) 577-2629

#### **Ramada Inn**

3500 East Colorado Boulevard  
Pasadena, CA 91107  
(626) 792-1363, fax: (626) 792-9213

#### **Regal Inn Motel**

3800 East Colorado Boulevard  
Pasadena, CA 91107  
(626) 449-4743

#### **Ritz-Carlton Huntington Hotel**

1401 South Oak Knoll Avenue  
Pasadena, CA 91106  
(626) 568-3900, fax: (626) 792-4192

#### **Saga Motor Hotel**

1633 East Colorado Boulevard  
Pasadena, CA 91106  
(626) 795-0431  
fax: (626) 792-0559

#### **Vagabond Inn**

1203 East Colorado Boulevard  
Pasadena, CA 91106  
(626) 449-3170, fax: (626) 577-8873

#### **Vagabond Inn**

2863 East Colorado Boulevard  
Pasadena, CA 91107  
(626) 449-3020

**Glendale****American Motel**

1541 East Colorado Street  
Glendale, CA 91205  
(818) 242-5572

**Bell Motor Hotel**

1130 East Colorado Street  
Glendale, CA 91205  
(818) 956-7179

**Best Western Inn**

123 West Colorado Street  
Glendale, CA 91204  
www.bestwestern.com/best.html  
(818) 247-0111, fax: (818) 545-9393

**Chariot Inn Motel**

1118 East Colorado Street  
Glendale, CA 91205  
(818) 507-9600

**Days Inn**

450 Pioneer Drive  
Glendale, CA 91203  
(818) 956-0202  
fax: (818) 502-0843

**Doubletree Hotel**

100 West Glenoaks Boulevard  
Glendale, CA 91202  
(818) 956-5466  
fax: (818) 551-4088

**Econo Lodge**

1437 East Colorado Street  
Glendale, CA 91205  
(818) 246-8367

**El Rio Motel**

1515 East Colorado Street  
Glendale, CA 91205  
(818) 243-3157

**Glendale Motel**

1523 East Colorado Street  
Glendale, CA 91205  
(818) 243-7126

**Manhattan Motel**

1523 East Colorado Street  
Glendale, CA 91205  
(818) 244-8195

**Maryland Hotel**

202 East Wilson Avenue  
Glendale, CA 91206  
(818) 241-3121

**May-Lane Motel**

2413 Foothill Boulevard  
La Crescenta, CA 91214  
(818) 248-1294

**Rodeway Inn**

200 West Colorado Street  
Glendale, CA 91204  
(818) 246-7331

**Vagabond Inns**

120 West Colorado Street  
Glendale, CA 91204  
(818) 240-1700  
fax: (818) 548-8428

Note: Numbers are current as of  
May 21 2004, and were drawn from  
GTE Online Yellow Pages.

**Map & Book References:**

The following maps were used as primary references for the maps in the Race Book.

**Trail Map of the Angeles Front Country, Trail Map of the Angeles High Country**

Both by Tom Harrison, and are used by USFS and NPS rangers. Simply the best available. <www.tomharrisonmaps.com.>

**Los Angeles County Street Guide & Directory.** Thomas Bros. Maps. The one guide you'll ever need for LA County.

**Other Reference Books:**

**Trails of the Angeles: 100 Hikes in the San Gabriels** by John W. Robinson  
The text is colorful and informative, but the maps are useless.

**The Control of Nature**, John McPhee.  
Anthology of three brilliant essays, the final one illuminating the business of flood control, geology, and firefighting here in the San Gabriels.

**Los Angeles: City of Four Ecologies**

Rayner Banham. The iconoclastic granddaddy of looking at Los Angeles, and liking it.

**AC100 Race Photos Wanted**

Send your own AC100-race photos to Larry Gassan, 7453 Oakwood Ave, LA, CA 90036 for inclusion in future RaceBooks. Please caption each photo with who, when, & where. Photos with a SASE guarantee their return.

**Text & Caption Corrections**

Send all corrections to Larry Gassan at <L\_Gassan@beachnet.com.>

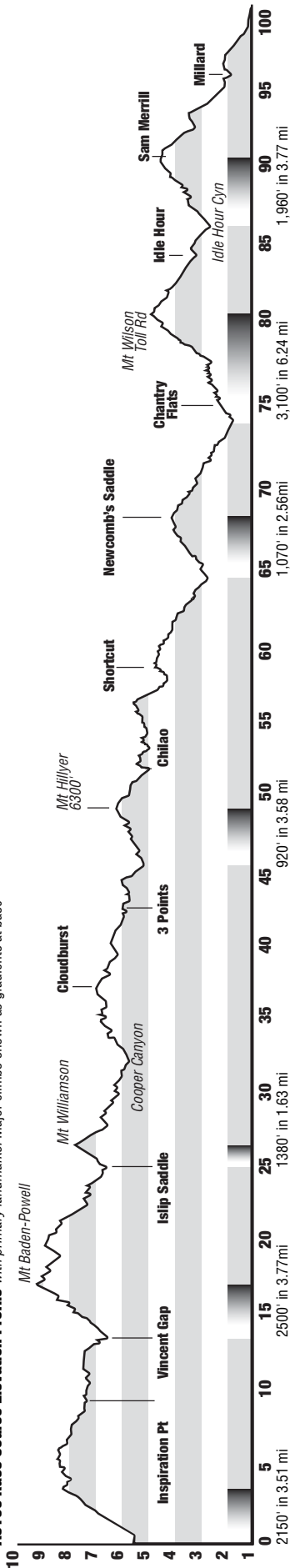


At the finish line it's always late: George Evans & Chuck Simpson, '99.



Deb Clem irons out the kinks for a lucky finisher.

AC100 Race Course Elevation Profile with primary landmarks. Major climbs shown as gradients at base



Checkpoint	DELTA	Distance	Drop	Bag	Crew	O'Brien	Hian	Nielsen	Marshall	Fabian	Gustman	Scholz	Ward	Miksell	Cutoff
1. Wrightwood	0	0	NO	YES	5:00am	5:00am	5:00am	5:00am	5:00am	5:00am	5:00am	5:00am	5:00am	5:00am	5:00am
2. Inspiration Point	9.3	9.3	NO	YES	6:33am	6:53am	6:41am	7:05am	7:03am	6:57am	7:03am	7:10am	7:14am	7:24am	8:15am
3. Vincent Gap	4.5	13.85	YES	YES	7:12am	7:37am	7:16am	7:44am	7:43am	7:43am	7:51am	8:05am	8:06am	8:25am	9:20am
4. Islip Saddle (Medical)	12.06	25.91	YES	YES	9:21am	9:51am	9:32am	10:13am	10:13am	10:22am	10:46am	11:10am	11:04am	11:54am	1:05pm
5. Kratka Ridge (Hwy Cross)	3.23	29.05	NO	YES	-	-	-	-	-	-	-	-	-	-	-
6. Eagle's Roost	0.84	29.98	NO	YES	10:04am	10:41am	10:23am	11:10am	11:09am	11:29am	11:49am	12:22pm	12:11pm	1:16pm	2:35pm
7. Cloudburst Summit	7.56	37.54	YES	YES	11:12am	11:52am	11:55	12:53pm	1:39pm	1:19pm	1:39pm	2:25pm	2:11pm	3:46pm	4:30pm
8. Pajarito (Hwy Cross)	0.83	38.37	NO	YES	-	-	-	-	-	-	-	-	-	-	-
9. Glenwood (Hwy Cross)	2.06	40.4	NO	YES	-	-	-	-	-	-	-	-	-	-	-
10. Three Points	2.29	42.72	YES	YES	11:52am	12:33pm	12:41pm	1:24pm	2:33pm	2:23pm	2:33pm	3:38pm	3:20pm	5:32pm	6:00pm
11. Mt Hillier	6.36	49.08	YES	NO	12:50pm	1:31pm	13:51pm	2:35pm	4:01pm	3:44pm	4:01pm	5:02pm	4:53pm	7:17pm	8:00pm
12. Chialo (Medical)	3.72	52.8	YES	YES	1:30pm	2:10pm	2:33pm	3:24pm	4:58pm	4:38pm	4:58pm	5:58pm	6:09pm	8:48pm	9:10pm
13. Shortcut Saddle	6.5	59.3	NO	YES	2:34pm	3:23pm	3:50pm	4:53pm	6:41pm	5:59pm	6:41pm	7:46pm	7:58pm	10:58pm	11:40pm
14. Newcomb's Saddle	8.65	67.95	YES	NO	3:52pm	4:49pm	5:29pm	6:38pm	8:52pm	7:53pm	8:52pm	10:15pm	10:47pm	1:47pm	3:00am
15. Chantry Flats (Medical)	6.6	74.55	YES	YES	4:59pm	6:01pm	6:40pm	8:14pm	10:48pm	9:55pm	10:48pm	12:18am	2:13am	4:40am	5:25am
16. Idlehour Trail	9.02	83.75	YES	NO	6:59pm	8:05pm	8:43pm	10:47pm	1:46am	12:32am	1:46am	3:34am	6:13am	8:23am	8:45am
17. Sam Merrill Trail	5.5	89.25	YES	NO	8:23pm	9:34pm	10:07pm	12:36am	3:49am	2:22am	3:49am	5:48am	8:34am	10:45am	11:20am
18. Millard Campground	6.58	95.83	YES	NO	9:32pm	10:54pm	11:19pm	2:00am	5:50am	4:01am	5:50am	7:40am	10:35am	12:38pm	1:20pm
19. Johnson's Field	4.7	100.53*	YES	YES	10:35pm	11:39pm	12:07am	3:01am	6:55am	4:55am	6:55am	8:43am	11:54am	1:51pm	2:00pm



Angeles Crest 100  
370 West Colorado Street, Arcadia, California 91007 • (626) 627-1871 • ken1@ac100.com • www.ac100.com/



The Angeles Crest 100 is a charter member of the SoCal Ultra Series.  
<http://www.socalultraseries.org/>

Designed & produced by Larry Gassan Art Direction • <http://larrygassan.com> • [L\\_Gassan@beachnet.com](mailto:L_Gassan@beachnet.com)